

## MONDAYS - SPRING 2026

### **M01 Luncheon and Annual Meeting**

*SCHOOL Board*

***Mon., May 18; 12 - 3 pm***

RSVP by 5/1/2026

SUNY Cobleskill: Champlin Hall

We will have a luncheon as a *Thank You* for our instructors and the annual meeting afterwards. It will be held back at SUNY-Cobleskill, 1-3 pm on May 18, 2026. Please join us in thanking the instructors for all the hard work they put into their classes. More details will be supplied closer to the date.

**Fee:** \$5 deposit per member; last date of refund May 1, 2026. There will be an additional fee of \$10 to be collected at the door. Please check the extra box for this entry on the registration form if a vegan meal is requested..

### **M02 Intermediate Spanish**

*Margaret Dafeldecker*

***Mon., Mar. 16, 23, 30,***

***Apr. 6, 20, 27, May 4, May 11; 1:30 - 3:00 pm***

Min 4 / Max 10

St. Vincent's Social Hall, Cobleskill

Learning a second language can significantly improve your cognitive abilities and potentially delay the onset of age-related mental decline. 500 million people in the world speak Spanish as their first language, and it is a second language for an additional 100 million. If you have had Marge's Beginner Spanish of semesters past or have learned some Spanish previously and believe that you are at level II or III in Spanish, then this class is for you. This intermediate class is a *continuation of her Beginner Spanish classes*. Join Marge in this enjoyable and enriching way to exercise your mind.

Directions: St. Vincent de Paul Church, 138 Washington Ave., Cobleskill, NY

### **M03 Historic Preservation - the Greenest Building**

*Christopher Eastman*

***Mon., Mar 16; 5 - 6:30 pm***

Min 5

Middleburgh Library

Historic houses, barns, and commercial buildings define the character of Schoharie County. Preservation of these structures is important not only for their historic and sentimental values, but preservation is environmentally responsible as well. The materials used in old buildings are of a quality not generally found in new construction. The energy used in extracting stone, metal, and processing the wood in constructing older buildings has already been expended. For this reason, it is often said that preservation is the ultimate recycling.

In addition to exploring the reasons behind why that is, we'll discuss some exciting preservation projects, the generous New York State historic preservation tax credits available, and some of the challenges to the present and future of historic preservation.

Participants should bring: Pen or pencil and paper. Laptop for notes and accessing internet references optional.

Bio: Christopher Eastman received his Masters of regional planning from the University at Albany and has worked as a planner in city and county government and, for the last 19 years, for the Division of Local Government Services at the New York Department of State. He has also worked for the Preservation League of New York State, and, as a sole proprietor, restoring old windows. He has also rehabilitated two houses listed on the National Register of Historic Places.

Directions: Middleburgh Library, 323 Main St., Middleburgh, NY

### **M04 American Chestnut: History, Blight, Recovery**

*Chris Cash*

***Mon., Mar. 23; 3 - 4:30 pm***

Middleburgh Library

American Chestnut: The story of one of the most important trees in American history. This plant is functionally extinct. Around 1904, a disease was introduced to the Chestnut that killed 3-4 billion trees from Georgia to Maine. Entire communities relied on this tree for their livelihood. This class will present Chestnut history and its importance to society. The class will highlight the community and scientific efforts to restore the Chestnut in our region. Samples of Chestnut leaves, fruits, and local places to see remaining Chestnut trees will be shared in class.

Bio: Retired SUNY Cobleskill Plant Science Professor

Directions: Middleburgh Library, 323 Main St., Middleburgh, NY

## **M05 VV - Cruising on a Sailboat from Kingston on the Hudson to Block Island, RI.**

*Cyril Kozak MD*

***Mon., Mar. 30, 10:30 am - noon***

Cornell Cooperative Extension, Cobleskill

Have you ever wondered what life would be like on a sailboat? Join Dr. Kozak as he shares a photo presentation and shares some of his experiences while sailing. He has been sailing since college. A friend had a 16 foot catamaran on Keuka lake. He also sailed with Offshore Sailing School from 1995 to 1998 in New York Harbor (a 27 foot Soling and a 26 foot Colgate). Then he started sailing with family in 1999 in Kingston NY on a Colgate 26. In 2000, he purchased a Catalina 30 and they have sailed it since.

