

Experience Lifelong Learning Together

For Your Mind—Body—Spirit



SCHOHARIE COUNTY HOME OF ONGOING LEARNING

2026 Spring Semester

Registration starts now for classes
and will be accepted throughout the semester.
We are offering many courses in-person, and some via
Zoom. Spring 2026 term is March through June.



WHAT IS SCHOOL?

Founded in 2011 the Schoharie County Home of Ongoing Learning (**SCHOOL**) is a non-profit membership organization whose members share a love of learning. It is an independent entity, supported by SUNY Cobleskill and affiliated with the Road Scholar Institute Network. It is designed to stimulate the mind and energize the body in classroom and social settings. We provide daytime (and sometimes evening) non-credit classes. Our goal is to offer a choice of activities that encourage you to create, think, exercise and socialize.

Website at www.cobyschool.com & Facebook: <https://www.facebook.com/cobyschool>

email: SCHOOL@cobleskill.edu

Office phone for messages: 518-255-5463

US Mail: PO Box 576, Cobleskill, NY 12043

Experience Lifelong Learning Together For Your Mind - Body - Spirit

Membership: A \$50 annual membership allows you to choose as many classes that fit your schedule and interests. Our 'membership year' runs from July 1 through June 30 and covers all classes, published in both the Fall and Spring brochures, for that period. The fee is the same no matter when you join during the year, so your Membership is only due now if you did not join or pay last Fall. Some classes also require an additional fee to cover materials or other expenses.

Classes: See course descriptions for venue (Zoom or on-site location), and any fee information. You will be sent an email (or otherwise contacted) with any necessary information and/or the invitation for Zoom classes about a week before the class.

Registration for Spring classes will be accepted by US postal mail or on-line (via the registration tab on the www.cobyschool.com website, once activated). The physical booklet contains a center pull-out with the various registration forms and class selections sheets. Be sure to keep a copy for yourself if you mail in the original. Registrations will be processed when the \$50 annual membership dues (payable to SCHOOL) has been received (if you did not send in last Fall) along with any specific class fees. You will receive an email confirming your registration.

Payments: Any fees or payments for classes need to be submitted by US Mail to: S.C.H.O.O.L., PO Box 576, Cobleskill, NY 12043. Sorry, but we cannot accept on-line payments.

To Protect Everyone: We will continue to follow any applicable venue-specific health-related protocols required at the time of the class, trip, or performance.

Class Etiquette: SCHOOL does not vet the integrity of course material, choose the topic that an instructor will teach, mandate a particular style of teaching, or suggest how much work outside of class would be required if the student wants to get the most out of the class. The volunteer instructors decide what they want to teach and how they will conduct the class. It is the presenter's prerogative to end any debate in the class, especially in order to cover the course material in a timely manner, or to allow others to participate.

Class Ambassadors: Every class will have a SCHOOL ambassador who will be your contact for any questions/problems, and who will be the liaison between students and the instructor. Ambassador contact info will be given before the class.

Attendance Policy: SCHOOL's instructors are volunteers who put time and effort into preparing a course, with no compensation, with the expectation that the students will do their part in order to make the course mutually beneficial. As such, if you cannot attend a particular class, or have decided to drop the course, please alert your ambassador, who will then notify the instructor. Please be on time, but if late, meet with the instructor or another student at the end of class to find out what was missed. If you have missed a class, your ambassador can assist you, outside of class, with getting notes/material.

Guest Policy: With the concurrence of the instructor, a member may bring one guest to one session of one class per semester. The member shall also notify the class ambassador in advance with the name and contact information for the guest. (Note: The 'one guest' limit does not apply to hikes, trips, or performances for which multiple guests may be escorted by the member.) All guests are the responsibility of the hosting member, and each guest will be expected to acknowledge the same waiver of liability statement as do all members.



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ANNUAL MEETING

M01 Luncheon and Annual Meeting of the Membership

MONDAYS - SPRING 2026

M01 Luncheon and Annual Meeting

SCHOOL Board

Mon., May 18; 12 - 3 pm

RSVP by 5/1/2026

SUNY Cobleskill: Champlin Hall

We will have a luncheon as a *Thank You* for our instructors and the annual meeting afterwards. It will be held back at SUNY-Cobleskill, 1-3 pm on May 18, 2026. Please join us in thanking the instructors for all the hard work they put into their classes. More details will be supplied closer to the date.

