

*Experience Lifelong Learning Together*

*For Your Mind—Body—Spirit*



***SCHOHARIE COUNTY HOME OF ONGOING LEARNING***

## **2025 Fall Semester**

Registration starts now for classes  
and will be accepted throughout the semester.  
We are offering many courses in-person, and some via  
Zoom. **Fall 2025 term is September through November**



### **WHAT IS SCHOOL?**

Founded in 2011 the Schoharie County Home of Ongoing Learning (**SCHOOL**) is a non-profit membership organization whose members share a love of learning. It is an independent entity, supported by SUNY Cobleskill and affiliated with the Road Scholar Institute Network. It is designed to stimulate the mind and energize the body in classroom and social settings. We provide daytime (and sometimes evening) non-credit classes. Our goal is to offer a choice of activities that encourage you to create, think, exercise and socialize.

**Supported by:**

**SUNY Cobleskill**

Website at [www.cobyschool.com](http://www.cobyschool.com) & Facebook: <https://www.facebook.com/cobyschool/>

email: [SCHOOL@cobleskill.edu](mailto:SCHOOL@cobleskill.edu)

Office phone for messages: 518-255-5463

US Mail: PO Box 576, Cobleskill, NY 12043

# *Experience Lifelong Learning Together For Your Mind - Body - Spirit*

**Membership:** A \$50 annual membership allows you to choose as many classes that fit your schedule and interests. Our 'membership year' runs from July 1 through June 30 and covers all classes, published in both the Fall and Spring brochures, for that period. The fee is the same no matter when you join during the year, so your Membership is now due with your Fall registration. Some classes also require an additional fee to cover materials or other expenses.

**Classes:** See course descriptions for venue (Zoom or on-site location), and any fee information. You will be sent an email (or otherwise contacted) with any necessary information and/or the invitation for Zoom classes about a week before the class.

**Registration** for Fall classes will be accepted by on-line (via the registration tab on the [www.cobyschool.com](http://www.cobyschool.com) website, once activated) or postal mail. The physical booklet contains a center pull-out with the various registration forms and class selections sheets. Be sure to keep a copy for yourself if you mail in the original. Registrations will be processed when the \$50 annual membership dues (payable to SCHOOL) has been received, along with any specific class fees. You will receive an email confirming your registration.

**Payments:** Any fees or payments for classes need to be submitted by US Mail to: S.C.H.O.O.L., PO Box 576, Cobleskill, NY 12043. Sorry, but we cannot accept on-line payments.

**To Protect Everyone:** We will continue to follow any applicable venue-specific health-related protocols required at the time of the class, trip, or performance.

**Class Etiquette:** SCHOOL does not vet the integrity of course material, choose the topic that an instructor will teach, mandate a particular style of teaching, or suggest how much work outside of class would be required if the student wants to get the most out of the class. The volunteer instructors decide what they want to teach and how they will conduct the class. It is the presenter's prerogative to end any debate in the class, especially in order to cover the course material in a timely manner, or to allow others to participate.

**Class Ambassadors:** Every class will have a SCHOOL ambassador who will be your contact for any questions/problems, and who will be the liaison between students and the instructor. Ambassador contact info will be given before the class.

**Attendance Policy:** SCHOOL's instructors are volunteers who put time and effort into preparing a course, with no compensation, with the expectation that the students will do their part in order to make the course mutually beneficial. As such, if you cannot attend a particular class, or have decided to drop the course, please alert your ambassador, who will then notify the instructor. Please be on time, but if late, meet with the instructor or another student at the end of class to find out what was missed. If you have missed a class, your ambassador can assist you, outside of class, with getting notes/ material.

**Guest Policy:** With the concurrence of the instructor, a member may bring one guest to one session of one class per semester. The member shall also notify the class ambassador in advance with the name and contact information for the guest. (Note: The 'one guest' limit does not apply to hikes, trips, or performances for which multiple guests may be escorted by the member.) All guests are the responsibility of the hosting member, and each guest will be expected to acknowledge the same waiver of liability statement as do all members.

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### **CATEGORY & TITLE**

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#### ***ARTS-CRAFTS-GAMES***

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W35	Soap-making 101
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#### ***COOKING & NUTRITION***

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TU17	Journey Reimagined- How to Slow Your Biological Age
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W25	Sparkling Wisdom: Explore the World of Gems, Jewelry and Design
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# MONDAYS - FALL 2025

## **M01: Write Your Joys, Fears and Challenges for Healing and Mental Health**

*Maxine Christman*

***Mon. Sept 15, 10:30-noon***

Sharon Springs Library

We will discuss various forms of writing to express our thoughts: in a letter, poem or essay. You may use whatever form of writing that will best express your thoughts. No prior writing skills are necessary.

Participants should bring: please bring pen and paper

Directions: Sharon Springs Library, 129 Main Street, Sharon Springs, NY 13459

## **M02: Home Composting Presentation & Demonstration Tour**

*Carole Henry*

***Mon. Sept 22, 10:00-noon***

Albany County Cooperative Extension

RSVP by 9/8/25

*Min 10*

Home composting is a simple yet effective way to contribute to a more sustainable lifestyle by reducing landfill waste and a household's carbon footprint. Using compost in your lawn and garden leads to healthier plant growth and saves money by eliminating needs for chemical fertilizers. We invite you to learn about tumbler, trench, 3-bin, stealth, heap, bokashi, digester, keyhole and vermicompost (red worms). Our tour of the compost demonstration garden will answer your questions. Join us to see which of our 9 methods of home composting is best for you!

Bio: Albany Master Gardener Compost Team led by Ronnie Siegel and Sarah Foster.

Participants should dress for the weather.

**Fee:** \$10 per person; Payable to SCHOOL. Sign up and pay by 9/8/25. No refunds after that date.

Directions: Cornell Cooperative Extension Albany County, 24 Martin Road, Voorheesville NY 12186





### **M03: Beginner Spanish**

**Mon. Sept 22, 29, Oct 6, 20, 27, and**

**Nov 3, 17, 24, 1 - 3 pm**

*Marge Dafeldecker*

St. Vincent's Church Hall

*Min 4 / Max 10*

Learning a second language can significantly improve your cognitive abilities and potentially delay the onset of age-related mental decline. If you've never had Spanish before, or it's been a long time since you have but Conversational Spanish is too intimidating, this class is for you. 500 million people in the world speak Spanish as their first language, and it is a second language for an additional 100 million. This **beginning** SPANISH class will give you the ability to interact in a simple way and answer questions about yourself, your home, and your possessions. You will learn basic grammar, vocabulary and phrases, and will be able to construct simple statements or questions regarding daily life. Join Marge in this enjoyable and enriching way to exercise your mind.

This class will be a continuation of the beginning class from the spring semester.

New participants can join if they have some knowledge/experience with Spanish or another language other than English.

Directions: St. Vincent de Paul Church, 138 Washington Ave, Cobleskill, NY 12043

### **M04: Foraging in the Northeast – An Introduction**

*Fred Breglia*

**Mon. Oct 20, 10 - 11:30 am**

ZOOM

Join Fred, a long-time forager, as he highlights some of the most common edible plants and mushrooms that can be found in local fields and forests. Fred will focus on his favorites from a culinary perspective; very tasty! He will cover spring, summer and fall seasons and what tasty gourmet treats are available in the northeast. He will also give tips on how to prepare and cook the foraged food.

Bio- Over 35 years in the green industry, working at Landis Arboretum for over 28 of them. Currently, serving as Executive Director, Landis Arboretum. ISA Certified Arborist. Long-time Forager/Cook. Big Tree Hunter and official National Big Tree Cadre Measurer. Adirondack 46er. SUNY Cobleskill Alumni of the Year.

### **M05: Digital Literacy - Word Basics**

**Mon. Oct 20, 3:30 - 5:00 pm**

*Mary Carrier MVLS*

Sharon Springs Library

*Min 2 / Max 6*

This third class in the Digital Literacy For Beginners series covers the basics of creating, editing and formatting simple documents. Includes highlighting text, formatting, and saving. (See also W29- Computer Basics and W30- Internet Basics)

Windows Laptops will be provided.

Directions: Sharon Springs Library, 129 Main St., Sharon Springs, NY 13459

## **M06: History of Halloween**

*John Jarvis*

**Mon. Oct 27, 4 - 5 pm**

CUMC- Social Hall

Eight hundred years before Jesus of Nazareth was born, year after year an ancient northern European people lived through a real-life night of terror on the last day of their summer. This class will show how this annual experience from almost 3000 years ago has become our 21st Century Halloween. By the way, the devil has nothing to do with any part of Halloween or its history.

Bio- John Jarvis taught high school English in Cobleskill High School and Cobleskill-Richmondville High School for 34 years. When he was in high school, he really wanted to be a history teacher because he always felt that the past was more interesting than the present, which for him was the early 1960s. (There was no Civil War or World War II going on then.) However, one day he had a conversation with his high school principal, who told him to study English rather than history if he wanted to be a high school teacher. John actually listened to Mr. Gugino and studied Secondary Education---English at Oneonta State. But he still loved history more than literature.

Directions: Cobleskill UMC, 107 Chapel St, Cobleskill, NY 12043

## **M07: Create Your Own Video**

*Mary Carrier MVLS*

**Mon. Nov 3, 3:30 - 5:30 pm**

Middleburgh Library

*Min 2 / Max 12*

Make your own movie (mp4 video file) to cherish memories or share with family and friends. Using the web-based product, Canva, we will add pictures and music to your presentation.

Participants should bring: Please create a free account on Canva.com and pre-select your pictures for your project before class. Bring your own laptop or borrow one of ours.

Directions: Middleburgh Library, 323 Main St, Middleburgh, NY 12122

## **MW08 Functional Integrated Training**

*Travis Hyer*

**M/W, Sept 29, Oct 1, 6, 8, 10 - 11 am**

Power Up Gym, Richmondville

*Max 5*

Group fitness training for seniors. This class works all parts of the body and is accessible to all. Following your four free sessions, you have the option of becoming a member (if you are not already) OR joining the Functional Integrated Training class 8 week program, or both.

Directions: Power-Up Gym, 1469 State Rt 7, Richmondville, NY 12149

## TUESDAYS - FALL 2025

### TU09 Women in Wars

*Tues., Sept 2, 1:00 - 2:30, & Mon, Nov 24, 12- 1:30 pm*

*Heather Johnson*

ZOOM

As a former preschool teacher, a retired elementary school teacher, and a former college adjunct instructor for 8 years, I love to read. I would like to share two of the best books I have ever read. Both deal with women who were deeply involved in warfare. When class meets, we will share relevant thoughts/experiences from our own lives and compare those to the women in the books. Please procure the books ASAP so you can have them read by the respective class times. I suggest using Thrift Books or other suppliers of used books. Please read My Name is Mary Sutter by Robin Oliveira for September 2, and The Women by Kristin Hannah for November 24.

Bio: Masters Degree plus 60 hours in education

Participants should bring:

Book one: *MY NAME IS MARY SUTTER* by Robin Oliveira

Book two: *THE WOMEN* By Kristin Hannah

### TU10 Preventing Bird-Window Collisions and Why It Matters

*Tues., Sept 2, 10:00 - 11:00 am*

*Susan O'Handley*     *Education Chair, Delaware-Otsego Audubon Society*

Min 10

ZOOM

Birds are facing significant population challenges all over the world. Changes in habitat, seasons that are shifting, severe storms, and increased temperatures are all playing a part in an overall decline in numbers. The National Audubon Society is working to find ways to change those trajectories through significant and ambitious goals in conservation from both ends of the spectrum: increasing the chances for successful breeding bird seasons and reducing bird mortality rates.

We hear a good deal about bird-window collisions that occur in urban environments, because really, when you can show pictures of hundreds of bird deaths in a day during migration season, it becomes news. We read about it, we see pictures of it, and in response, we work to find solutions to prevent it from happening again. What we don't hear about are the average of two birds per residence per year that occur from window strikes in suburban and rural neighborhoods. Although these don't feel significant in comparison, if you add those numbers up, the deaths of birds as a result are staggering—more than in any city. It is estimated that over 1 billion birds die as a result of window collisions per year in North America. It is considered to be the third highest cause of bird mortality, following habitat loss and predation by domestic cats. Susan provides an overview of the issues that surround building collisions and actions that can be taken at our homes, businesses, schools, and other public buildings to help reduce the number of bird deaths each year.



Bio: Susan O'Handley has been involved with local Audubon chapters for over thirty years and has served on the Board of Directors for the Delaware-Otsego Audubon Society since 2012 (ten years as a co-president). Susan also works with the Audubon NY/CT Council Board, which is composed of twenty-seven Audubon chapters in NY State and six chapters in CT. She also serves on the Advisory Board for Audubon NY/CT Regional Office as the Chapter Representative. Susan owns and operates a small digital marketing agency in Hartwick, NY.