Participants should bring: an interest in seeing a presentation on sailing.

Bio: Retired Family Physician who has been sailing with family since 1999.

Directions: 173 S. Grand Street, Cobleskill, NY

## **M06 The Complex Relationship of Europeans and Native Americans**

*Jeannie Irvine*

***Mon., Mar. 30; 4:30 - 6 pm***

SUNY-Cobleskill:Warner 109

This is the continuation of a previous semester's class that covers 2 aspects of what happened when European culture collided with the Native American culture in NY and elsewhere. Heather shared the history of the Iroquois Confederacy before and after the influx of Europeans. This semester, Jeannie will cover the history of the widespread practice of kidnapping on both sides and its outcomes, referencing in particular the autobiographies of Herman Lehmann ("Nine years among the Indians, 1870-1879"), Rachel Plummer ("The Rachel Plummer Narrative"), and Nelson Lee ("Three Years Among the Comanches: The Narrative of Nelson Lee, Texas Ranger"), the biography "The Narrative of the Life of Mary Jemison" by James E. Seaver, Zitkala-Sa's "American Indian Stories, Legends, and Other Writings", and 2 books concerning the Native American Boarding Schools, "Kill the Indian, Save the Man" by Ward Churchill, and "Education for Extinction" by David Wallace Adams. Jeannie has extra new copies of Lehmann's book for \$6 for anyone interested. All readings are worthwhile and eye-opening, but optional.

## **M07 Guess What? You Could Be a Psychic Too ! *Finding Your Own Intuitive Voice with Oracle Cards***

*Corbie Mitleid*

Min 6 / Max 16

***Mon., Apr.6; 4:30 - 7:30 pm***

SUNY-Cobleskill:Warner 109

No, we're not saying we'll teach you to talk to dead people or forecast world events. But you CAN learn to read oracle cards with precision – right from your first time with them!

Sure, everyone has heard of Tarot, but Tarot has centuries of rules and archetypes; it takes years to become skilled. The new Oracle decks have no 'traditions' associated with them, so you really can't get them wrong. And that's where the adventure begins.

Come join internationally-acclaimed psychic medium and Certified Tarot Master Corbie Mitleid to discover how to tap into your own intuitive voice through these non-traditional decks.

No experience required – just an open mind and an ability to think outside the (card) box.

Participants should bring:**One NON TAROT based card deck – usually called Oracle Decks**, and a journal if they like.

Bio: A Certified Tarot Master, psychic medium, teacher, and ordained minister, Corbie Mitleid has been reading for 50 years, and is a full-time intuitive counselor with clients worldwide. Corbie's abilities include Tarot and oracle card readings, spiritual/intuitive counseling, past life retrieval and analysis, mediumship, and spirit guide conferences

## **M08 Beginner Watercolor Painting**

*Heather Johnson*

***Mon., April 13, 20, 27, May 4 and 11 at 4:30 - 6:15 pm***

Min 5 / Max 12

SUNY-Cobleskill:Warner 109

We will explore color theory and various techniques that make watercolor compositions so beautiful and unique. Homework (practice) is essential as your mind, aestheticism, and body memory are developed. We will conclude the series with a self-directed greeting card project to share your work.

