

Mondays-Spring 2022

Ancient Egyptian Literature

Amy Wilson

Mon March 14,21,28, April 4, 11, 18, 25, May 2 @4-5pm

Zoom & Moodle

This is a survey of one of the most intriguing aspects of ancient Egyptian culture. Readings (in translation) of many of the most significant literary texts - including folk tales, myths, wisdom literature, and poetry that survive from ancient Egypt. Students will be presented with a reasonable amount of historical perspective. Class discussion will concern the nature, purpose, quality, and effectiveness of the works read.

The Hazards of Ticks

Illona "Iggy" Gillette-Ferguson, Ph.D.

Mon March 21@1:30-3pm

Zoom

We hear so much in the press about ticks and tick-borne diseases. Prepare for the warm weather this spring by learning about ticks and how to prevent having these unwelcomed passengers. The class will cover types of ticks, the diseases they carry and the latest in tick news. It will also cover the basic steps you can take to protect yourself on outings.

Max 25.

American Imperialism in the Caribbean

Marianna Tomasino

Mon March 28, April 11, 25, May 2@1-2:30pm

Gathering Place

127 Kenyon Rd., Cobleskill, NY 12043

While devouring the US part of the North American continent, European explorers from Spain, France and Portugal continued their quest for MORE (money, land, power, bounty, etc.) by colonizing the islands and countries of the Caribbean including Cuba, Guatemala, Haiti, Dominican Republic, Grenada and Puerto Rico. This often meant the destruction of entire cultures. This course will teach that the US has a dark side despite our reputation for "being a shining star on the hill."

The Crazy World of Real Estate

Sandy Poole

Mon April 4 @1-2:30pm

Gathering Place
127 Kenyon Rd., Cobleskill, NY 12043

Everyone has heard about the real estate market and how wild it has been. We'll discuss the local market, plus other facets of real estate as it may affect seniors. How do agents arrive at a price? What kind of marketing is common now? If I am thinking of selling, how do I go about getting my house ready to sell? Participants' questions will determine the many directions we can go with this topic!

Fit for Life

Travis Hyer

Mon/Wed April 4, 6, 11, 13 @ 10-11am

Power Up Gym

469 NY 7 Richmondville, NY

Group fitness training for seniors. The focus includes flexibility, balance, strength, endurance, agility, and functional training to improve overall health, fitness and performance. Fit for Life was designed to add both life to your years and years to your life with emphasis on maintaining and improving your independence during activities of daily living (squatting, pushing, pulling, lifting, etc.) as well as recreational activities such as hiking, golfing, traveling and biking. Following your 4 free sessions, you have the option of becoming a member (if you are not already) OR joining the Fit for Life 8-week program, or both. Max 5

Getting FDA Approval for a Drug

Dr. John McMichael

Mon April 18 @10:30-noon

Gathering Place

127 Kenyon Rd., Cobleskill, NY 12043

The road to be traveled in moving a new drug candidate from the laboratory to the prescription market is laborious, costly, time-restricted, and frustrating – but nevertheless possible. In this session we will review the steps necessary to get a drug to market, using two product candidates developed by a local company, Beech Tree Labs, Inc., one for the treatment of Covid-19 and the other for the treatment of chronic traumatic brain injury.

Wonderful World of Birds

John DeValve

Mon April 18 @1-2:30

Gathering Place

127 Kenyon Rd., Cobleskill, NY 12043

This will be a Power Point of local birds, their lives and what their characteristics are. Included is a question and answer session.

Living with Renewable Energy

Russ and Amy Pokorny

Mon May 2 @10-noon

Octagon Barn, 588 Middle Rd, Delanson, NY

Are you put off by the thought of bringing renewable energy into your home? Do you think it is too expensive or that you would have to sacrifice too many things you love about your lifestyle? Come talk with experts who have first-hand life experience, who are NOT SELLING anything! Learn about solar hot water, solar photovoltaic (PV) electricity, wind energy, electric cars, geothermal heating and cooling and more!

Bring an electric bill to help answer specific questions.