## **TU11 Cultivating Mindfulness and Practicing Meditation**

*Doreen Russo*

***Tues., Sept 9, 16, 23, 30, noon - 1:00 pm***

St. Vincent's Quiet Room

*Max 15*

This course is for anyone who wants to learn about, or learn more about, mindfulness and meditation and how to establish a regular meditation practice. Mindfulness is about paying attention in a particular way to what's happening in the present moment. It has been called "the art of conscious living," and is known for enhancing people's health and well-being by helping them manage stress, reduce anxiety, increase their self-compassion and gratitude for others, and feel more ease and joy in life. Meditation is the practice at the heart of mindfulness. Class time will be spent discussing both the essence of mindfulness and its applications in daily life as well as how to meditate, and doing short guided meditations. Beginners and more experienced practitioners are welcome.

Bio- Doreen Russo has been studying and regularly practicing mindfulness and meditation for over 10 years, and teaching a variation of this course for three years.

Directions: St. Vincent de Paul Church- upper level, 138 Washington Ave, Cobleskill, NY

## **TU12 The Cause for Newspaper Decline**

***that Nobody's Talking About***

*Christopher Eastman*

***Tues., Sept 9, 5:00 - 7:00 pm***

Middleburgh Library

*Min 5 / Max 40*

"*Stripped for Parts*" is a documentary film facilitated by Christopher Eastman. From the documentary's website: Hedge fund Alden Global Capital is quietly gobbling up newspapers across the country and gutting them, but no one knows why— until journalist Julie Reynolds begins to investigate. Her findings trigger rebellions across the country by journalists working at Alden-owned newspapers. Backed by the NewsGuild union, the newsmen and women go toe-to-toe with their "vulture capitalist" owners in a battle to save and rebuild local journalism in America

Students need not bring anything but their curiosity and attention and possibly pen and paper or tablet or laptop to take notes.

Directions: Middleburgh Library, 323 Main Street, Middleburgh, NY 12122

## **TU13 Confident Beginners Quilt Class**

*Sharon Aitchison*

***Tuesdays Ongoing; 10 am - 4 pm***

*Max 5*

St. Vincent's Church Hall

This class is for students who have already completed classes with this instructor, including sewing and machine maintenance as well as beginner quilting.

Students will have their own machines and tools for classes, as well as a good understanding of quilting.

Directions: 138 Washington Ave, Cobleskill, NY 12043

## **TU20 It's Not Your Grandmother's DAR!**

### **Today's Daughters of the American Revolution**

***Tues, Sept 16. 10:30 - 11:30 am***

*Kathleen Slater / Sue DeBruijn-*

*Members of Captain Christian Brown and Schoharie Chapters, NSDAR*

Schoharie Library

Have you ever wondered what it takes to become a Daughter of the American Revolution? Or for that matter, wonder why you might want to?

PATRIOTISM.....HISTORIC PRESERVATION.....EDUCATION

If any of those words ignite a spark of interest in you, then come learn about the evolution of the DAR from its origins in Washington in 1890 as it spread across the country and internationally, as well as the founding of the two Schoharie County Chapters whose members are rolling up their sleeves and volunteering their time and efforts within our community. Presenters Sue deBruijn and Kathleen Slater will discuss the enduring mission elements of the organization. Leslie Smith and Dianne Rizzo will be available for quick searches of an individual's eligibility in DAR.

Directions: Schoharie Library (Mary Beatrice Cushing Library), 103 Knowler Ave, Schoharie, NY



## **TU14 Conversational Spanish**

***Tues, Sept 23, 30, Oct 7, 14, 21, 28, Nov 4, 11, 1:30 - 3:30 pm***

*Marge Dafeldecker*

St. Vincent's Quiet Room

Min 2 / Max 6

This *CONVERSATIONAL* Spanish class is a continuation of previous classes. However, new participants are welcome to join former students. We will prepare and present conversations re: travel, shopping, leisure time, family, etc. It is advisable that all participants have a minimum of 3 yrs. H.S. Spanish or the equivalent. We will focus on speaking in Spanish at each session. Participants should bring an open mind, an adventurous spirit and a 'chatty' tongue.

Directions: 138 Washington Ave, Cobleskill, NY 12043

## **TU15 Small Community, Big Ideas: Greater Oneonta**

*Marcela Micucci*

**Tues, Sept 30, 10:00 am**

Oneonta, NY

*Min 10 / Max 30*

This visit to the Greater Oneonta History Center (183 Main Street) will include a curator-led tour of GOHS' permanent exhibition, "Small Community, Big Ideas: Greater Oneonta," exploring the history of the town and city of Oneonta, New York. The exhibit includes modern, interactive, and digital features and a variety of different objects from GOHS's object and archival collections. On the tour, attendees will encounter five chronological modules, each shedding light on the everyday people, places, and events that have shaped the town and city of Oneonta over the past three centuries. They will learn about the inspiring stories of how Natives, settlers, immigrants, and residents created a community, and how they built and rebuilt Oneonta to become a destination city—one that was adaptable and evolved with the changing geography, economy, culture, and society. Throughout the exhibit attendees will experience floor maps, ambient sound, audio and visual content, and additional interactive components. At the close of the exhibition, they will also have an opportunity to contribute their own ideas of what they believe the next "big idea" for Oneonta might be.

**Bio:** Marcela Micucci is the Executive Director of the Greater Oneonta Historical Society. GOHS announced Dr. Micucci's appointment in January 2021 following two curatorial tenures in both New York City and Philadelphia, at the Museum of the City of New York and Museum of the American Revolution, respectively. Her online and physical exhibitions have been featured in esteemed publications, notably the New York Times, Washington Post, and Philadelphia Inquirer. She received her PhD from Binghamton University in 2016, where she specialized in American and women's and gender history.

**Fee:** By Donation

**Directions:** The tour will be held at the Greater Oneonta Historical Society's History Center, 183 Main Street (Oneonta, NY).

## **TU16 Contemporary Poetry**

**Tues, Oct 14, 21, 28, 10:00 - 11:30 am**

*Sandra Manchester*

CUMC - Golding Lounge

*Max 7*

Contemporary poetry is poetry written within our lifetime – from Mid-20th century to the present day. It is less focused on traditional form and explores modern issues, personal experience, and reflection. In class we will be reading poems aloud and discussing the topics presented in the poems. Sandra will be introducing us to the works of Mary Oliver, Donald Hall, and Billy Collins to name a few contemporary poets. Participants will be encouraged to bring some of their favorite poems.

**Bio-** Sandra Manchester has a BA in Literature from the State University of New York at Oneonta. Poetry has been a part of her life for over thirty years. She has participated in writing workshops through the New York Writers Institute, Pyramid Life Center, and Sharon Springs Poetry Festival. She participates locally in a writers critique group.

**Directions:** Cobleskill United Methodist Church, 107 Chapel St., Cobleskill, NY 12043

## **TU17 Journey Reimagined: How to slow your biological age**

*Nasreen Haque, PHD*

**Tues., Oct. 21, 28, Nov. 4, 11; 4:30 - 6 pm**

SUNY Cobleskill- Room TBD

Aging is not just about wrinkles or birthdays. It's about reclaiming time, energy, and evolution—on your terms.

Across different communities, stories of elders who defy age have always coexisted with silent struggles—heart disease, diabetes, memory loss. The paradox? We are living longer but not necessarily better. “Journey Reimagined” is covered in 4 sessions and it challenges the notion that aging is simply a decline. Instead, it's a remix—a conscious process that we can influence biologically, culturally, and socially- in which Aging positively may be considered a Civic Responsibility.

Bio- Chief Scientific Officer, Genomic Observatory, New York, NY.; Adj. Assistant Professor, Brooklyn College, CUNY, NY

## **TU18 Willie Wildlife Marsh Hike**

*Kathy Livingston*

**Tues., Nov. 4, 1 - 3 pm**

Near Caroga Lake, NY

Raindate TBD

Min 2

Join us to explore this 1.4-mile loop trail that is part of the Peck Hill State Forest near Caroga, New York. This is generally considered an easy route and there is a viewing platform, interpretive stops and boardwalks that traverse the marsh and open water, as well as some features that are accessible for people of all abilities. This trail is great for birding and walking, and it's unlikely you'll encounter many other people while exploring. This is a pleasant trail through mixed forest and around a marsh. It's a mixture of a natural surface and boardwalk, lightly trafficked and can be muddy after rain. Trail Details: Trail surface: a natural surface (dirt, grass, leaves, rocks, roots), wooden boardwalk with railings; Average trail width: 6 feet; Estimated average grade category: mostly gentle (5% or less).

Participants should dress for the weather; wear sturdy hiking shoes. Bring walking stick, phone, bug spray, sunscreen, water and a snack.

Directions: Take Route 30N to Johnstown, then to Rte 67W, to 29A W, to Willie Road. There are several parking areas on or just off Willie Road. More detailed directions will be sent to the participants closer to the hike date.



## **TU19 Gullah Geechee Culture (African American slavery)**

*Beth Brandel*

***Tues., Nov. 11, 10 - 11:30 am***

ZOOM

The Gullah Geechee is a unique African American cultural group with deep roots in the coastal regions of the SE US, particularly in the Lowcountry of South Carolina, Georgia & parts of Florida. Their ancestors, brought from West and Central Africa to work on coastal plantations, developed a distinct culture marked by unique language, traditions and a strong connection to the land and sea.

Charleston's new International African American Museum is full of information about the Gullah. It is located at a former shipping wharf where approximately 40% of the nation's enslaved people disembarked. We also visited Boone plantation and saw where they worked and what their lives were like.

Bio: Seasoned traveler

## **TU21 Line Dancing for Mental Health and Fun!**

***Tues., Nov. 18, 10 - 11:30 am***

*Dee Benedict / Karen Simmons*

St. Vincent's Church Hall

*Min 4*

Line dancing is a choreographed dance where people are performing the same sequence of steps simultaneously. Although commonly associated with country music, it is often set to other genres – think Lollipop, Stand By Me and Boogie Fever. It engages the brain in a positive way through memory, coordination, and concentration and also has mood-boosting effects that can improve memory. This class will teach some of the basic steps so that by the time you leave you will have learned a few new dances!

Directions: 138 Washington Ave, Cobleskill, NY

## **TU22 Maintaining & Optimizing your Computer's Performance**

*Mary Carrier / MVLS*

***Tues. Nov. 18, 1 - 2:30 pm***

Middleburgh Library

*Min 2 / Max 16*

Being aware of some basic maintenance functions on your computer can help you optimize your computer's performance. Gain confidence in understanding computer and web browser settings. Find out more about the life span of your computer and what it needs to live a happy life.

Participants should bring: Bring your own laptop or borrow one of ours. Sorry, no Macbooks for this class.

Directions: Middleburgh Library, 323 Main Street, Middleburgh, NY 12122



## WEDNESDAYS - FALL 2025

### W23 Origin's Cafe and Tour at Carefree Gardens

*Kristen / Origin's owner*

**Wed. Sept 3, 1:00 - 3:00 pm**

RSVP by 8/27/25

Max 20

Cooperstown, NY

Come join us for an elegant meal among the plants and biosphere at Origin's Cafe in Cooperstown. Enjoy delicious and unique meals utilizing components sourced from locally owned organic farms. After dining, we will have a tour through the greenhouses.

**Fee:** Cost of meal at the venue; order off the menu and pay venue directly for the meal. However, please register for this class by 8/27/2025, so that we can confirm the reservation numbers to the venue.

Directions: 558 Beaver Meadow Road., Cooperstown, NY. This is a drive-yourself event.

### W53 Weatherization Workshop

**Wed. Sept 10, 11:30 - 1:30 pm**

*Michaela Fisher*

Cornell Cooperative Extension-Cobleskill

*Min 5 / Max 20*

Learn how energy is wasted in your home, gain access to programs to reduce your energy use, and go home with a free energy savings kit.

Bio- Michaela is an energy educator at Cornell Cooperative Extension. She is part of the Mohawk Valley Clean Energy Hub.

Directions: 173 S. Grand St, Cobleskill, NY 12043

### W24 Make History Come Alive Through Song

*Clare Wettemann*

**Wed, Sept 10, 2 - 3:15 pm**

Min 10

Cobleskill United Methodist Church- Sanctuary

Clare Wettemann delights in presenting songs for all ages. She accompanies her voice with guitar, dulcimers and other stringed instruments. For many years, she has woven images from Upstate, NY and other Anglo-American folk songs into entertaining programs.