Participants should bring: Equipment: round brushes size 8&2 or varied set, set of watercolor pads or squeeze watercolor sets (12 or more), Visual Journal (5.5"x8", try Ocean State Job Lots or similar), several paper towels, two plastic water containers, roll of invisible tape, 8 1/2 X 11 or similar sized cold-press cotton WC paper (Walmart)

Bio: Taught N-5 grades 32 years, SUNY Adjunct teaching Early Childhood classes including Children and the Arts 8 years

## **M09 Washington Park Walking Tour and Tulip Display**

*Chris Cash*

***Mon., May 4, 10 - 11:30 am***

Raindate: May 5 10-11:30 am Max 20

Washington Park, Albany

Washington Park in Albany was created in 1870 and is the premier park in Albany. This class will be led by Chris Cash, a retired Plant Science Professor. The class will be a walking tour that focuses on the unique plantings and the park's history. The class will conclude at the location of the tulip plantings, which should be in full bloom by then. The walk will be about 1 mile in length.

Participants should bring: Reasonable walking shoes and apparel for varied walking terrain.

Bio: Retired SUNY Cobleskill Plant Science Professor with a broad range of knowledge of plants for landscapes and forests.

Directions: Park at Washington Park Lake House, Washington Park Rd, Albany, NY 12203  
Tentatively meeting location. Washington Park Lake House, Washington Park Road, Albany NY

## **M10 Wildflower Walk**

*Emily Davis*

***Mon., May 11, 9 - 11am***

Raindate: May 13

McFail's Cave Nature Preserve, Carlisle

Join Emily as she leads a walk on the McFail's Cave property owned by the National Speleological Society. Over 35 species of wildflowers have been found here over the years. You will also see karst features and cave entrances. The trail can be muddy and uneven. Good boots, camera, walking sticks and flower ID books or apps are recommended.

Participants should bring: Good boots, camera, walking sticks and flower ID books or apps are useful

NOTE: We will need an electronically signed waiver ahead of time. Link will be provided to those who register for this class.

Directions: McFail's Cave Nature Preserve, Carlisle - on Lykers Rd. (just north of the intersection with Ice Cave Road)

## **M12 Fun with Cement - Make your own Bird Bath**

*Carolyn Melszer*

**Mon., June 29 and 30 at 10 - 11:30 am**

Max 6

Summit, NY

You'll bring your own large leaf (hosta or burdock)- freshly picked - not too large. We will place the leaf on a dome of sand and place cement over the leaf - Let cement dry and voila - you have a bird bath which you can paint.  
We'll supply the cement and sand.

Participants should bring latex gloves (and your leaves).

Directions: 581 Baldwin Road, Summit, NY 12175

## **M74 Can You Say "Cheesecake?"**

*Andrea Clapper*

**Mon., Apr. 20; 10 - noon**

Min 6 / Max 12

St. Vincent's Hall & Kitchen

THIS WAS REQUESTED BY THE CHOCOLATE JUMBLES CLASS AS  
ANDREA CONTINUES TO SHARE HER BAKING SKILLS AND EXPERIENCES!

Participants should bring an apron & containers (if there is any left!).

Fee: \$10 per person, payable to SCHOOL. No refunds after April 10.

Directions: St. Vincent de Paul Church, 138 Washington Ave., Cobleskill, NY

## MONDAYS AND WEDNESDAYS - SPRING 2026

### **M/W13 Functional Integrated Training**

Travis Hyer

**Mon & Wed., Mar 2, 4, 9, 11; 10-11 am;**

Max 5

Power Up Gym, Richmondville

Group fitness training for seniors. This class works all parts of the body and is accessible to all. Following your four free sessions, you have the option of becoming a member (if you are not already) OR joining the Functional Integrated Training class 8 week program, or both. *(This class is limited to those who have never been in the class before).*

Students must be there no later than 9:45. Class starts at 10 am.

*Please note:* You must contact [travishyer@yahoo.com](mailto:travishyer@yahoo.com) to obtain a pre-activity form to be filled out before the first class. You may email it back to him or bring it 30 minutes before the first class. (If there are any "yes" answers, they will have to be reviewed by a Power-Up Coach).

Directions: Power Up Gym, 1469 NY 7, Richmondville, NY 12149