Fee: \$5 deposit per member; last date of refund May 1, 2026. There will be an additional fee of \$10 to be collected at the door. Please check the extra box for this entry on the registration form if a vegan meal is requested..

M02 Intermediate Spanish

Margaret Dafeldecker

Mon., Mar. 16, 23, 30,

Apr. 6, 20, 27, May 4, May 11; 1:30 - 3:00 pm

Min 4 / Max 10

St. Vincent's Social Hall, Cobleskill

Learning a second language can significantly improve your cognitive abilities and potentially delay the onset of age-related mental decline. 500 million people in the world speak Spanish as their first language, and it is a second language for an additional 100 million. If you have had Marge's Beginner Spanish of semesters past or have learned some Spanish previously and believe that you are at level II or III in Spanish, then this class is for you. This intermediate class is a *continuation of her Beginner Spanish classes*. Join Marge in this enjoyable and enriching way to exercise your mind.

Directions: St. Vincent de Paul Church, 138 Washington Ave., Cobleskill, NY



M03 Historic Preservation - the Greenest Building

Christopher Eastman

Mon., Mar 16; 5 - 6:30 pm

Min 5

Middleburgh Library

Historic houses, barns, and commercial buildings define the character of Schoharie County. Preservation of these structures is important not only for their historic and sentimental values, but preservation is environmentally responsible as well. The materials used in old buildings are of a quality not generally found in new construction. The energy used in extracting stone, metal, and processing the wood in constructing older buildings has already been expended. For this reason, it is often said that preservation is the ultimate recycling.

In addition to exploring the reasons behind why that is, we'll discuss some exciting preservation projects, the generous New York State historic preservation tax credits available, and some of the challenges to the present and future of historic preservation.

Participants should bring: Pen or pencil and paper. Laptop for notes and accessing internet references optional.

Bio: Christopher Eastman received his Masters of regional planning from the University at Albany and has worked as a planner in city and county government and, for the last 19 years, for the Division of Local Government Services at the New York Department of State. He has also worked for the Preservation League of New York State, and, as a sole proprietor, restoring old windows. He has also rehabilitated two houses listed on the National Register of Historic Places.

Directions: Middleburgh Library, 323 Main St., Middleburgh, NY

M04 American Chestnut: History, Blight, Recovery

Chris Cash

Mon., Mar. 23; 3 - 4:30 pm

Middleburgh Library

American Chestnut: The story of one of the most important trees in American history. This plant is functionally extinct. Around 1904, a disease was introduced to the Chestnut that killed 3-4 billion trees from Georgia to Maine. Entire communities relied on this tree for their livelihood. This class will present Chestnut history and its importance to society. The class will highlight the community and scientific efforts to restore the Chestnut in our region. Samples of Chestnut leaves, fruits, and local places to see remaining Chestnut trees will be shared in class.

Bio: Retired SUNY Cobleskill Plant Science Professor

Directions: Middleburgh Library, 323 Main St., Middleburgh, NY



M05 VV - Cruising on a Sailboat from Kingston on the Hudson to Block Island, RI.

Cyril Kozak MD

Mon., Mar. 30, 10:30 am - noon

Cornell Cooperative Extension, Cobleskill

Have you ever wondered what life would be like on a sailboat? Join Dr. Kozak as he shares a photo presentation and shares some of his experiences while sailing. He has been sailing since college. A friend had a 16 foot catamaran on Keuka lake. He also sailed with Offshore Sailing School from 1995 to 1998 in New York Harbor (a 27 foot Soling and a 26 foot Colgate). Then he started sailing with family in 1999 in Kingston NY on a Colgate 26. In 2000, he purchased a Catalina 30 and they have sailed it since.

Participants should bring: an interest in seeing a presentation on sailing.

Bio: Retired Family Physician who has been sailing with family since 1999.