Bio: Clare is a performing artist, teacher and consultant. She presents traditional, original and contemporary folk songs which promote community, sharing, understanding, and contact with the Earth.

Participants should bring: Ears, heart, interest and attention.

Directions: Cobleskill UMC, 107 Chapel Street, Cobleskill, NY



## W25 Sparkling Wisdom:

### Explore the World of Gems, Jewelry and Design

Al Smith

Wed, Sept 17, 2:00 - 4:00 pm

Min 1 / Max 6

Duanesburg, NY

As a graduate gemologist, Al will expand your knowledge of natural mined diamonds vs lab grown diamonds . Additional topics will cover describing birthstone gems, how to use a loupe, and how jewelry is designed using CAD. We've added extra time so you can get your questions answered.

Directions: 401 Schoharie Tpke, Duanesburg, NY 12056

## W26 Honest Weight Food Co-op Shopping Tour

Wed, Sept 24, 10:00 am - noon

Nancy VanDeusen & Anastasia Rodgers

Albany, NY

Min 5 / Max 10

Visit the area's largest and longest running food co-op. The Co-op features over 900 items in the bulk department, a large selection of domestic and international cheeses, all natural wellness and body care department, and fresh, local and organic produce and flowers, as well as a deli and small café.

Special offer: Each student will receive a \$5 off coupon on a \$25 purchase.

Bring empty mason jars with lids if you plan on purchasing bulk items. They will weigh when you walk in and deduct the weight at check out. You can get a senior citizen discount card and get a percentage off your order every time.

Directions: 100 Watervliet Ave, Albany, NY 12206. This is a drive-yourself event.



## W27 Reducing Your Household Carbon Impact

**Wed, Sept 24, 3:30 - 4:30 pm**

*Susan O'Handley-Education Chair, Delaware-Otsego Audubon Society*

Min 10

ZOOM

*"Climate change is the single greatest threat to North American birds. Solutions are plentiful, but to protect more than 300 species at risk, we must act now." —National Audubon Society, September 2024.*

Approximately 30% of greenhouse gas emissions come from residential and commercial sectors in the U.S. (The breakdown for the remainder is 30% from industry, 30% from transportation and 10% from agriculture.)

2024 broke records for global temperatures and severe weather events. The 10 warmest years in the historical record have all occurred in the past decade (2014-2023). The financial costs of climate change are already being seen with evidence from record breaking damages from severe weather events over the last year. Repair costs are staggering and insurance claims are being denied.

Our community households and local businesses can work towards minimizing our collective impact. Susan's program will focus on seven areas where our households, businesses and community operations have carbon impact and will provide an overview of tools and resources to help you establish baseline data and how to track your progress.

Susan will also briefly overview her family's own journey toward a carbon-neutral household, along with the financial and quality-of-life benefits realized through investing in energy retrofits to their 1902 Victorian Farmhouse in Hartwick.

Bio- Susan O'Handley has been involved with local Audubon chapters for over thirty years and has served on the Board of Directors for the Delaware-Otsego Audubon Society since 2012 (ten years as a co-president). Susan also works with the Audubon NY/CT Council Board, which is composed of twenty-seven Audubon chapters in NY State and six chapters in CT. She also serves on the Advisory Board for Audubon NY/CT Regional Office as the Chapter Representative. Susan owns and operates a small digital marketing agency in Hartwick, NY.

## W28 Revolutionary War Veterans of Stamford, NY Area

**Wed, Oct. 1, 11:00 - noon**

*Karen Cuccinello*

Stamford, NY

Take a walking tour of the Stamford Cemetery highlighting the six Revolutionary War veterans buried there. Karen will review the bios of the veterans and discuss the difficult rules and regulations for acquiring a pension. She will also touch on Revolutionary War veterans buried in other Stamford cemeteries and some Civil War vets in this cemetery.

Bio- Stamford Village and Town of Summit historian; archivist at Stamford Library history room and author of numerous local history books.

Directions: 2 Mountain Ave. Stamford, NY

## **W29 Digital Literacy - Computer Basics**

**Wed, Oct 1, 2:00 - 3:30 pm**

*Mary Carrier / MVLS*

Schoharie Library

*Min 2 / Max 6*

Class one of three in the Digital Literacy for Beginners series is Computer Basics: Learn computer fundamentals of using a Windows PC. We'll explore the functions of a computer, learn terminology, and tips for working in the Windows environment.

Windows Laptops will be provided.

Directions: Schoharie Library (Mary Beatrice Cushing Library), 103 Knowler Ave, Schoharie, NY

## **W30 Digital Literacy - Internet Basics**

**Wed. Oct 8, 2:00 - 3:30 pm**

*Mary Carrier / MVLS*

Middleburgh Library

*Min 2 / Max 6*

Class two in the Digital Literacy for Beginners series is Internet Basics: Use the internet to find information, navigate websites, and save favorites. Best practices for internet safety and privacy will be highlighted.

Windows Laptops will be provided

Directions: Middleburgh Library, 323 Main St., Middleburgh, NY

## **W31 Schoharie County's Chocolate Jumbles and More**

**Wed. Oct 15, 10 am - noon**

*Andrea Clapper*

St. Vincent's Kitchen

RSVP by 10/1/25

*Min 6 / Max 12*

Join us for a bake and take experience including tasting! We will be making Chocolate Jumbles (Jumbos), a local favorite and a honey lemon dough appropriate for any holiday.

Bio- Andrea has offered classes about dough and baking, including pie crust, puff pastry, cream puffs, etc.in previous semesters.

Participants should bring: Please bring an apron, cookie cutters, and a container to take home baked cookies.

**Fee:** \$10 per person; Payable to SCHOOL. Sign up and pay by 10/1/25. No refunds after that date.

Directions: 138 Washington Ave., Cobleskill, NY

### W32 Native Stories of Our Past

Wed, Oct 15, 1:00 - 4:00 pm

Michelle Bosma

Fenimore Art Museum, Cooperstown, NY

RSVP by 10/1/25

Min 10 / Max 30

A guided tour of the Thaw Collection of American Indian Art will be followed by an outdoor stroll to the Otsego lakeshore, where, inside our recreated Mohawk Bark House, we will hear Haudenosaunee oral history as preserved by David Cusick in 1828. We will then consider the way oral histories have been approached by culture bearers, American scholars, and artists. The program will be a 3-hour guided tour with group discussion, including 2 hours in an outdoor Bark House.

**Fee:** \$35 per person; Payable to SCHOOL. Sign up and pay by 10/1/25. No refunds after that date.

Directions: 5798 NY-80, Cooperstown, NY 13326

### W33 CLASSIC French Cuisine

Wed, Oct 22, 12:30 - 5:00 pm

Jeannette Balins

Worcester, NY

RSVP by 9/24/25

Min 5 / Max 10

This four course menu highlights some of the classic dishes:

"Potage Creme de Petits Pois" (Fresh Pea Soup)

"Crepes" with Spinach Filling and topped with Sauce Mornay

"Poulet Moutarde Francaise" (Chicken Breasts in a Mustard Creme Sauce)

"Mousse au Chocolat" (Chocolate dessert with a hint of Orange)

Bio- Former chef/owner of A Taste of Europe

Participants should bring: Please bring an apron and small containers for the samples you will take home.

**Fee:** \$35 per person; Payable to SCHOOL. Sign up and pay by 9/24/25. No refunds after Oct. 1.

Directions: 2607 County Hwy 39, Worcester





## W34 TAPAS

*Jeannette Balins*

**Wed, Oct 29, 12:30 - 4:00 pm**

Worcester, NY

RSVP by 10/15/25

*Min 5 / Max 10*

Tapas are Spanish “small bites”, usually accompanied by a cocktail or wine.  
It's great party food!

We will make the following:  
“Patatas Bravas” (spicy potatoes)  
Chickpeas and Chorizo Medley  
“Huevos Rellenos” (stuffed eggs)  
Salt Cod on Garlic Toasts  
Zucchini Salad with Cilantro Dressing  
Baked Mushroom Caps with Herb Filling

Bio- Formerly Chef/Owner of A Taste of Europe

Participants should bring: Please bring an apron and small containers for the samples you will take home.

**Fee:** \$20 per person; Payable to SCHOOL. Sign up and pay by 10/15/25. No refunds after that date.

Directions: 2607 County Hwy 39, Worcester

## W35 Soap-making 101

*Kenna Cote*

**Wed., Nov. 12, 1 - 2:30 pm**

Mineral Springs Soap, Cobleskill

RSVP by Oct 25, 2025

*Min 6 / Max 20*

Ever dreamed of crafting your own luxurious handmade soap? Join us for this beginner-friendly class, where you'll learn the cold process method of soapmaking—a straightforward and less labor-intensive technique that uses the heat generated by saponification. Making soap from scratch may seem intimidating at first, but we make it a fun, rewarding, and even addictive hobby! In this hands-on session, you'll create your very own batch of soap (approximately 4 bars). Once the soap hardens, you can slice it into bars and allow them to cure for 4-6 weeks before use. All materials and supplies are included. No prior experience is necessary. Suitable for ages 18 and up. You'll need to pick up your soap from our shop the week after the class (fresh soap needs time to set and is not transportable). Unleash your creativity and create a unique, handmade product that's both practical and beautiful!

Goggles, nitrile gloves, and aprons are provided.

**Fee:** \$45 per person; Payable to venue upon arrival in the form of cash or credit card for this class. However, please register a minimum of two weeks prior to class date to ensure sufficient supplies will be available.

Directions: Mineral Springs Soap on Main Street in Cobleskill, located at the corner of Union and Main, next to Chieftan's Restaurant. Public parking is available along Main Street and Division Street, as well as the Fire Station lot and the lot across from Locomotions.

## W36 Historic Blenheim Covered Bridge Replacement

*Wed., Nov. 12, 10 - noon*

*Richard Christman*

Cornell Cooperative Extension, Cobleskill

The historic Blenheim Covered Bridge, the longest single span wooden bridge in the world, was destroyed in the 2011 flood. Join Richard Christman, the engineer in charge of replacing it, as he takes us through that process - from carving out a work area alongside the stream, to rolling it across a temporary bridge, to placing it on the new abutments, to finally completing the bridge, all the while working against the challenges of weather and time.

Bio- 55 years experience as an EIC, RE in construction.

Directions: CCE, 173 South Grand Street, Cobleskill, NY





## SCHOOL Registration Form Fall 2025

Name

Mailing Address

Preferred Phone

Alternate Phone

Email

Emergency Contact Name and Phone Number

Yes \_\_\_\_ No \_\_\_\_ SCHOOL may reproduce for publicity any photo images of me taken while participating in SCHOOL activities. *(If you've checked "NO", please advise your classmates **before** photos are taken)*

Yes \_\_\_\_ No \_\_\_\_ In the future, just send me an electronic copy of the catalog by email to the above address. I can download my own or pick up a hard copy from my local library, and I understand that it will help to save SCHOOL some printing and mailing expenses.

How did you learn about SCHOOL? \_\_\_\_ Booklet at Library \_\_\_\_ Word of Mouth \_\_\_\_ Was a guest of friend

\_\_\_\_ My Shopper Ad \_\_\_\_ Ad in Other Publication \_\_\_\_ Facebook \_\_\_\_ Booth at Maple Fest \_\_\_\_ Website

For everyone's protection, we will continue to follow any venue-specific health-related protocol requirements in effect at the time of the class, trip, or performance.

**Please send in** your registration forms, plus payment for any SCHOOL classes requiring additional fees, and your class selection sheets. *Your \$50 annual membership fee is now due so, please also include that fee in your payment.* Note: There is also a separate registration form with info required to bring guest(s) to a function or class. You can copy and mail the forms or register for courses on-line through [www.cobyschool.com](http://www.cobyschool.com), but **payment needs to be US Post Office mailed to: SCHOOL, PO Box 576, Cobleskill, NY 12043**

### Waiver of Liability, Assumption of Risk, and Indemnity Agreement

Waiver: In consideration of being permitted to participate in any way in any and all SCHOOL-sponsored activities:

I understand that Schoharie County Home of Ongoing Learning (SCHOOL), its officers, and representatives cannot guarantee that conditions for hikes, trips and classes will be suitable for all individuals with varying health conditions and fitness levels. It is the responsibility of each participant to assess their own ability, and to be aware of the inherent hazards and risks of participating in any SCHOOL-sponsored activities. By signing below, I accept full responsibility for my own health and well-being. I acknowledge and understand that there is no liability from any and all claims, including the negligence of SCHOOL, its officers, and representatives, resulting in personal injury, accidents or illnesses (including death), and property loss arising from participation.