Note: GPS is unreliable – call Amy at 518-618-5376 or Shirley Martin at 518-487-9112 if you have problems finding the Octagon Barn.

A Walk in the Woods with a Professional Forester

Bernie Braun

Mon April 25@10-noon

Braun Family Tree Farm
488 West Richmondville Road*

Take a walk around the wetlands and to a hemlock forest on the Braun Family Tree Farm with Bernie Braun. Bernie has a B.S in Resource Management from SUNY ESF (Environmental Science & Forestry, Syracuse, NY) and an MA in Water Resources from SUNY Oneonta. He is involved in NYS and national organizations, and is president of the New York Institute of Consulting Foresters. Bernie will identify wildlife signs and trees. He will also capably answer questions, especially on forest management and development. Come prepared with questions. Dress for the weather. Terrain may be muddy, icy, snowy, or uneven.

*We will meet across from Kevin Berner's home by Bernie's sawmill, which is about 50 yards off the road. The 911 address is 488 West Richmondville Road, west of

Richmondville, off route 7, and over the RR tracks. Feel free to park at the home across the road, if parking options are taken.

Bring walking sticks, boots/snow shoes/ or cleats; we should be beating the black flies, but if it's an unusually warm spring, they may be early, and a bug net would be recommended. Dress for ticks. Unlikely to need sunscreen, as we will be under the canopy of the woods.

**Clarissa Putman of Tribes Hill
And Old Fort Johnson Museum Tour**

Heather Johnson

Mon May 16@ 3-4:30(zoom)

Zoom

Fr May 20@2 pm (on-site)

2 Mergner Rd., Fort Johnson, NY 12070

Each student may read John Vrooman's "Clarissa Putnam", the fictionalized story of a young Dutch girl who falls in love with the son of Sir William Johnson, John Johnson. They live in the fort now named Old Fort Johnson. Clarissa has a fascinating life despite the colonial politics that interfere with her plans and the Revolutionary War that follows. We will discuss the book via zoom, and follow up the reading with a trip to the beautifully maintained fort which is now a museum of the area.

Optional: CLARISSA PUTMAN OF TRIBES HILL, by John Vrooman. Since this is an out-of-print book, facilitator Heather Johnson, at foldingh@yahoo.com, can assist you in finding a copy.

Fee=\$5.00 admission to the fort payable to SCHOOL with your registration.

RSVP by May 1: No refunds after May 1.

Max 20

Wildflower Walk

Emily Davis/Mike Warner

Mon May 16 @10-noon

McFail's Cave Nature Preserve, Carlisle - on Lykers Rd. (just north of the intersection with Ice Cave Road)

Rain date May 23 @10-noon

Walk on the McFails Cave property owned by the National Speleological Society. Over 35 species of wildflowers have been found here over the years. You will also see karst features and cave entrances. The trail can be muddy and uneven. Good boots, camera, walking sticks and flower ID books or apps are recommended.

Glimmerglass Musical- Sound of Music

Wendy Wilson

Mon July 11 matinee @ 1pm

Glimmerglass Theater

7300 State Highway 80, Cooperstown, NY

Rodgers & Hammerstein's The Sound of Music- July 11th matinee performance (1 pm) – “The hills are alive with the classic story of Maria, a young woman who leaves the nunnery for a job as a governess for naval captain Georg von Trapp. In a home of routine and discipline, the seven von Trapp children take to the light and music Maria imbues in the family. Against the backdrop of the Swiss Alps among a time of increasing unrest, this story of love, music, and morality is sure to be one of your favorite things.”

This is a drive-yourself event. Then-current Covid restrictions and mask requirements will apply.

Fee (payable to SCHOOL) = \$107 for Members/\$112 for non-members.

Sign-up no later than May 15th/ No refunds after May 30th.

SCHOOL has reserved 25 tickets for Orchestra Center seatingThe first 25 will secure these. Additional tickets at this group rate are dependent upon availability at the time, and may not be in the same seating section.

Lunch on your own. We expect that the food court will be open and there are picnic tables on the grounds. Approximate meeting time on site at about noon. More details will be given as we approach the date.