Directions: 173 S. Grand Street, Cobleskill, NY

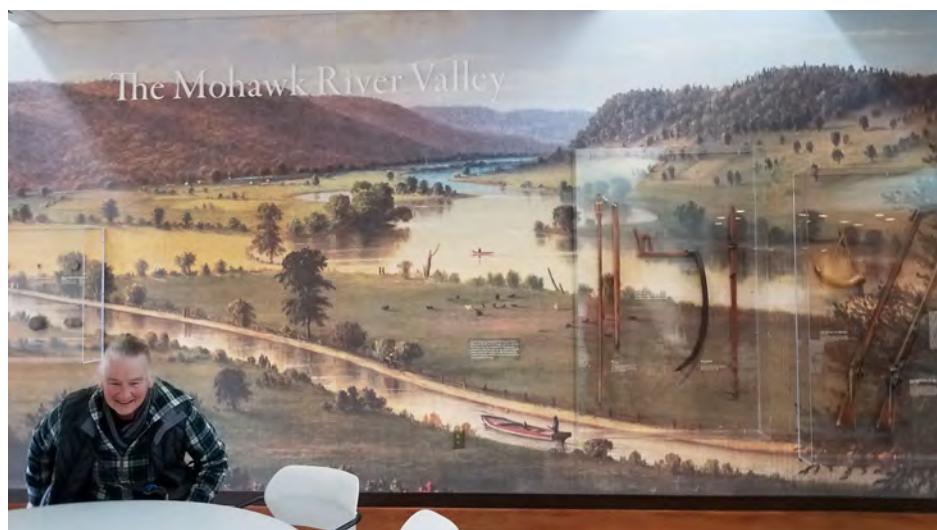
M06 The Complex Relationship of Europeans and Native Americans

Jeannie Irvine

Mon., Mar. 30; 4:30 - 6 pm

SUNY-Cobleskill:Warner 109

This is the continuation of a previous semester's class that covers 2 aspects of what happened when European culture collided with the Native American culture in NY and elsewhere. Heather shared the history of the Iroquois Confederacy before and after the influx of Europeans. This semester, Jeannie will cover the history of the widespread practice of kidnapping on both sides and its outcomes, referencing in particular the autobiographies of Herman Lehmann ("Nine years among the Indians, 1870-1879"), Rachel Plummer ("The Rachel Plummer Narrative"), and Nelson Lee ("Three Years Among the Comanches: The Narrative of Nelson Lee, Texas Ranger"), the biography "The Narrative of the Life of Mary Jemison" by James E. Seaver, Zitkala-Sa's "American Indian Stories, Legends, and Other Writings", and 2 books concerning the Native American Boarding Schools, "Kill the Indian, Save the Man" by Ward Churchill, and "Education for Extinction" by David Wallace Adams. Jeannie has extra new copies of Lehmann's book for \$6 for anyone interested. All readings are worthwhile and eye-opening, but optional.



M07 Guess What? You Could Be a Psychic Too ! Finding Your Own Intuitive Voice with Oracle Cards

Corbie Mitleid

Min 6 / Max 16

Mon., Apr.6; 4:30 - 7:30 pm

SUNY-Cobleskill:Warner 109

No, we're not saying we'll teach you to talk to dead people or forecast world events. But you CAN learn to read oracle cards with precision – right from your first time with them!

Sure, everyone has heard of Tarot, but Tarot has centuries of rules and archetypes; it takes years to become skilled. The new Oracle decks have no 'traditions' associated with them, so you really can't get them wrong. And that's where the adventure begins.

Come join internationally-acclaimed psychic medium and Certified Tarot Master Corbie Mitleid to discover how to tap into your own intuitive voice through these non-traditional decks.

No experience required – just an open mind and an ability to think outside the (card) box.

Participants should bring:**One NON TAROT based card deck – usually called Oracle Decks**, and a journal if they like.

Bio: A Certified Tarot Master, psychic medium, teacher, and ordained minister, Corbie Mitleid has been reading for 50 years, and is a full-time intuitive counselor with clients worldwide. Corbie's abilities include Tarot and oracle card readings, spiritual/intuitive counseling, past life retrieval and analysis, mediumship, and spirit guide conferences

M08 Beginner Watercolor Painting

Heather Johnson

Mon., April 13, 20, 27, May 4 and 11 at 4:30 - 6:15 pm

Min 5 / Max 12

SUNY-Cobleskill:Warner 109

We will explore color theory and various techniques that make watercolor compositions so beautiful and unique. Homework (practice) is essential as your mind, aestheticism, and body memory are developed. We will conclude the series with a self-directed greeting card project to share your work.