Name \_\_\_\_\_

Signature \_\_\_\_\_

Selection	SCHEDULED WEEKDAY	Class Number	COURSE TITLE	SCHEDULE	FEE to SCHOOL or VENUE?	RSVP/No refund after
	M	1	Write Your Joys, Fears and Challenges for Healing and Mental Health	Mon, Sept 15, 10:30 - 12:00 noon		
	M	2	Home Composting Presentation & Demonstration Tour	Mon, Sept 22, 10:00 - 12:00 noon	\$10 per person payable to SCHOOL	2 weeks before
	M	3	Beginner Spanish	Mon, Sept 22, 29, Oct 6, 20, 27, Nov 3, 17, 24, 1:30 - 3:00 pm		
	M	4	Foraging in the Northeast – An Introduction	Mon, Oct 20, 10: - 11:30 am		
	M	5	Digital Literacy - Word Basics	Mon, Oct 20, 3:30 - 5:00 pm		
	M	6	History of Halloween	Mon, Oct 27, 4:00 - 5:00 pm		
	M	7	Create Your Own Video	Mon., Nov 3, 3:30 - 5:30 pm		
	M	8	Functional Integrated Training	M/W, Sept 29, Oct 1, 6, 8, 10:00 - 11:00 am		
	TU	9	Women in Wars	Tues, Sept 2, 1:00 - 2:30, and Mon, Nov 24, 12- 1:30 pm		
	TU	10	Preventing Bird-Window Collisions and Why It Matter	Tues, Sept 2 10:00 - 11:00 am		
	TU	11	Cultivating Mindfulness and Practicing Meditation	Tues, Sept 9, 16, 23, 30 12:00 noon - 1:00 pm		
	TU	12	The Cause for Newspaper Decline that Nobody's Talking About	Tues, Sept 9, 5:00 - 7:00 pm		
	TU	13	Confident Beginners Quilt Class	Tuesdays ongoing 10 am - 4 pm		
	TU	20	It's Not Your Grandmother's DAR! Today's Daughters of the American Revolution	Tues, Sept 16, 10:30 - 11:30 am		
	TU	14	Conversational Spanish	Tues, Sept 23, 30, Oct 7, 14, 21, 28, Nov 4, 11, 1:30 - 3:30 pm		
	TU	15	Small Community, Big Ideas: Greater Oneonta	Tues, Sept 30 10:00 am	donation to GOHS	
	TU	16	Contemporary Poetry	Tues, Oct 14, 21, 28, 10:00 - 11:30 am		
	TU	17	Journey Reimagined: How to slow your biological age	Tues., Oct. 21, 28, Nov. 4, 11; 4:30 - 6 pm		
	TU	18	Willie Wildlife Marsh Hike	Tues., Nov. 4, 1 - 3 pm		
	TU	19	Gullah Geechee Culture (African American slavery)	Tues., Nov. 11, 10 - 11:30 am		
	TU	21	Line Dancing for Mental Health and Fun!	Tues., Nov. 18, 10 - 11:30 am		
	TU	22	Maintaining & Optimizing your Computer's Performance	Tues. Nov. 18, 1 - 2:30 pm		
	W	23	Origin's Cafe and Tour at Carefree Gardens	Weds.Sept. 3, 1 - 3 pm		
	W	53	Weatherization Workshop	Wed. Sept 10, 11:30 - 1:30 pm		
	W	24	Make History Come Alive Through Song	Wed, Sept 10, 2 - 3:15 pm		
	W	25	Sparkling Wisdom: Explore the World of Gems, Jewelry and Design	Wed, Sept 17, 2:00 - 4:00 pm		
	W	26	Honest Weight Food Coop Shopping Tour	Wed, Sept 24 at 10:00 - 12:00 noon		
	W	27	Reducing Your Household Carbon Impact	Wed, Sept 24, 3:30 - 4:30 pm		
	W	28	Revolutionary War Veterans of Stamford, NY Area	Wed, Oct. 1, 11:00 - 12:00 noon		
	W	29	Digital Literacy - Computer Basics	Wed, Oct 1, 2:00 - 3:30 pm		
	W	30	Digital Literacy - Internet Basics	Wed, Oct 8, 2:00 - 3:30 pm		
	W	31	Schoharie County's Chocolate Jumbles and More	Oct 15 from 10-noon	\$10 per person. Payable to SCHOOL.	Oct.1
	W	32	Native Stories of Our Past	Wed, Oct 15, 1:00 - 4:00 pm	\$35 per person to SCHOOL	Oct. 1
	W	33	CLASSIC French Cuisine	Wed, Oct 22, 12:30 - 5:00 pm	\$35 per person. Payable to SCHOOL.	Sept. 24
	W	34	Tapas	Wed, Oct 29, 12:30 - 4:00 pm	\$20 per person. Payable to SCHOOL.	Oct. 15
	W	35	Soap-making 101	Wed., Nov. 12, 1 - 2:30 pm	\$45 per person; Payable to venue upon arrival for class.	
	W	36	Historic Blenheim Covered Bridge Replacement	Wed., Nov. 12, 10 - noon		
	W	37	Healthy Lifestyle In Addition To A Healthy Diet	Wed., Nov. 19, 11 - 1 pm		
	W	38	History of American Thanksgiving	Wed., Nov. 19, 3 - 4 pm		
	W/TH	39	Art Talks	Wed, Sept 10,17, Thurs, Sept 25 10:00 - 11:00 am		
	TH	40	Kaaterskill Falls Hike	Thurs, Sept 4, 11:00 - 2:00 pm		

NAME OF REGISTRANT: \_\_\_\_\_

	TH	52	The Complex Relationship of Europeans and Native Americans	Thurs, Sept, 11, 1:30 - 3:00 pm		
	TH	41	Crochet Class	Thurs, Sept 18, 25, Oct, 2, 9, 16, 23, 30, Nov 6, 1:30 - 3:00 pm		
	TH	42	Fall Arrangement with Cross Hill Heirlooms	Thurs, Sept 18, 1:30 - 3 pm	\$10 per person payable to SCHOOL	2 weeks before
	TH	43	Writing Your Memories	Thurs, Sept 18, 25, Oct 9, 16, 11:00 - 12:15		
	TH	44	Hiking the Long Path	Thurs, Sept. 25, 4:30 - 6:00 pm		
	TH	45	Fall Splendor at Spruce Lake	Thurs, Oct 2, 10:00 - 12:00 noon		
	TH	46	How Did You Come Up With That? Fun Facts Found Researching Historical Novels	Thurs, Oct 2, 4:30 - 5:30 pm		
	TH	47	Voting Rights for Immigrants	Thurs, Oct 9, 4:30 - 6:30 pm		
	TH	48	Computer Fundamentals and Security	Thurs, Oct 16, 23, 1:00 - 2:00 pm		
	TH	49	Southern Indian Cooking- Desserts	Thurs, Oct 23, 4:00 - 7:00 pm	\$5 per class paid to instructor	
	TH	55	Historic Apothecary Treatments	Thurs. Oct 23 10-11 am		
	TH	50	Capital Coral Reefs Tour	Thurs, Oct 30, 10:00 - 12:00 noon		
	TH	51	VV - Journey Out West (SD and CO)	Thurs., Nov. 6, 10 - 11:30 am		
	TH	54	Finding Valid Medical Information	Thurs., Nov. 13 and 20, 1 - 2 pm		
	TH	56	The History of the Dollhouse	Thurs. Nov 13, 10-11 am		
	TH	57	Live Slave Narratives & Photographs	Thurs. Nov 20, 10-11 am		
	F	58	Bridge - Learn and Play	Fri ongoing starting Sept 5 10-noon		
	F	59	Seed Saving for the Home Gardener	Fri, Sept 5, 1 - 2:30 pm		
	F	60	Civilian Response to Active Shooter Event	Fri, Sept 12, 19, 10: 00 - 11:30 am		
	F	61	Learning about Past Life Regression Using Hypnosis	Fri, Sept 12, 19, 1:30 - 3:00 pm		
	F	62	VV - Northern Thailand's Caves, Food, and Culture	Fri, Sept 26, 1:00 - 2:30 pm		
	F	63	Fall Walk Through Ann Lee Pond Nature & Historic Preserve	Fri, Oct 10, 1:00 - 3:00 pm		
	F	64	PROVINCIAL French Cuisine	Fri, Oct 17, 12:30 - 5:00 pm	\$30 per person. Payable to SCHOOL.	October 1
	F	65	Verlaine - The Number Wisdom Connection	Fri, Oct 24, 1:00 - 3:00 pm		
	F	66	Ghosts of New York State	Fri, Oct 31, 1:00 - 3:00 pm		
	F	67	Five Rivers Environmental Hike	Fri., Nov. 7, 1 - 3 pm		
	F	68	DECK-A-DANCE: Finding Your Own Intuitive Voice with Oracle Cards	Fri., Nov. 14, 10 - 1 pm		
	F	69	Narcan: Everything Your Want (and Need) to Know	Fri., Nov. 14, 1:30 - 2:45 pm		
	F	70	VV - Seeking Sunshine - Florida, Caribbean Cruise & Mexico	Fri., Nov. 21, 10 - 11: 30 am		
	SUN	71	Revolutionary War Flags and the Evolution of the American Flag	Sun, Sept 7, 2:00 - 3:00 pm		
	SUN	72	Cobus Kill Battlefield Guided Walking Tour	Sun, Sept 21, 2:00 - 4:00	\$8.00 per person. Payable to SCHOOL.	2 weeks prior
	SUN	73	Wicked at Proctors	Sun., November 9, 2025- 2 pm show	Seats: There are 5 great balcony seats available: \$130 for members/ \$140 for guests. There are 5 lower level left seats available: \$55 for members / \$60 for guests. Payable to SCHOOL.	Oct. 1, 2025
	SUN	74	Sound of Music at Proctors	Sun.. March 22, 2026- 2 pm show	Seats: There are 5 great balcony seats available: \$108 for members/ \$115 for guests. There are 5 lower level left seats available: \$50 for members / \$55 for guests. Payable to SCHOOL.	Feb.15, 2026

NAME OF REGISTRANT: \_\_\_\_\_

## SCHOOL Guest Registration Form – Fall 2025

I, \_\_\_\_\_ (SCHOOL MEMBER-info below) would like to bring the following guests:

Name of Trip/Hike/Class: \_\_\_\_\_ Date \_\_\_\_\_

Guest Name:
Guest Phone:
Guest Email:
Guest Emergency Contact Number:

Name of Trip/Hike/Class: \_\_\_\_\_ Date \_\_\_\_\_

Guest Name:
Guest Phone:
Guest Email:
Guest Emergency Contact Number:

Name of Trip/Hike/Class: \_\_\_\_\_ Date \_\_\_\_\_

Guest Name:
Guest Phone:
Guest Email:
Guest Emergency Contact Number:

### SCHOOL MEMBER Information:

Member Name:
Member Phone:
Member Email:
Member Emergency Contact Number:

**Guest Policy:** With the concurrence of the instructor, a member may bring one guest to one session of one class per semester. The member shall also notify the class ambassador in advance with the name and contact information for the guest.

The above policy does not apply to hikes, trips, or performances for which multiple guests may be escorted by the member. Advance notification (and payment if there is a fee for the event) is still required, as noted in the particular hike, trip, or performance description. Members will be given priority over guests for tickets, up until the RSVP date. However, we make every effort to accommodate all members and their guests seeking tickets for one of our offerings.

To protect everyone, we will continue to follow any venue-specific health requirements in effect at the time of the class, trip, or performance.

Please provide the above information for yourselves and your guests, so that our group leaders and ambassadors have this important information for everyone in the SCHOOL group attending the event. All guests are the responsibility of the hosting member, and each guest will be expected to acknowledge the same waiver of liability statement as do all members.

## **W37 Healthy Lifestyle In Addition To A Healthy Diet**

**Wed., Nov. 19, 11 - 1 pm**

*Dr. Cyril Kozak*

Cornell Cooperative Extension, Cobleskill

We will discuss Lifestyle considerations such as activity level and healthy habits in addition to healthy food choices. These include sleep, exercise, and timing meals. Questions are highly encouraged.

Bio- Retired Family Practice Physician.

Participants should bring: Bring an interest in a healthy lifestyle.

Directions: CCE, 173 South Grand Street, Cobleskill, NY

## **W38 History of American Thanksgiving**

**Wed., Nov. 19, 3 - 4 pm**

*John Jarvis*

CUMC - Social Hall

Most Americans love Thanksgiving for its food, family, friends and football---and a day off from work; but few know the evolution of the holiday from Fall 1621 to the present day. For example, on Thanksgiving cards we see the Pilgrims seated around picnic tables on a beautiful November day as they celebrate the First Thanksgiving. However, this picture is completely wrong historically. The reality of that day is actually more interesting than the fictional celebration that we all think that we know.

