

## Consolidated Spring 2024 SCHOOL Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun.
9am	Wildflower Walk - <i>Mon, May 13 - 9:00 - 11:00 am</i>		Birdwatching (and Listening!) by Sight and Sound - <i>Wed, Apr 17 - 9:00 - 11:30 am</i>			
10am	Functional Integrated Training - <i>Mon/Wed, Apr 1, 3, 8, 10 - 10:00 - 11:00 am</i>  Decorative, Quilted Pot Holders - <i>Mon, Apr 15, 22, 29 - 10:00 - 11:30 am</i>  Introducing Heather Brooke Hill Clydesdales! - <i>Mon, June 10 - 10:00 - 11:30 am</i>  Cutler Botanic Garden - <i>Mon, June 17 - 10:30 am - 2:30 pm</i>	Confident Beginners Quilt Class - <i>Tues - ongoing - 10:00 am - 4:00 pm</i>  Cooperstown Gardens - <i>Tues, June 25 - 10:30 am - 2:30 pm</i>	Functional Integrated Training - <i>Mon/Wed, Apr 1, 3, 8, 10 - 10:00 - 11:00 am</i>  Seated Tai Chi - <i>Wed, March 13, 20, 27, Apr 3, 10, 17 - 10:00 - 10:45 am</i>  The Right Words at the Right Time - <i>Wed, Apr 24, May 1, 8 - 10:00 - 11:15 am</i>  Opioids/Addictions - <i>Wed, May 29 - 10:00 - 11:00 am</i>  Roses and More in Schenectady - <i>Wed, June 12 - 10:30 am - 2:30 pm</i>	Greenhouse Tour - <i>Thurs, Apr 4 - 10:00 - 11:30 am</i>  Explore Sharon Springs - <i>Thurs, June 27 - 10:30 am - 2:30 pm</i>	Bridge - Learn and Play - <i>Fri, ongoing - 10:00 am - 12 noon</i>  Fall Prevention from a PT's Perspective - <i>Fri, Apr 5 - 10:00 - 11:00 am</i>  Exploring the Relevance of Classical Music in the 21st Century - <i>Fri, Apr 12 - 10:00 - 11:00 am</i>  Try Your Hand at Playing the Accordion - <i>Fri, Apr 19 - 10:00 am - 12 noon</i>  Explore Middleburgh - <i>Fri, May 10 - 10:30 am - 2:30 pm</i>  Regional Indian Cuisine Lunch and Market Experience - <i>Fri, May 17 - 10:00 am - 2:00 pm</i>	Village of Middleburgh Historic Walking Tour - <i>Sat, Apr 13 - 10:00 am - 12 noon</i>
11am	Summit ad Hamlets - Then and Now - <i>Mon, May 6 - 11:00 am - 12:00 noon</i>  SCHOOL Annual Meeting and Reception <i>Mon, May 20- 11:30 am - 2:00 pm</i>	Beekman 1802 Farm Tour - <i>Tues, May 14 - 11:00 am - 1:00 pm</i>	Secrets of the Library Catalog and Website - <i>Wed, Feb 28 - 11:00 am - 12:30 pm</i>	Grow Your Own Culinary Herbs - <i>Thurs, May 2 - 11:00 am - 12:00 noon</i>  A Guided Tour of The NYS Capitol - <i>Thurs, May 9 - 11:00 am - 12:00 noon</i>		
12:00		Mindfulness and Meditation in Daily Life - <i>Tues, March 19, 26, Apr 2, 9 - 12:00 noon - 1:00 pm</i>  SUNY Dairy Barn Tour - <i>Tues, May 21 - 12:00 noon - 1:00 pm</i>	Blown-Glass Ornament - <i>Wed, Apr 10 - 12:00 noon - 1:00 pm</i>	Albany Pine Bush Hike - Lure of the Lupines - <i>Thurs, June 6 - 12:30 pm - 4:30 pm</i>		