Participants should bring: Equipment: round brushes size 8&2 or varied set, set of watercolor pads or squeeze watercolor sets (12 or more), Visual Journal (5.5"x8", try Ocean State Job Lots or similar), several paper towels, two plastic water containers, roll of invisible tape, 8 1/2 X 11 or similar sized cold-press cotton WC paper (Walmart)

Bio: Taught N-5 grades 32 years, SUNY Adjunct teaching Early Childhood classes including Children and the Arts 8 years

M09 Washington Park Walking Tour and Tulip Display

Chris Cash

Mon., May 4, 10 - 11:30 am

Raindate: May 5 10-11:30 am Max 20

Washington Park, Albany

Washington Park in Albany was created in 1870 and is the premier park in Albany. This class will be led by Chris Cash, a retired Plant Science Professor. The class will be a walking tour that focuses on the unique plantings and the park's history. The class will conclude at the location of the tulip plantings, which should be in full bloom by then. The walk will be about 1 mile in length.

Participants should bring: Reasonable walking shoes and apparel for varied walking terrain.

Bio: Retired SUNY Cobleskill Plant Science Professor with a broad range of knowledge of plants for landscapes and forests.

Directions: Park at Washington Park Lake House, Washington Park Rd, Albany, NY 12203
Tentatively meeting location. Washington Park Lake House, Washington Park Road, Albany NY

M10 Wildflower Walk

Emily Davis

Mon., May 11, 9 - 11am

Raindate: May 13

McFail's Cave Nature Preserve, Carlisle

Join Emily as she leads a walk on the McFail's Cave property owned by the National Speleological Society. Over 35 species of wildflowers have been found here over the years. You will also see karst features and cave entrances. The trail can be muddy and uneven. Good boots, camera, walking sticks and flower ID books or apps are recommended.

Participants should bring: Good boots, camera, walking sticks and flower ID books or apps are useful

NOTE: We will need an electronically signed waiver ahead of time. Link will be provided to those who register for this class.

Directions: McFail's Cave Nature Preserve, Carlisle - on Lykers Rd. (just north of the intersection with Ice Cave Road)



M12 Fun with Cement - Make your own Bird Bath

Carolyn Melszer

Mon., June 29 and 30 at 10 - 11:30 am

Max 6

Summit, NY

You'll bring your own large leaf (hosta or burdock)- freshly picked - not too large. We will place the leaf on a dome of sand and place cement over the leaf - Let cement dry and voila - you have a bird bath which you can paint.
We'll supply the cement and sand.

Participants should bring latex gloves (and your leaves).

Directions: 581 Baldwin Road, Summit, NY 12175

M74 Can You Say "Cheesecake?"

Andrea Clapper

Mon., Apr. 20; 10 - noon

Min 6 / Max 12

St. Vincent's Hall & Kitchen

THIS WAS REQUESTED BY THE CHOCOLATE JUMBLES CLASS AS ANDREA CONTINUES TO SHARE HER BAKING SKILLS AND EXPERIENCES!

Participants should bring an apron & containers (if there is any left!).

Fee: \$10 per person, payable to SCHOOL. No refunds after April 10.

Directions: St. Vincent de Paul Church, 138 Washington Ave., Cobleskill, NY



MONDAYS AND WEDNESDAYS - SPRING 2026

M/W13 Functional Integrated Training

Travis Hyer

Mon & Wed., Mar 2, 4, 9, 11; 10-11 am;

Max 5

Power Up Gym, Richmondville

Group fitness training for seniors. This class works all parts of the body and is accessible to all. Following your four free sessions, you have the option of becoming a member (if you are not already) OR joining the Functional Integrated Training class 8 week program, or both. (*This class is limited to those who have never been in the class before*).

Students must be there no later than 9:45. Class starts at 10 am.

Please note: You must contact travishyer@yahoo.com to obtain a pre-activity form to be filled out before the first class. You may email it back to him or bring it 30 minutes before the first class. (If there are any "yes" answers, they will have to be reviewed by a Power-Up Coach).

Directions: Power Up Gym, 1469 NY 7, Richmondville, NY 12149



TUESDAYS - SPRING 2026

TU14 Confident Beginners Quilt Class

Sharon Aitchison

Tuesdays ongoing 10-4 beginning Feb. 3

Max 7

St. Vincent's Social Hall

This class is for students who have already completed classes with this instructor, including sewing and machine maintenance as well as beginner quilting. Students will have their own machines and tools for classes, as well as a good understanding of quilting.