Bio- John Jarvis taught high school English in Cobleskill High School and Cobleskill-Richmondville High School for 34 years. When he was in high school, he really wanted to be a history teacher because he always felt that the past was more interesting than the present, which for him was the early 1960s. (There was no Civil War or World War II going on then.) However, one day he had a conversation with his high school principal, who told him to study English rather than history if he wanted to be a high school teacher. John actually listened to Mr. Gugino and studied Secondary Education---English at Oneonta State. But he still loved history more than literature.

Directions: Cobleskill UMC, 107 Chapel Street, Cobleskill, NY

## **WTH39 Art Talks**

**Wed, Sept 10,17, Thurs, Sept 25; 10 - 11 am**

*Teresa Rivas*

ZOOM

In this three-part series Teresa will provide an in-depth look into the life and work of some of the world's most iconic artists. Each session will focus on one artist and explore the personal, historical, and cultural stories behind their art. No background in art is needed for the hour-long talks, just curiosity and a love of learning.

Whether these are works of art you've admired for years or you are just seeing them for the first time, you'll come away with a deeper appreciation that will leave you saying, "I never knew that!"

Bio- Teresa is a retired art teacher and art history professor.

## THURSDAYS - FALL 2025

### TH40 Kaaterskill Falls Hike

*Kathy Livingston*

**Thurs. Sept 4, 11am - 2 pm**

Northern Catskills near Tannersville

Raindate- TBD

*Min 5*

Perhaps the crowning jewel in the Greene County northern Catskill Mountains is the highest cascading waterfall in New York State – Kaaterskill Falls. Dropping in two tiers over 260 feet, Kaaterskill Falls has been one of the region's most popular destinations for centuries.

Considered by Native Americans to be the resting place of the creator, a sacred place for the Mohican people who called the Catskills home, Kaaterskill Falls has captivated the hearts, pens, and paintbrushes of poets, painters, filmmakers, and photographers – becoming part of larger, artistic folklore spreading from the Catskills to the rest of the world.

It is located off of County Route 18 in Haines Falls. The hike to Kaaterskill Falls is short at 1.4 miles roundtrip, and hikers are strongly encouraged to stick to the marked path due to the slippery rocks located at the top of the falls. View the falls from above, and decide if you want to descend the trail and look at it from the bottom. Any hike to the base of the falls requires hiking down over 300 feet in elevation. This means, it may feel easier going down, but going up is going to be significantly more difficult.

Participants should bring: map, compass, first aid kit, food, lots of water, extra clothes, rain gear, and hiking footwear. Flip flops and sandals are not recommended; the soil is loose stone and erosion, uneven surfaces, and slippery conditions are frequent here.

Directions: Parking is available at the Mountain Top Historical Society or North South Lake State Campground (follow signage on County Route 18). If before Oct. 15, it may be possible to take the Kaaterskill Trolley - a convenient way to access the falls for a minimal fee of \$10.00.

Do not park on NY Route 23A, aka Molly Smith Lot

### TH52 The Complex Relationship of Europeans and Native Americans

**Thurs, Sept, 11, 1:30 - 3 pm**

*Jeannie Irvine*

Sharon Springs Library

This is the continuation of last semester's class that covers 2 aspects of what happened when European culture collided with the Native American culture in NY and elsewhere. Heather shared the history of the Iroquois Confederacy before and after the influx of Europeans. This semester, Jeannie will cover the history of the widespread practice of kidnapping on both sides and its outcomes, referencing in particular the autobiographies of Herman Lehmann ("Nine years among the Indians, 1870-1879"), Rachel Plummer ("The Rachel Plummer Narrative"), and Nelson Lee ("Three Years Among the Comanches: The Narrative of Nelson Lee, Texas Ranger"), the biography "The Narrative of the Life of Mary Jemison" by James E. Seaver, Zitkala-Sa's "American Indian Stories, Legends, and Other Writings", and 2 books concerning the Native American Boarding Schools, "Kill the Indian, Save the Man" by Ward Churchill, and "Education for Extinction" by David Wallace Adams. Jeannie has extra new copies of Lehmann's book for \$6 for anyone interested. All readings are worthwhile and eye-opening, but optional.

Directions: Sharon Springs Library, 129 Main Street, Sharon Springs, NY



## TH41 Crochet Class

**Thurs, Sept 18, 25, Oct, 2, 9, 16, 23, 30, Nov 6, 1:30 - 3 pm**

*Marge Dafeldecker*

St. Vincent's Church Hall

If you are interested in doing some crafting, consider joining us for a Crochet Class.

Learn, renew or revisit the basics in the art of crocheting..Try your hands at creating enduring crocheted items for baby/child such as clothing or toys/Amigurumi stuffed animals. Crochet items for the home: dishcloths, hand towels, coasters , placemats, doilies to larger projects such as blankets, comforters , tablecloths. Make clothing items for adults, including yourself. Try shoeless sandals.

The possibilities are endless, but the class time is limited. This class will get you started.

If you have any started projects, by all means, bring them.

Participants should bring: Please bring one or two crochet hooks to the first class, Size D or E ( #4 or 5 ) and / or G (#7 or H #8) as well as one or two skeins of yarn. Metal hooks are best.

Light color yarns are recommended, It is difficult to see the stitches with dark colors. Sports (#3) or Worsted (#4) weights are easier to work with for beginners; D/E hooks for sports Wt, G/H for worsted WT.

Directions: St. Vincents, 138 Washington Ave., Cobleskill, NY- downstairs except for 9/18 and 10/16 which will be in the Quiet Room

## TH42 Fall Arrangement with Cross Hill Heirlooms

**Thurs, Sept 18, 1:30 - 3 pm**

*Jenna Malette King*

116 France Lane, Cobleskill

RSVP by 9/4/25

Max 10

Cross Hill Heirlooms specializes in custom floral designs, using locally-sourced foliage and blooms whenever possible. Owner/designer Jenna Malette King invites you to learn some design strategies and take home a beautiful fall table centerpiece which you will create. Jenna will share her secrets of floral design structure and core elements such as color, rhythm, balance, and the "magic" of odd numbers. Your design will use local fall foliage and blooms and may incorporate some pods or other locally grown items of interest like pumpkins on a stick. Let Jenna help you create a beautiful, natural arrangement that will enliven your home with fall color.

Bio- After starting out in landscaping and heirloom vegetable gardening, Jenna earned her certification from the Floral Design Institute. She has been owner and designer at Cross Hill Heirlooms for five years.

Participants should bring: Bring pruners or scissors you like to work with.

**Fee:** \$10 per person; Payable to SCHOOL. Sign up and pay by 9/4/25. No refunds after that date.

Directions: 116 France Lane, Cobleskill, NY 12043

## **TH43 Writing Your Memories**

*Beth Cash. LMHC*

**Thurs, Sept 18, 25, Oct 9, 16, 11:00 - 12:15**

CUMC Library

*Min 4 / Max 10*

What are the stories that you would like to tell? People who follow you will be able to determine where you lived and when you were born but only you can tell your stories. This course will help you focus on two or three stories and write them so that they are finished. There will be suggestions on what to write and opportunities to read your writing aloud if you wish.

Bio: Beth Cash has been teaching in the SCHOOL program since 2018. She is a retired therapist and educator. Beth loves writing and helping others love writing too.

Participants should bring: Notebook and pen or pencil

Directions: Cobleskill United Methodist Church, 107 Chapel Street, Cobleskill, NY

## **TH44 Hiking the Long Path**

*Steven Babbitt*

**Thurs, Sept. 25, 4:30 - 6 pm**

Schoharie Library

Join Steve as he takes you on a visual journey of the Long Path, a 358-mile trail running from New York City to the Helderbergs in Albany County, with nearly 60 miles traversing southern Schoharie County. He will offer a visual tour of the local portion of the Long Path, highlight areas of interest on other sections, show how you can plan your excursions along different parts of the Path (parking, connections, camping, day vs multi-day hikes), and discuss the complications that long distance trails through private and public lands pose.

Bio- Serves on the Board of Directors for the Long Path North Hiking Club, leads hikes in the area, and is a trail maintainer for the Long Path segment near West Fulton. He is an avid walker, hiker, and bike enthusiast who enjoys exploring our byways and trails.

Directions: Schoharie Library, 103 Knowler Ave., Schoharie, NY

## **TH45 Fall Splendor at Spruce Lake**

*Carolyn & Charles Melszer*

**Thurs, Oct 2, 10:00 am - noon**

Near Summit, NY

*Raindate: Oct.7, 10-12*

Spruce Lake in Summit is spectacular in the fall. The colors are vibrant and the lake is very peaceful. You can walk along the lake on a seasonal road & back (about 2 miles, and mostly flat) or continue on the 3 1/2 mile loop along Mud Lake Road (Yes, there is a Mud Lake). The loop has some hill climbing but will be worth it.

Participants should bring water and wear hiking boots or good sneakers.

Directions: Meeting point and directions will be provided to participants prior to the event.

## **TH46 How Did You Come Up With That?**

### **Fun Facts Found Researching Historical Novels**

***Thurs, Oct 2, 4:30 - 5:30 pm***

*Chris Keefer*

Carlisle Town Hall

Historical mystery writer, Chris Keefer, dishes the fun of researching the past, how to go about that, and blending fact with fiction to create a believable story. Program good for writers and readers alike.

Bio- Author of the Carrie Lisbon series including *No Comfort for the Undertaker*, *Tragedy's Twin*, and *Find Your Way to My Grave*.

Participants should bring notetaking supplies if desired.

Directions: Carlisle Town Hall, 541 Crommie Road, Carlisle, NY 12031

## **TH47 Voting Rights for Immigrants**

***Thurs, Oct 9, 4:30 - 6:30 pm***

*Dr. Sal Rivera PhD*

SUNY Cobleskill- Room TBD

Voting Rights for Immigrants will examine the struggle to provide the undocumented with a voice. Up until 1920 the undocumented could vote, but this was done away with during the so-called "reforms" of that era. Today, San Francisco is one of the few cities to grant this right.

Bio- SUNY Professor of History and Sociology for 32 years. Professor Rivera has authored numerous articles, book reviews, one book on Latin America and is preparing a second book for publication

## **TH48 Computer Fundamentals and Security**

***Thurs, Oct 16, 23, 1:00 - 2:00 pm***

*Stephanie Palmer & Jesse Valhos*

Cornell Cooperative Extension Cobleskill

Students will learn the skills necessary to use their computer effectively such as cyber hygiene, navigating office suites, the dangers of public Wi-Fi, file management, and password management. Additionally, a good portion of the class time will be spent answering student questions so please come prepared with a computer and questions!

Bio- Jesse Valhos is an IT professional currently employed as a Technology Generalist at the Bank of Richmondville. Stephanie Palmer works as the Chief Information Security Officer and IT Manager for the Bank of Richmondville.

Participants should bring: Pen, questions, and optionally their laptops.

Directions: CCE, 173 South Grand Street, Cobleskill, NY

## **TH49 Southern Indian Cooking- Desserts**

*Fr. Joseph Arockiasamy*

**Thurs, Oct 23, 4 - 7 pm**

St. Vincent's Kitchen

*Min 3 / Max 10*

Join Chef/Fr. Joe as he continues to expand our knowledge and enjoyment of Southern Indian Style cooking with the most excellent dessert called Halwa- South Indian Style. He says "if you taste it you will never put it down or you will clean your plate!"

Bio- Roman Catholic priest for over 40 years; Taught to cook by his Mom in India.

Participants should bring: An apron

**Fee:** \$5 per person; Payable to instructor for supplies.

**Directions:** St. Vincent's, 138 Washington Ave., Cobleskill, NY

## **TH50 Capital Coral Reefs Tour**

*Dr. Michael Gerdes*

**Thurs, Oct 30, 10 am - noon**

Albany, NY

*Min 6 / Max 15*

Welcome to the world of Coral Reefs! Capital Corals INC, located in Albany, NY is one of NY's premier coral research facilities and coral aquaculture farms. During the visit, you will get an overview of the wonderful world of coral reefs with dive footage from two of our teams' field excursions along with a brief lecture describing the fate of coral reefs and efforts being undertaken to protect and preserve them. During the second part of the visit, you will learn about how our team is investigating unique chemicals produced by the corals as potential therapies for human diseases. Plenty of time will be allowed for viewing our extensive collection of live corals and reef displays.