1pm  (cont on back)	The Laws of Nature for Diet - <i>Mon, Apr 15 - 1:00 - 2:30 pm</i>  Verlaine - The Number Wisdom Connection - <i>Mon, Apr 22 - 1:00 - 3:00 pm</i>  It's Not Your Grandmother's Quilt Anymore - <i>Mon, Apr 29 - 1:00 - 2:30 pm</i>	Conversational Spanish Continued - <i>Tues, March 12, 19, 26, Apr 2, 9, 16, 23, 30 - 1:30 - 3:30 pm</i>  VV - Fabulous and Fouled-Up Visits to Scotland and Paris - <i>Tues, May 7 - 1:00 - 2:30 pm</i>  Medicinal Herbs - <i>Tues, June 4 - 1:00 - 4:00 pm</i>	Silver Screenings - <i>Wed, Feb 21, Mar 20, Apr 17, May 15 - 1:00 - 3:30 pm</i>  Understanding Alzheimer's & Dementia - <i>Wed, Mar 6 - 1:00 - 2:00 pm</i>  Libby for Overdrive - <i>Wed, Mar 27 - 1:00 - 2:30 pm</i>	Mahjong - <i>Thurs, ongoing - 1:00 - 4:00 pm</i>  Opus 40 Nature Hike - <i>Thurs, May 31 - 1:00 - 5:00 pm</i>	VV - Danube Waltz River Cruise - <i>Fri, March 22 - 1:00 - 2:30 pm</i>  Planning Healthy Meals - <i>Fri, Apr 5 - 1:00 - 4:00 pm</i>  Native Pollinators - Conservation and Challenges - <i>Fri, Apr 26 - 1:00 - 2:00 pm</i>	

1pm (cont)	Experience the Northeast Gardener's Garden - <i>Mon, June 3 - 1:00 - 4:00 pm</i>		Soap Making 101 - <i>Wed, May 1 - 1:00 - 3:00 pm</i>		Thacher Park Hikes - <i>Fri, May 3 - 1:00 - 5:00 pm</i>  Dr.Talk: Making the Most of Your Hospital or ER Experience - <i>Fri, May 24 - 1:00 - 3:00 pm</i>	
2 pm				History of Vaccines - <i>Thurs, May 2 - 2:30 - 4:00 pm</i>		Les Miserables at Proctors - <i>Sun, March 24 - 2:00 pm</i>  Jesus Christ Superstar at Proctors - <i>Sat, Apr 6 - 2:00 pm</i>  TINA - The Tina Turner Musical at Proctors - <i>Sat, Aug 3 - 2:00 pm</i>
3 pm				Internet Safety and Privacy - <i>Thurs, Apr 4 - 3:00 - 4:30 pm</i>  Understanding Cloud Storage and Google Drive - <i>Thurs, Apr 11 - 3:00 - 4:30 pm</i>  Smartphone Savvy - Editing & Organizing Your Photos (Androids & iPhones) - <i>Thurs, Apr 18 - 3:00 - 4:30 pm</i>  What is AI (Artificial Intelligence) and Where is it Heading? - <i>Thurs, Apr 25 - 3:00 - 4:30 pm</i>  The Men and Women Who Made Howe Caverns, 1830 - 2007 - <i>Thurs, May 23, 30 - 3:00 - 4:30 pm</i>		Beautiful - The Carole King Musical at The Rep - <i>Sat, Aug 10 - 3:00 pm</i>
4pm	A History of the Pavilion Hotel - <i>Mon, March 11 - 4:30 - 5:45 pm</i>  Even More NYS Lore! <i>Body, Boots and Britches</i> - <i>Thurs, March 14, Mon, March 18, 25 - 4:00 - 5:15 pm</i>  Green Roof - Living Roof - <i>Mon, Apr 15 - 4:30 - 6:00 pm</i>	Harriet Tubman - <i>Tues, March 12 - 4:30 - 5:45 pm</i>  Exploring Genes, Culture and AI in the Pursuit of Happiness - <i>Tues, May 7, 14, 21, 28 - 4:30 - 6:00 pm</i>	Recycling and Sustainability - <i>Wed, March 27 - 4:30 - 5:45 pm</i>  Democracy in the United States - <i>Wed, Apr 3, 10, 17, 24 - 4:00 - 5:30 pm</i>	Even More NYS Lore! <i>Body, Boots and Britches</i> - <i>Thurs, March 14, Mon, March 18, 25 - 4:00 - 5:15 pm</i>  Ready to Grow Your Best Garden - <i>Thurs, March 21 - 4:30 - 5:45 pm</i>  VV - Rhone River Cruise - <i>Thurs, March 28 - 4:00 - 5:30 pm</i>		
5 pm		How to Talk to Strangers - <i>Tues, March 19, 26, Apr 2 - 5:00 - 6:00 pm</i>  Staying Safe Online: Device Safety - <i>Tues, Apr 16 - 5:00 - 6:30 pm</i>	The Vietnam War Policy of Lyndon Johnson 1965-68 - <i>Wed, March 13 - 5:30 - 7:30 pm</i>	Basic Self Defense - <i>Thurs, May 16, 23 - 5:00 - 6:00 pm</i>  Staying Safe Online: Social Media Ins and Outs - <i>Thurs, May 30 - 5:00 - 6:30 pm</i>		