

Wednesdays

Gems and Jewelry

Al Smith

Wed Sept 8,15,22,29 3-4:30

The Gathering Place

As a graduate gemologist, Al will expand your knowledge of the 4C's of valuing diamonds. Additional topics will cover describing birthstone gems, and how jewelry is designed using CAD. We've added extra time so you can get your questions answered.

Max 30

Make It With Clay

Studio for Art and Craft

Wed Sept 8,15,22,29 noon - 1

576 Main St, Cobleskill NY

In this four-week class you will create your own charcuterie board with a dish and spoon and make two flower or gnome stakes – or one of each!

\$49 material fee payable to the Studio

Max 10

Mixed Arts

Studio for Art and Craft

Wed Oct 6,13,20,27 noon – 1

576 Main St, Cobleskill NY

In this four-week class we will make a fused glass tree, wood-burn a box, make a fused glass luminary, and glaze-pour a pottery piece.

\$49 material fee payable to the Studio

Max 10

Gift Making

Studio for Art and Craft

Wed Nov 3,10,17,24 noon – 1

576 Main St, Cobleskill NY

In this four-week class we will create projects that make great gifts using fluid-pour, hydro dipping, and fused glass techniques as well as paint pottery.

\$49 material fee payable to the Studio

Max 10

Wednesdays

Fit for Life

Travis Hyer

M/W Sept 13, 15, 20, 22 10-11

Power-Up Gym
1469 Rt 7 Richmondville

Group fitness training for seniors. The focus includes flexibility, balance, strength, endurance, agility, and functional training to improve overall health, fitness and performance. Fit for Life was designed to add both life to your years and years to your life with emphasis on maintaining and improving your independence during activities of daily living (squatting, pushing, pulling, lifting, etc.) as well as recreational activities such as hiking, golfing, traveling and biking. Following your 4 free sessions, you have the option of becoming a member (if you are not already) OR joining the Fit for Life 8-week program, or both.

Tai Chi

Kathryn Sorrentino

Wed Sept 29, Oct 6,13,20,27, Nov 3 9:30 – 10:15

Zoom

A gentle, low impact activity. Strength building for better balance and prevention of falls by improving posture, promotes flexibility and increases awareness between mind and body. It is a pain free range of motion and helps to improve circulation.

Conversational Italian

Francesca D'Amico-Bailey

Wed Sept 22,29, Oct 6,13,20,27, Nov 3,10 6-7 pm

Google Meet or Zoom (TBD)

Fri Nov 12 TBD

In-person TBD

This is an introductory class on conversational Italian. Learn to give information about yourself, talk about topics like the weather, hobbies and leisure, food and much more. Additional conversation topics will be planned according to the class interests. All classes will be presented online with an opportunity at the end of the course for an in-person event to use our language skills together!