Bio- Dr. Gerdes is a cell and molecular biologist with a doctorate degree from Baylor College of Medicine. His broad background encompassing genetics and animal models, cellular interactions, developmental and reproductive biology, and cancer all contribute to his work in coral biology, as mechanisms are conserved throughout evolution. He has over 20 issued patents from the USPTO, 35 peer reviewed publications, and has been funded by the National Institutes of Health, the National Institute of Justice, and NOAA/CT Seagrant.

In 2017 he changed research directions and founded the Credabel Coral Lab in New London, CT and then subsequently founded CapitalCorals INC in Albany, NY in 2020. He is working on several lines of research with a strong student intern program with students from across the country.

**Directions:** CapitalCorals Inc. 20 Colvin Avenue, Albany, NY 12206

Please use parking spots directly in front of the building (7 cars), or behind their building. Please refrain from parking in the large lot adjacent to their property.

## **TH51 VV - Journey Out West (SD and CO)**

***Thurs., Nov. 6, 10 - 11:30 am***

*Beth Brandel*

ZOOM

We want to share our love of travel with our grandchildren, Alexander 11 & Katherine 8. We will drive together, this summer, to the Corning Glass Factory, Niagara Falls, drive through Canada to Dearborn, MI (Ford Museum) to Upper Michigan Lake Superior Painted Rocks National Seashore, through WI to MN - Mall of the Americas, Pipestone State Park, Brookings, SD where Beth grew up (and where A & K will meet a cousin for the first time), Badlands, Black Hills - Mt. Rushmore National Monument, Custer State Park, to Estes Park, CO, the entry to Rocky Mountain National Park. The trip will last 25 days and cover 2,716 miles

Bio- Seasoned traveler

## **TH54 Finding Valid Medical Information**

***Thurs., Nov. 13 and 20, 1 - 2 pm***

*Dr. Susan Emerson, MD*

ZOOM

Min 8

Medical chat is everywhere. Evaluating “reality” and relevance is similar to sorting out any information, but medical language can be confusing and the stakes for misapplying medical information can be much higher than for other topics. This course will discuss how, without going to medical school, one can evaluate medical expertise, fact-check a media statement, consider whether a true fact actually applies to you, identify red flags for misinformation whether due to misunderstanding, misstatement, wishful thinking, propaganda or knowing deception, and find some sources of generally valid medical information.

Bio- MD since 1994, board certified in Family Medicine since 1997 (and if you don't know what that means and whether it is relevant to this class, she hopes you attend!)

Participants should have a Zoom account, using a screen big enough to display slides at a size you can read.

## **TH55 Historic Apothecary Treatments**

***Thurs. Oct 23, 10 - 11 am***

*Ron Ketelsen*

ZOOM

Apothecary remedies refer to traditional medicinal preparations, often herbal or natural, that were historically dispensed by apothecaries. These remedies include a wide range of concoctions like tinctures, salves, teas, and other preparations aimed at addressing various ailments.

Many of these remedies are still used today for healing. In this presentation, we will look at many recipes that can still be used to treat everything from respiratory issues to nerve pain to colic using natural remedies that are just as good for your body as they are for the environment. We will share many of these recipes with you!

## TH56 The History of the Dollhouse

*Ron Ketelsen*

**Thurs. Nov 13, 10 - 11 am**

ZOOM

Dollhouses, initially known as "baby houses," evolved from elaborate display items for adults to educational tools and then to toys for children. Originating in 16th-century Europe, particularly Germany, they showcased wealth and domestic life, eventually becoming popular for children, especially those from wealthy families. Today, dollhouses are diverse, ranging from simple playhouses to elaborate collector's items, reflecting various styles and historical periods, with both children and adults enjoying them.

In this presentation, we will not only look at the history of dollhouses, but look into many different styles and designs, including many of the 50+ dollhouses owned by the Sharon Historical Society in Sharon Springs.

## TH57 Live Slave Narratives & Photographs: A Folk History of Slavery in the United States From Interviews with Former Slaves

*Ron Ketelsen*

**Thurs. Nov 20 10 - 11 am**

ZOOM

This presentation features live narratives from former slaves who resided in the U.S. The presentation is full of photographs of the former slaves and contains sensational first person narratives from those who were at one time enslaved in the United States of America. We will listen to life stories, recorded interviews and incredible vivid testimonies of former slaves from the American southern states, including photos of the people being interviewed and their extraordinary narratives. These narratives, ranging from sorrowful recollections to moments of triumph, provide a multifaceted understanding of the complexities of slavery. They shed light on the resilience of individuals who, despite facing oppression and inhumanity, found ways to resist and forge paths toward freedom.





# FRIDAYS - FALL 2025

## **F58 Bridge - Learn and Play**

***Fri ongoing starting Sept 5, 10-noon***

Community Library- Program Room

*Sandy MacKay*

*Min 4*

Join our group to learn, relearn, or just to play Bridge. Bridge is FUN, and . . .  
Bridge is to all other card games as Chess is to Checkers – engage your brain!

Directions: Community Library, 110 Union Street, Cobleskill, NY

## **F59 Seed Saving for the Home Gardener**

***Fri Sept 5, 1 - 2:30 pm***

*Elizabeth Brown*

Cornell Cooperative Extension Cobleskill

*Min 3*

Do you want to expand your plant collection at minimal cost? Have a favorite tomato you'd love to grow again next year? Join Schoharie Master Gardeners for a fun workshop on how and why to save seeds to grow next season.

Directions: CCE Cornell Cooperative Extension, 173 S. Grand St Cobleskill NY 12043

## **F60 Civilian Response to Active Shooter Events**

***Friday, Sept 12, 19, 10: 00 - 11:30 am***

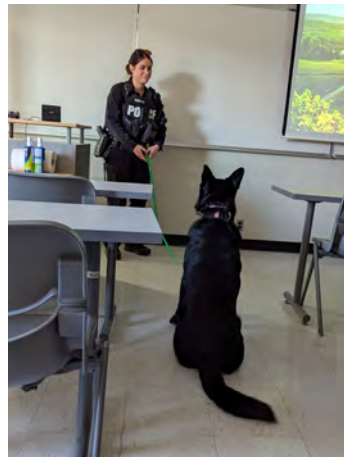
*UPD Chief William Henn*

SUNY Cobleskill- CANR or Curtiss Mott

The Civilian Response to Active Shooter Events (CRASE) course, designed and built on the Avoid, Deny, Defend (ADD) strategy developed by ALERRT in 2004, provides strategies, guidance and a proven plan for surviving an active shooter event. Topics include the history and prevalence of active shooter events, civilian response options, medical issues, and considerations for conducting drills. Participants in this four (4) hour Train-the-Trainer course will receive a manual and PowerPoint presentation suitable for use in their own presentations.

Bio- SUNY Cobleskill Chief of University Police with over 20 years in the field of Law Enforcement across 3 states. Police instructor for over 10 years who recently achieved Master Police Instructor. Teaching CRASE since 2020.

Directions: Participants will receive directions once the room is determined.



## **F61 Learning about Past Life Regression Using Hypnosis**

***Fri, Sept 12, 19, 1:30 - 3 pm***

*Susan M Cimino-Cary*

ZOOM

Explore how hypnosis can be used to explore past lives. I will even share a past life experience a friend of mine had about my husband (in this life) and me, which took place several hundred years ago.

Bio- Susan was a Social Worker for 30+ years. She is a certified hypnotist and performs hypnosis and Reiki.

## **F62 VV - Northern Thailand's Caves, Food, and Culture**

***Fri, Sept 26, 1:00 - 2:30 pm***

*Emily Davis & Mike Warner*

CCE Cobleskill

Travel with us on our adventures for a month in Northern Thailand!

Bio- Cave explorers and vagabonds

Directions: CCE Cornell Cooperative Extension, 173 S.Grand St Cobleskill NY 12043

## **F63 Fall Walk Through Ann Lee Pond Nature & Historic Preserve**

***Fri, Oct 10, 1 - 3 pm***

*Chris Cash*

Ann Lee Pond, near Albany Airport

Come 'peak' at the color changes of Fall during a nature walk along the paths around Ann Lee Preserve, including the pond and Shaker buildings. We'll be identifying some plants (including some pinxters) and trees, and listening to the melodies of the birds. The basic hike is between 1 to 2 miles.

Bio- Retired SUNY Professor of Plant Science with decades of experience.

Participants should bring walking shoes, bug spray, sun protection, water bottle; must have ability to walk through wood lots and wet areas

Directions: 12 Airline Drive Albany ,N.Y., near Albany Airport and Shaker Village

Participants will need to self transport to site or carpool



## F64 PROVINCIAL French Cuisine

*Jeannette Balins*

***Fri, Oct 17, 12:30 - 5 pm***

Worcester, NY

RSVP by 10/1/25

*Min 5 / Max 10*

This menu reflects the type of food popular in Provincial France:

"Frisee aux Lardons" (Curly Endive and Bacon Salad)

"Soupe au Pistou" (Vegetable Soup with Garlic, Basil and Tomato)

"Coq au Vin" (Chicken simmered in Red Wine with Onions and Mushrooms)

"Clafoutis aux Cerises" (Sweet Cherry Cake)

Bio- Formerly chef/owner of A Taste of Europe

Participants should please bring an apron and small containers for the samples you will take home

**Fee:** \$30 per person; Payable to SCHOOL. Sign up and pay by 10/1/25. No refunds after that date.

Directions: 2607 County Hwy 39, Worcester

## F65 Verlaine - The Number Wisdom Connection

*Carol Sarcona*

***Fri, Oct 24, 1 - 3 pm***

Stamford Library

*Min 3 / Max 10*

Have you ever strived towards developing, and achieving, a more focused, inspirational direction through your journey of life? Carol will present an Exploration of the Field of Continuous, Creative Intelligence. She will discuss the significance of numbers as "doorways" leading to a deeper, more insightful understanding of the mundane and soul level qualities of harmony and balance in our lives. She will spend time on a review of the year 2025 as well as looking ahead at what your personal numbers hint about the year 2026.

Bio- Carol attended, as well as participated, in various programs of the Theosophical Society, NYC. For over six years, she has been an ongoing program presenter at Stamford Village Library.

Participants should bring writing materials.

Directions: Stamford Library, 117 Main St. Stamford ,N.Y.

Participants will need to self transport or carpool



## **F66 Ghosts of New York State**

*Heather Johnson*

***Fri, Oct 31, 1 - 3 pm***

**ZOOM**

*Min 4*

Many of us have experienced inexplicable occurrences involving people or animals who have already left this stage of life. My daughter had a woman in an old-fashioned blue dress who came to talk and read with her. Let's read various New York State ghost tales found in one of several books you can discover at used book stores, and be ready for goose bumps as we share those stories as well as our own. We'll also talk about possible explanations. So, find a book of ghost stories from New York State at your local library or a used bookstore and be ready to share a story or two during our class meeting.

Bio- Masters Degree plus 60 hours in education.

Participants should bring: A book of ghost stories from New York State

## **F67 Five Rivers Environmental Hike**

*Kathy Livingston*

***Fri., Nov. 7, 1 - 3 pm***

**Delmar, NY**

Raindate- TBD

*Min 2*

Join us as we visit the Five Rivers Environmental Education Center! It is a living museum near Delmar, NY, comprising over 450 acres of fields, forests, and wetlands. With over 10 miles of trails for exploration, Five Rivers fosters discovery, spiritual refreshment and physical fitness through wholesome year-round outdoor recreation.

We will hike the pond area looking for migrating birds, as well as the old orchard, marsh, and old fish stocking areas. Time can then be spent inside the Educational Center looking at the exhibits, photography display, and resident wildlife ambassadors.

Bio- In recognition of outstanding interpretive programming, the National Park Service has designated Five Rivers a National Environmental Study Area.

Participants should dress for the weather.

Directions: Five Rivers Environmental Education Center is located in Delmar, NY, at 56 Game Farm Road. See Google Maps and enter your address for step by step directions to Five Rivers. The property is located at 42.608676°N, 73.889757°W.

No pets.





## **F68 DECK-A-DANCE:**

### **Finding Your Own Intuitive Voice with Oracle Cards**

***Fri., Nov. 14, 10 - 1 pm***

*Corbie Mitleid*

CCE Cobleskill

*Min 6 / Max 16*

Tarot is the most well-known divination system in use today, with thousands of volumes, courses, and instructors. But what do you do with the new Oracle decks that have nothing to do with standard Tarot archetypes? Because there is no 'tradition' associated with them, there's no standard way to read them.

That's where the adventure begins. Come join internationally-acclaimed psychic medium and Certified Tarot Master Corbie Mitleid to discover how to tap into your own intuitive voice through these non-traditional decks. No experience required – just an open mind and an ability to think outside the (card) box!

Participants should bring: One NON TAROT based deck – usually called Oracle Decks, and a journal if they like.