Directions: St. Vincent's Catholic Church, 138 Washington Ave., Cobleskill, NY

TU15 Conversational Spanish

Margaret Dafeldecker

Tues. Mar. 17, 24, 31,

Apr. 7, 14, 21, 28, May 5, 12; 1:15 - 3:15 pm

Min 2 / Max 6

St. Vincent's Quiet Room

This CONVERSATIONAL Spanish class is a continuation of previous classes. However, new participants are welcome to join former students. We will prepare and present conversations re: travel, shopping, leisure time, family, etc., and then keep the conversations going with questions and comments. It is advisable that all participants have a minimum of 3 yrs. H.S. Spanish or the equivalent. We will focus on speaking in Spanish at each session.

Bring an open mind, an adventurous spirit and a 'chatty' tongue.

Directions: St. Vincent's Catholic Church, 138 Washington Ave., Cobleskill, NY

TU16 Cultivating Mindfulness and Practicing Meditation

Doreen Russo

Tues., Mar. 17, 24, 31, Apr. 7; noon - 1 pm

Max 15

St. Vincent's Quiet Room

This course is for anyone who wants to learn about, or learn more about, mindfulness and meditation and how to establish a regular meditation practice. Mindfulness is about paying attention in a particular way to what's happening in the present moment. It has been called "the art of conscious living," and is known for enhancing people's health and well-being by helping them manage stress, reduce anxiety, increase their self-compassion and gratitude for others, and feel more ease and joy in life. Meditation is the practice at the heart of mindfulness. Class time will be spent discussing both the essence of mindfulness and its applications in daily life as well as how to meditate, and doing short guided meditations. Beginners and more experienced practitioners are welcome. Join us!

Bio: Doreen Russo has been studying and regularly practicing mindfulness and meditation for over 10 years, and teaching a variation of this course for three years.

Directions: St. Vincent's Catholic Church, 138 Washington Ave., Cobleskill, NY

TU17 Journey Reimagined: How to Slow Your Biological Age

Nasreen Haque

Tues., Mar. 24 from 4:30-7:30

SUNY Warner 110

** This course is from the F25 semester that had to be postponed after 2 sessions. Those 2 sessions will be in a video that will be shared with students beforehand to review. This semester's class will pick up where Nasreen left off last semester. **

Aging is not just about wrinkles or birthdays. It's about reclaiming time, energy, and evolution—on your terms. Across different communities, stories of elders who defy age have always coexisted with silent struggles—heart disease, diabetes, memory loss. The paradox? We are living longer but not necessarily better. "Journey Reimagined" challenges the notion that aging is simply *decline*. Instead, it's a remix—a conscious process that we can influence biologically, culturally, and socially- in which Aging positively may be considered a Civic Responsibility.

Bio: Chief Scientific Officer, Genomic Observatory, New York, NY.; Adj. Assistant Professor, Brooklyn College,CUNY,NY

TU18 Growing Microgreens at Home

Pamela Hart

Tues, Apr.14, 11 am - noon

Cornell Cooperative Extension- Cobleskill

Microgreens are nutrient dense tiny greens that can be grown at home in a short amount of time in limited space. Learn about the basic steps of growing microgreens from sowing to harvesting.

Bio: Master Gardener for Cornell Cooperative Extension, Schoharie County

Directions: CCE, 173 S. Grand Street, Cobleskill, NY

TU19 Arms Limitation Talks

Salvador Rivera, PhD

Tues. Apr 28; 5 - 7 pm

SUNY-Cobleskill: Warner 110

This course will discuss efforts to promote disarmament around the world with a special emphasis on nuclear disarmament.

Bio: Dr. Rivera is a Full Professor at SUNY Cobleskill. He has 33 years experience teaching Political History and Sociology courses in New York state.

TU21 Microsoft WORD Tips and Tricks

Mary Carrier- MVLS

Min 2 / Max 16

Tues., May 26 at 3 - 4:30 pm

Schoharie Library

Learn editing tips using alignment, tabs, columns, bullets, and more! We will also take this time to explore Microsoft's artificial intelligence tool, Copilot.

Participants should bring Please bring your laptop with Microsoft Word. I have 6 laptops to loan for those who cannot bring one.