Directions: CCE Cornell Cooperative Extension, 173 S.Grand St, Cobleskill NY 12043

## **F69 Narcan: Everything You Want (and Need) to Know**

***Fri., Nov. 14, 1:30 - 2:45 pm***

*David DeSando R.Ph.*

CCE Cobleskill

Narcan can help someone survive an opiate overdose. Hospital Pharmacist David DeSando will teach you how and when to administer this life-saving drug. Did you know you can obtain Narcan for free? You will learn how to obtain it so that you can show others where to get it in case someone they know may benefit from having it available.

Bio- David DeSando is a Hospital Pharmacist with over 25 years of experience in a clinical setting.

Participants should bring paper and pen

Directions: CCE Cornell Cooperative Extension, 173 S.Grand St, Cobleskill NY 12043

## **F70 VV - Seeking Sunshine- Florida, Caribbean Cruise & Mexico**

***Fri., Nov. 21, 10 - 11: 30 am***

*Beth Brandel*

ZOOM

When we travel to an area, we prefer to spend more than one week. We are retired, right? In March, 2025, we spent one week at a timeshare in Hollywood, FL (right on the boardwalk!), one week on an MSC cruise - Puerto Rico & Jamaica / Vegan seminars (1,500 Vegans and 3,500 carnivores onboard) and one week in our timeshare at the Occidental Xcaret resort in Riviera Maya, with our daughter Julia, where monkeys swing in the trees! We enjoyed beautiful scenery and pleasant temperatures!

Bio- Seasoned traveler

# SUNDAYS - FALL 2025

## **SUN71: Revolutionary War Flags and the Evolution of the American Flag**

**SUN, Sept 7, 2:00 - 3:00 pm**

*Pam & Jeff O'Connor*

Carlisle Town Hall

This year is the 250th Anniversary of the battles of Lexington and Concord which marks the start of the American Revolution. Come see a display of replicas of over two dozen flags associated with the evolution of the American flag and the Revolutionary War. Listen to Jeff and Pam O'Connor discuss the backgrounds, meaning, and uses of each flag - some may not be what you thought they were!

Bio: Pam O'Connor has a long association with local historical organizations, including the Richmondville, Cobleskill, and Schoharie County Historical Societies, and notably working on the Educational Committee of the SCHS that organized the interpretive displays and programs of the One-Room Schoolhouse at the Old Stone Fort Museum. She currently makes authentic historical flag reproductions and a few of her flags can be seen on HBO's *The Gilded Age* and Amazon Prime's *Fallout*.

Participants should bring your own chair and dress for the weather.

Directions: Carlisle Town Hall, 541 Crommie Road, Carlisle, NY 12031

## **SUN72: Cobus Kill Battlefield Guided Walking Tour**

**SUN, Sept 21, 2:00 - 4:00 pm**

*Jeff O'Connor*

Cobleskill Creek Trail parking lot, Warnerville, NY

Take a guided Walking Tour of the regionally significant Revolutionary War battlefield where Mowhak War Captain Joseph Brant routed a mixed force of Continental and Cobus Kill militia on May 30 1778. The battle was partially fought on SUNY Cobleskill Property in Warnerville, on the old Warner Family farm. Included on the tour loop are key elements of the battle, such as the Warner house site that played a critical role at the beginning and final stages of the battle.

Throughout the tour, descriptions of the participants and leaders, their relative experience, strengths, and composition of the combatant will be presented. Within the battle narrative is a full immersion into 18<sup>th</sup> century warfare practices, especially as they were implemented on the wooded frontier. The Battle of Cobus Kill was the first of the so-called "Border Wars" of New York during the American Revolution and a brutal harbinger of things to come. It set the stage for a bloody exchange of attacks through the war that nearly depopulated the Schoharie and Mohawk Valleys and destroyed much of the Haudenosaunee (Iroquois Six Nations) country. The tour ends with a visit by car to the likely ambush site about a mile west.

Bio: Jeff O'Connor has been researching and writing about local colonial and Revolutionary War history for 30 years and leading historical tours for 10 years. He is the author of *The Old Stone Fort - Guardian of Schoharie County History Since 1772* and the three-part series entitled *Skohere and the Birth of New York's Western Frontier (Volume I: 1609 - 1686 ; Volume II: 1687 - 1703 ; Volume III: 1703 - 1731)*. He has also served several terms on the Board of Trustees for the Schoharie County Historical Society.



Participants should wear comfortable shoes, dress for the weather, and bring a water bottle. Most of the walking is on pavement or farm road, but there is a short walk up a grassy hill. Tour loop is about 1.5 miles with stops.

**Fee:** \$8 per person; Payable to SCHOOL. Sign up and pay by 9/3/2025. No refunds after that date.

Directions: Meet at Cobleskill Creek Trail parking lot off the Warnerville Cut-off in Warnerville.

## **SUN73: WICKED at Proctors**

*Kathy Livingston & Rosemarie Keller*

RSVP by Oct. 1, 2025

**SUN. Nov 9, 2 pm show**

Proctors Theater, Schenectady

*Max 10*

From the first electrifying note to the final breathtaking moment, WICKED—the untold true story of the Witches of Oz—transfixes audiences with its wildly inventive story.

WICKED, Schenectady's most "popular" musical, looks at what happened in the Land of Oz...but from a different angle. Long before Dorothy arrives, there is another young woman, born with emerald-green skin—smart, fiery, misunderstood, and possessing an extraordinary talent. When she meets a bubbly blonde who is exceptionally popular, their initial rivalry turns into the unlikeliest of friendships...until the world decides to call one "good," and the other one "wicked."

Bio- Based on the critically acclaimed novel by Gregory Maguire, Wicked explores the foundation of the Oz legend (the action takes place way before the arrival of Dorothy and her pooch Toto), what made Glinda and Elphaba become the icons of good and bad, and whether all is what it appears to be in later Oz stories.

**Fee:** Seats: There are 5 great balcony seats available: \$130 for members/ \$140 for guests. There are 5 lower level left seats available: \$55 for members / \$60 for guests. Sign up and pay by 10/1/2025. No refunds after that date.

This is a 'drive yourself' event. Please arrive at least 45 minutes early to allow for parking and finding your seat.

Directions: Proctor's Theater, 432 State Street, Schenectady, NY



## **SUN74: SOUND OF MUSIC at Proctors**

*Kathy Livingston & Rosemarie Keller*

RSVP by Feb. 1, 2026

**SUN. Mar. 22, 2026, 2 pm show**

Proctors Theater, Schenectady

*Max 10*

THE SOUND OF MUSIC is the iconic true tale of a spirited nun who chooses not to live behind closed doors – and, by following her heart, learns to climb every mountain. For 65 years, THE SOUND OF MUSIC has been one of our “favorite things.”

With its timeless story and irresistibly charming score, this Rodgers & Hammerstein classic isn't just meant to be enjoyed – it's meant to be shared. Now, a critically acclaimed North American tour brings the cherished musical to stages across the country to teach a new generation to sing.

Directed by three-time Tony Award® winner Jack O'Brien (Hairspray), this vibrant and romantic tale of Maria and the von Trapp family will captivate audiences with its universal themes of love, resilience and the power of music.

THE SOUND OF MUSIC features music by Richard Rodgers, lyrics by Oscar Hammerstein II, and book by Howard Lindsay and Russel Crouse, suggested by The Trapp Family Singers by Maria Augusta Trapp.

**Fee:** Seats: There are 5 great balcony seats available: \$108 for members/ \$115 for guests. There are 5 lower level left seats available: \$50 for members / \$55 for guests. Sign up and pay by 2/1/2026. No refunds after that date.

This is a 'drive yourself' event. Please arrive at least 45 minutes early to allow for parking and finding your seat.

Directions: Proctor's Theater, 432 State Street, Schenectady, NY



## Consolidated Fall 2025 SCHOOL Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
10am	<p>Write Your Joys, Fears and Challenges for Healing and Mental Health - Mon., Sept. 15, 10:30 am - 12:00 noon</p> <p>Home Composting Presentation &amp; Demonstration Tour - Mon., Sept. 22, 10:00 am - 12:00 noon</p> <p>Functional Integrated Training - M/W Sept. 29, Oct. 1, 6, 8, 10:00 - 11:00 am</p> <p>Foraging in the Northeast - An Introduction - Mon., Oct. 20, 10:00 - 11:30 am</p>	<p>Confident Beginners Quilt Class - Tues., ongoing, 10:00 am - 4:00 pm</p> <p>Preventing Bird-Window Collisions - Tues., Sept. 2, 10:00 - 11:00 am</p> <p>It's Not Your Grandmother's DAR! - Tues, Sept. 16, 10:30 - 11:30 am</p> <p>Small Community, Big Ideas: Greater Oneonta - Tues., Sept. 30, 10:00 - 12:00 noon</p> <p>Contemporary Poetry - Tues., Oct. 14, 21, 28, 10:00 - 11:30 am</p> <p>VV -Gullah Geechee Culture (African American Slavery) - Tues., Nov. 11 - 10:00 - 11:30 am</p> <p>Line Dancing for Mental health and Fun!,- Tues., Nov. 18, 10:00 - 11:30 am</p>	<p>Art Talks - Wed., Sept. 10, 17, 10:00 - 11:00 am</p> <p>Honest Weight Food Coop Shopping Tour - Wed., Sept. 24, 10:00 am - 12:00 noon</p> <p>Functional Integrated Training - M/W Sept. 29, Oct. 1, 6, 8, 10:00 - 11:00 am</p> <p>Historic Blenheim Covered Bridge Replacement - Wed., Nov. 12, 10:00 am - 12:00 noon</p>	<p>Art Talks - Thurs., Sept. 25, 10:00 - 11:00 am</p> <p>Fall Splendor at Spruce Lake - Thurs., Oct. 2, 10:00 - 12:00 noon</p> <p>Historic Apothecary Treatments - Thurs., Oct 23, 10:00 - 11:00 am</p> <p>Capital Coral Tour - Thurs., Oct. 30, 10:00 am - 12:00</p> <p>VV - Journey Out West (SD and CO) - Thurs., Nov. 6, 10:00 - 11:30 am</p> <p>The History of the Dollhouse - Thurs., Nov. 13, 10:00 - 11:00 am</p> <p>Live Slave Narratives and Photographs - Thurs., Nov. 20, 10:00 - 11:00 am</p>	<p>Bridge - Learn and Play - Fri., ongoing 10:00 am - 12:00 noon</p> <p>Civilian Response to Active Shooter Event - Fri., Sept. 12, 19, 10:00 - 11:30 am</p> <p>DECK-A-DANCE: Finding Your Own Intuitive Voice with Oracle Cards - Fri, Nov. 14, 10:00 am - 1:00 pm</p> <p>VV - Seeking Sunshine - Florida, Caribbean Cruise &amp; Mexico - Fri., Nov. 21, 10:00 - 11:30 am</p>	
11am			<p>Weatherization Workshop - Wed., Sept. 10, 11:30 am - 1:30 pm</p> <p>Rev. War Veterans of Stamford - Wed, Oct 1, 11:00 - 12</p> <p>Healthy Lifestyle in Addition to Healthy Diet - Wed. Nov. 19, 11:00 - 1:00</p>	<p>Kaaterskill Falls Hike - Thurs., Sept. 4, 11:00 am - 2:00 pm</p> <p>Writing Your Memories - Thurs., Sept. 18, 25, Oct. 9, 16, 11:00 am - 12:15 pm</p>		
12pm	<p>Women in Wars - Mon., Nov. 24, 12:00 noon - 1:30 pm</p>	<p>Cultivating Mindfulness and Practicing Meditation - Tues., Sept. 9, 16, 23, 30, 12:00 noon - 1:00 pm</p>	<p>CLASSIC French Cuisine - Wed., Oct. 22, 12:30 - 5:00 pm</p> <p>Tapas - Wed., Oct. 29, 12:30 - 4:00pm</p>		<p>PROVINCIAL French Cuisine - Fri., Oct. 17, 12:30 - 5:00 pm</p>	
1pm	<p>Beginner Spanish - Mon., Sept. 22, 29, Oct. 6, 20, 27, Nov. 3, 17, 24, 1:30 - 3:00 pm</p>	<p>Conversational Spanish - Tues., Sept. 23, 30, Oct. 7, 14, 21, 28, Nov. 4, 11, 1:30 - 3:30 pm</p>	<p>Origin's Cafe and Tour of Carefree Gardens - Wed., Sept. 3, 1:00 - 3:00 pm</p>	<p>The Complex Relationship of Europeans and Native Americans - Thurs., Sept. 11, 1:30 - 3:00 pm</p>	<p>Seed Saving - Fri., Sept. 5, 1:00 - 2:30 pm</p> <p>Learining about Past Life Regression Using Hypnosis - Fri., Sept. 12, 19, 1:30 - 3:00 pm</p>	

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1pm cont.		<p>Women in Wars - Tues., Sept. 2, 1:00 - 2:30 pm</p> <p>Willie Wildlife Marsh Hike - Tues., Nov. 4, 1:00 - 3:00 pm</p> <p>Maintaining &amp; Optimizing Your Computer's Performance - Tues., Nov. 18, 1:00 - 2:30 pm</p>	<p>Schoharie County's Chocolate Jumbles - Wed., Oct 15, 1:00 - 3:00 pm</p> <p>Native Stories of Our Past - Wed., Oct. 15, 1:00 - 4:00 pm</p> <p>Soap-making 101 - Wed., Nov. 12, 1:00 - 2:30 pm</p>	<p>Fall Arrangement with Cross Hill Heirlooms - Thurs., Sept. 18, 1:30 - 3:00 pm</p> <p>Crochet Class or Away We Crochet - Thurs., Sept. 18, 25, Oct. 2, 9, 16, 23, 30. Nov 6, 1:30 - 3:00 pm</p> <p>Computer Fundamentals and Security - Thurs., Oct. 16, 23, 1:00 - 2:00 pm</p> <p>Finding Valid Medical Information - Thurs., Nov. 13, 20, 1:00 - 2:00 pm</p>	<p>VV - Northern Thailand's Caves, Food, and Culture - Fri., Sept 26, 1:00 - 2:30 pm</p> <p>Fall Walk Through Ann Lee Pond Nature Preserve - Fri., Oct. 10, 1:00 - 3:00 pm</p> <p>Verlaine - The Number Wisdom Connection - Fri, Oct 24, 1:00 - 3:00</p> <p>Ghosts of NYS - Fri., Oct 31, 1:00 3:00 pm</p> <p>Five Rivers Environ. Hike - Fri., Nov. 7, 1:00 - 3:00</p> <p>Narcarn: Everything You Want (and Need) to Know - Fri., Nov. 14, 1:30 - 2:45 pm</p>	
2pm			<p>Make History Come Alive Through Song - Wed., Sept. 10, 2:00 - 3:15 pm</p> <p>Sparkling Wisdom: Explore the World of Gems, Jewelry and Design - Wed., Sept. 17, 2:00 - 4:00 pm</p> <p>Dig Lit - Computer Basics - Wed., Oct 1, 2:00 - 3:30 pm</p> <p>Dig Lit - Internet Basics - Wed., Oct 8, 2:00 - 3:30 pm</p>			<p>Revolutionary War Flags and the Evolution of the American Flag - Sun., Sept. 7, 2:00 - 3:00 pm</p> <p>Cobus Kill Battlefield Guided Walking Tour - Sun., Sept. 21, 2:00 - 4:00 pm</p> <p>Wicked at Proctors - Sun, Nov 9, 2:00 pm</p> <p>The Sound of Music at Proctors - Sun, Mar. 22, 2026, 2:00 pm</p>
3pm	<p>Dig Lit - Word Basics - Mon., Oct. 20, 3:30 - 5:00 pm</p> <p>Create Your Own Video - Mon., Nov. 3, 3:30 - 5:30 pm</p>		<p>Reducing Your Household Carbon Impact - Wed., Sept. 24, 3:30 - 4:30 pm</p> <p>History of American Thanksgiving - Wed., Nov. 19, 3:00 - 4:00 pm</p>			
4pm-7pm	<p>History of Halloween - Mon., Oct. 27, 4:00 - 5:00 pm</p>	<p>The Cause for Newspaper Decline that Nobody's Talking About - Tues., Sept. 9, 5:00 - 7:00 pm</p> <p>Journey Reimagined: How to slow your biological age - Tues., Oct. 21, 28, Nov 4, 11, 4:30 - 6:00 pm</p>		<p>How Did You Come Up With That? Res. Historical Novels - Thurs., Oct. 2, 4:30 - 5:30 pm</p> <p>Voting Rights for Immigrants - Thurs., Oct. 9, 4:30 - 6:30 p</p> <p>Southern Indian Desserts - Thurs., Oct. 23, 4:00 - 7:00 pm</p> <p>Hiking the Long Path - Thurs., Sept. 25, 4:30 - 6:00 pm</p>		

## Other Courses Sponsored by Local Libraries, etc.

### *At the Community Library, Cobleskill*

Recently certified Senior Planet Trainer, Library Director, Kim Zimmer, will be offering lectures and courses throughout the year. Programs are for 50+, registration through the library is required, and you can opt out of communication from Senior Planet/AARP. Senior Planet from AARP classes, articles, videos and activities help older adults learn new skills, save money, exercise, make new friends and so much more. Senior Planet programs are designed around five impact areas: financial security, social engagement, creative expression, health and wellness, and civic participation. All five areas represent opportunities in the lives of older adults where technology can have a transformative effect.

#### **Senior Planet: Intro to Photo Editing Tools**

**Wednesday, August 20 at 6pm**

Blurry vacation photos? Random people in the background? Come learn about photo editing tools and how they can enhance your photos! In this lecture, you'll get an overview of what photo editing tools can do as well as an introduction to easy-to-use photo editing apps. You'll be on your way to "photoshopping" with these popular free apps! An AARP program for adults.

#### **Senior Planet: Intro to Smartphone Photography**

**Wednesday, August 13 at 6pm**

Interested in learning more about your smartphone camera? In this lecture, we'll discuss common camera icons on Android and iPhone devices, simple editing tools, managing and sharing your photos, and editing date and location details on your phone. We'll also go over how to check your camera settings so that it can scan QR codes. Say cheese! Learn more about your smartphone's camera. An AARP program for adults.

#### **Senior Planet: Digital Scrapbooking Tools**

**Wednesday, August 27, 6pm**

Do you like scrapbooking but want a more convenient way to organize and arrange your photos and mementos? Come learn about these digital scrapbooking tools that make it easy to digitize your memories. In this lecture, you'll get an overview of a few different tools that make it easy to create, share, and print your scrapbooks. You'll also learn about common features across the different platforms. An AARP program for adults.

#### **Senior Planet: Virtual Museum Tours**

**Thursday, December 18 at 1pm**

Tour world famous museums from the comfort of your home! Did you know many of the world's leading museums have been making their collections and exhibits available to view virtually? In this lecture we'll explore some of these virtual galleries, as well as digital tools that help bring art, architecture, and history to life! An AARP program for adults.

### *At the Schoharie Library*

#### **Genealogy Workshop**

**September 16 at 3 pm**

-with Lisa Dougherty

See library website for details and registration

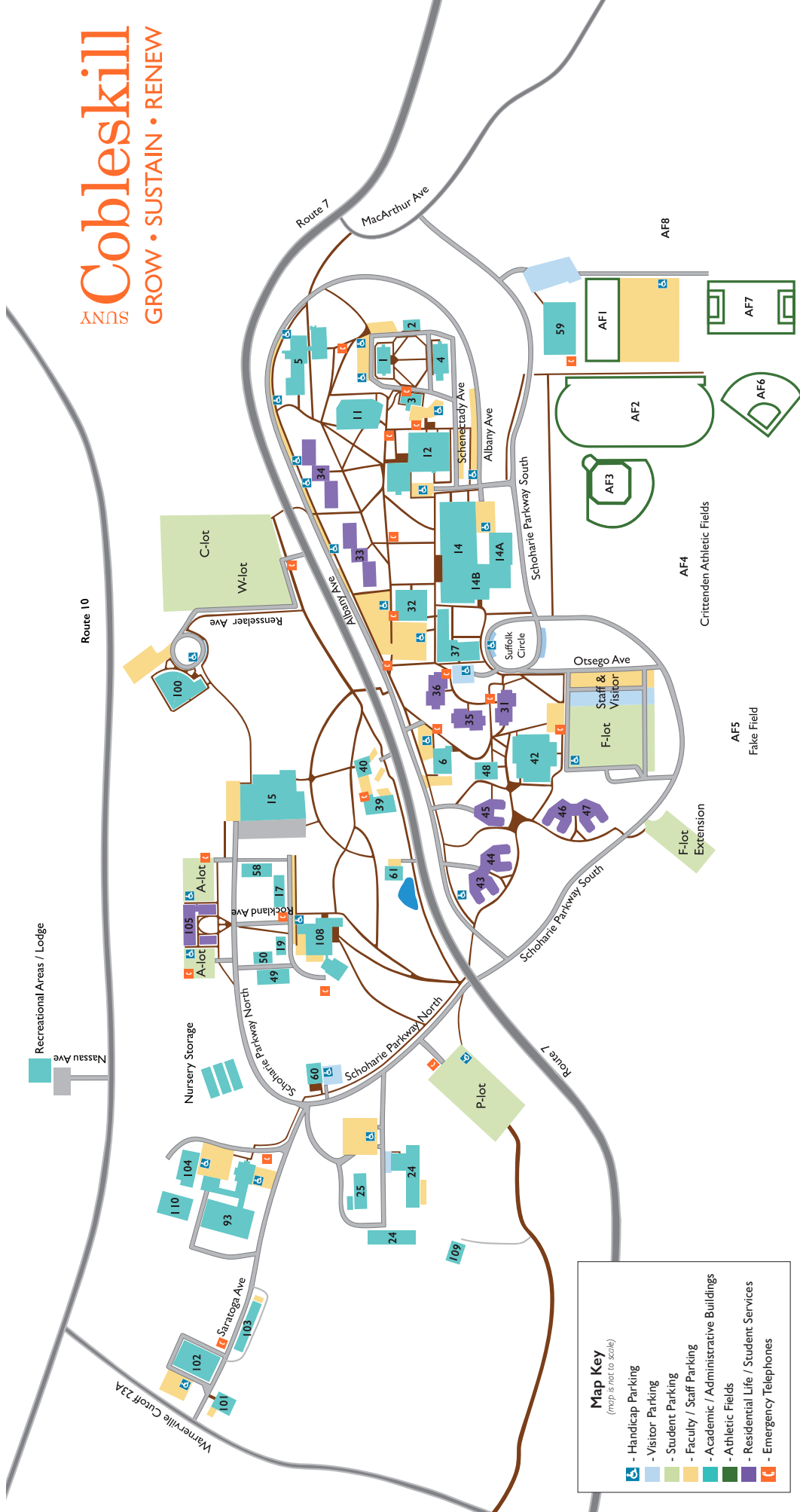
### *At the Schoharie United Presbyterian Church- 314 Main Str., Schoharie*

(presented by Schoharie County Arts)

#### **Classical Guitar Concert**

**October 10 at 7 pm**

-by virtuoso Peter Fletcher



- Alumni Commons (105)
- Alumni Hall (3)
- Animal Science A / Canine (19)
- Animal Science B / Livestock (50)
- Animal Science C / Livestock (49)
- Animal Science D / Canine Kennels (103)
- Animal Science E / Equine Classroom (101)
- Animal Science F / Equine Arena (102)
- Beard Wellness Center (6)
- Beef Cattle Barn (109)
- Bouck Hall (14)
- Bouck Pool (14A)
- Bouck Atrium / Ballroom (14B)
- Brickyard Point (48)
- Carriage House (60)

- Center for Agriculture & Natural Resources (108)
- Center for Environmental Science & Technology (104)
- Champlin Hall (42)
- Cobleskill Child Care Center (100)
- Curtis Mott Hall (15)
- Dairy Complex (93)
- Davis Hall (43)
- Dix Hall (35)
- Draper Hall (36)
- Fake Hall (47)
- Farm / Horticulture Machinery (17)
- Friskie Hall (1)
- Heifer Barn (110)
- Hodder Garage (61)
- Home Economics Hall (2)

- Johnson Hall / University Police (39)
- Knapp Hall (37)
- Kniskern House (40)
- Mackey Service Building / Facilities (24)
- Neal Robbins Field House (59)
- Old Gym (4)
- Parsons Hall (44)
- Pearson Hall (31)
- Porter Hall (45)
- Prentice Hall (32)
- TenEyck Hall (46)
- Turf Grass (58)
- VanWagenen Library (11)
- Vroman Hall (33)
- Warehouse / Shipping & Receiving (25)

- Warner / Holmes Hall (5)
  - Wheeler Hall (12)
  - Wieting Hall (34)
- ATHLETIC FIELDS**
- Crittenden Athletic Fields (AF4)
  - Fake Field (AF5)
  - Lacrosse / Soccer Field (AF7)
  - Men's Baseball Field (AF3)
  - Practice Field (AF8)
  - Tennis Courts (AF1)
  - Track (AF2)
  - Women's Softball Field (AF6)