Bio: 20+ years experience as a computer instructor; MSE - Adult Education ;MSIS - Information Science

Directions: Mary Beatrice Cushing Library (Schoharie Library) 103 Knower Ave., Schoharie, NY

TU22 Microsoft PowerPoint

Mary Carrier- MVLS

Min 2 / Max 16

Tues., June 2 at 3 - 4:30 pm

Middleburgh Library

Create your own PowerPoint slideshow presentation, start to finish. Add images and animation, use audio for video clips, record audio for narration of slides (for viewing the PP presentation at a later time), how to use Presenter Mode, etc. This class covers basic to intermediate PowerPoint features.

Participants should bring: Please bring your laptop with Microsoft PowerPoint. Access to Google slides will also be acceptable. I have 6 laptops to loan for those who cannot bring one.

Bio: 20+ years experience as a computer instructor; MSE - Adult Education ;MSIS - Information Science

Directions: Middleburgh Library, 323 Main Street, Middleburgh, NY

TU23 The Impact of AI

Mary Carrier- MVLS

Min 2 / Max 16

Tues., June 16 at 3 - 4:30 pm

Sharon Springs Library

Artificial Intelligence is here in our everyday life. How is AI impacting you personally? We'll look at the good, bad, and in-between of how AI is impacting our world. Join me for this eye-opener.

Participants should bring: Just yourselves- This will be a presentation and discussion.

Bio: 20+ years experience as a computer instructor; MSE - Adult EducationMSIS - Information Science

Directions: SS Library, 129 Main Street, Sharon Springs, NY

TU24 Working with Zoom

Mary Carrier- MVLS

Min 2 / Max 16

Tues., June 30 at 3 - 4:30 pm

Middleburgh Library

Get the most of your experience with the online platform, Zoom. Focus of this class will be on hosting a Zoom meeting effectively. Learn about Zoom etiquette, how to debug problems with audio and video, how to use your View options, and more!

This will be a presentation. The instructor is willing to provide a 30 minute practice session to be scheduled after the class with individuals needing this experience.

Bio: 20+ years experience as a computer instructor; MSE - Adult Education ;MSIS - Information Science

Directions: Middleburgh Library, 323 Main Street, Middleburgh, NY



TUESDAYS AND THURSDAYS - SUMMER 2026

TU/TH25 Water Fitness

Linda Carpenter

Every T and Th July 2 - Aug 28 at 5 - 6 pm

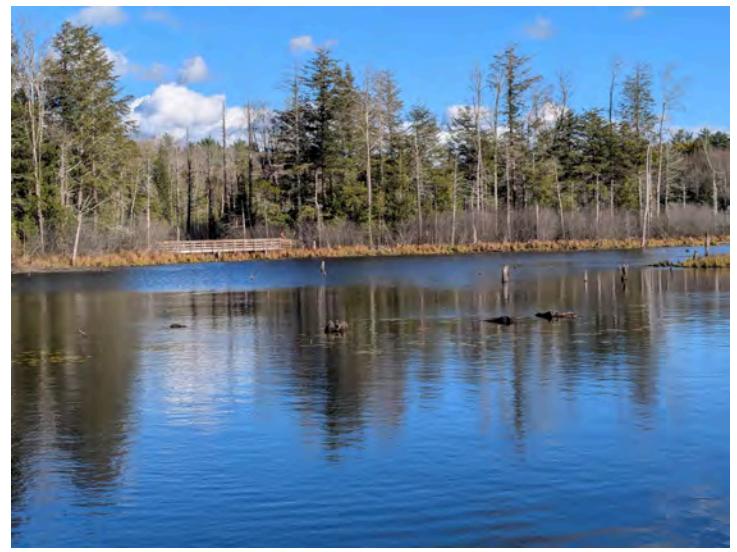
(Weather Permitting)

Cobleskill Town Pool

Want to do a water workout and cool off at the same time? Linda will be leading a water workout at the Cobleskill Village pool this summer. It will be held Tuesday and Thursday nights, 5-6pm whenever the pool is open.

Fee: Buy a pool pass at the pool.

Directions :Cobleskill Village Pool, 112 Pleasantview Drive, Cobleskill. Behind the Cobleskill Diner



WEDNESDAYS - SPRING 2026

W11 European Perspective on the Rise of the Far Right

Per Vidar Kjølmoen,
MP, Norwegian parliament

Wed., Apr. 8 from 11am-1:30 pm

Zoom

The far right wins elections in large parts of the Western world. What has happened, and how can moderates cope with a new political reality?

This presentation is given by Per Vidar Kjølmoen, member of the Norwegian parliament. Mr. Kjølmoen is a former foreign exchange student who did a high school year at Richmondville Central School and lived with the Krohn family.

Later he had a political career in the Labour party - the dominant centre-left party in Norwegian politics. He is representing Møre and Romsdal district - where the Norwegian far right have a National stronghold.

Participants should bring: a general interest in politics



Bio: Per Vidar Kjølmoen got reelected for his second term in the parliament in the fall of 2025.

He is a previous vice Governor of the district of Møre og Romsdal, Norway, and has held several high ranking positions in the Norwegian Labour party.

W26 Silver Screenings III: More Movie Matinees

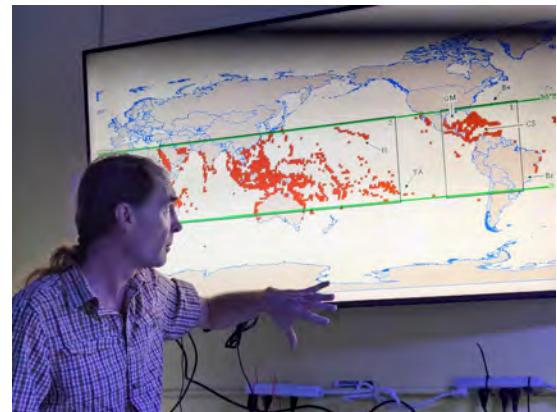
Wed., Feb 18, Mar 18, Apr 15, May 20, June 17 all 1 - 3:30 pm

Don LaPlant Min 5 / Max 50 Community Library Pgm Room

This popular film series returns in 2026! We'll eat some popcorn, watch a film featuring senior citizens as main characters, and have a moderated discussion afterwards led by librarian Don LaPlant.

Bio: BA/MA/PhD in Theatre. MS in Information Sciences. 35 years of teaching experience.

Directions: The Community Library, 110 Union St., Cobleskill



W27 ART TALKS

Teresa Rivas

Wed., Mar. 11, 18, 25; 10 - 11 am

Zoom

Art Talks is a three part series that will provide an in-depth look into some of the world's most iconic artists. Each session will focus on one artist and explore the personal, historical and cultural stories behind their art. No background in art is needed for the hour-long talks, just a curiosity and love of learning.

Whether these are works of art you have admired for years or you are just seeing them for the first time, you'll come away with a deeper appreciation that will leave you saying, "I never knew that!" The three topics for this semester are Jackson Pollock, Caravaggio and The Hudson River School.

Bio: Teresa is a retired art teacher and art history professor.

W28 Fall Prevention and Balance Screen

Nicole Camporese DPT

Wed., Mar. 25, Apr. 29, May 27, July 1 at 1:30 - 2:30 pm

Max 6

Valley Knights Physical Therapy

This movement-based class is designed to improve stability, coordination, and confidence in everyday activities. You'll work on static balance (holding steady positions), dynamic balance (maintaining control while moving), and strengthening exercises that support better posture and mobility. Whether you're looking to prevent falls, move more confidently, or simply feel steadier on your feet, this class offers a safe, supportive environment with exercises that can be adapted to all fitness levels.

Participants should bring: a pen!

Bio: After graduating West Point in 2011, Nicole went on to the College of Staten Island's Doctorate of Physical Therapy program where she graduated in 2020 and is now operating a private practice (Valley Knights Physical Therapy) in Schoharie, New York where she specializes in fall prevention.

Directions: Valley Knights Physical Therapy, 4912 NY-30 Schoharie, NY 12157 ACROSS FROM THE ARC



W29 VV - Istanbul to Budapest on the Danube River plus Tuscany

Beth Brandel

Wed., Apr. 15; 10 - 11:30 am

Zoom

In August, my husband & I joined his two sisters on a 10 day Viking cruise with a pre-extension in Istanbul, Turkey. We saw the Bosphorus Strait between Asia and Europe, went to Bazaars, and saw the Blue Mosque and Hagia Sophia. Next was Bucharest, Romania, followed by Bulgaria, Serbia, Croatia & Hungary. Having grown up in Soviet Occupied Czechoslovakia, Lanny & Jeannette were very interested in how these people survived, while Lanny & Jeannette had immigrated to the US.

After the cruise was over, Lanny & I flew to Italy and joined a "Whole Foods, Plant Based" Retreat in beautiful Tuscany. Each day we ate healthy, delicious food, no oil, added salt or sugar, drank kombucha & structured water, and visited charming cobblestoned towns each day. Before leaving Italy we spent a few days in Rome, saw the Vatican, almost saw the American Pope and saw all the highlights. Please join my travel log & pictures of our adventures!

Bio: Avid, enthusiastic traveler my whole life.

W30 Clark Foundation Greenhouse Tour, Cooperstown

Hannah Mead

Wed., Apr. 22; 10 - 11:30 am

Min 10 / Max 20

Cooperstown, NY

Have you ever been curious about the flower displays, hanging baskets and greenhouses of Cooperstown? This class will provide an opportunity to visit The Clark Foundation Greenhouses. You will learn about how the magic of Cooperstown's floral displays happen. The greenhouses will be full and there will be a lot to see!

Directions: The first tour takes place at Fernleigh Greenhouse at 57 River Street, Cooperstown. The second is Iroquois Greenhouse at 123 Country Highway 52, Cooperstown. Both locations will have parking. We will all drive to the second location after the tour at 57 River Street. We will spend about 45 minutes at each location. It would be good to carpool, if possible.

Note: Parking is limited, so further info will be sent to registrants prior to this class.



W31 Lift Every Voice & Sing: Songs of Compassion, Community, and Friendship

Clare Wettemann

Wed. April 22; 1:30 - 2:45 pm

Min 8

CUMC Sanctuary

"We value our earth and we value each other."

What do these songs have in common: "If You Miss me at the Back of the Bus" and "Come and Go With Me to That Land?" The answer can be found in some of Clare's musical presentations.

Come and enjoy this talented troubador as she weaves tales of history, love, politics, and people into folk-style ballads while accompanying herself on a wide variety of stringed instruments. Many of her songs are original compositions and others are drawn from the history of Upstate NY and the early years of our country.

Bio: Clare Wettemann delights in presenting songs for all ages. She accompanies her voice with guitar, psaltery, dulcimers, and other stringed instruments. For many years, she has woven images from Upstate N.Y. and other Anglo-American and French folk songs into entertaining programs.

Participants should bring: Ears, heart, interest and attention.

Directions: Cobleskill United Methodist Church, 107 Chapel Street, Cobleskill, NY

W32 Tapas 2.0

Jeannette Balins

Wed., Apr. 29; 12:30 - 5:30 pm

RSVP by 4/15/26

Min 5 / Max 10

Worcester, NY

Join Chef Jeannette as she leads us in another culinary adventure. The class will be making the following scrumptious tapas:

"Bacalao en Naranja Agria" (Fresh Cod in Bitter Orange Sauce)

"Patatas en Salsa Verde" (Potatoes in Parsley Sauce)

"Changurro" (Crabmeat with Sherry and Brandy)

"Arroz con Azafrán" (Saffron Rice)

"Judias Verdes con Salsa de Tomate" (Green Beans in Tomato Sauce)

"Natillas" (Cinnamon-flavored soft Custard)

Participants should bring: Please bring an apron and small containers for the samples you will bring home.

Bio: Formerly Chef/Owner of A Taste of Europe

Fee: \$25 per person; Payable to SCHOOL. Sign up and pay by 4/15/26. No refunds after that date.

Directions: 2607 County Rd 39 Worcester, NY

W33 Organics in the Circular Economy: How They Affect Our Carbon Footprint

Jean Bonhotal

Min 10

Wed., May 6 10-noon

Landis Arboretum

Organic recycling starts with collection, moving it into our yards, farms or central facilities so it can be processed. Microbes turn our organic waste into a resource, and we can help make that product happen.

Organics make up 60 % of our waste not including livestock manure or humanure (human manure), when they are placed in a landfill to emit greenhouse gases. Characterizing waste streams is important to be able to separate and determine value-added purposes for different residuals. Compost quality and consistency in the market place is also a high priority, as well as encouraging use to build healthy soils and redistribute nutrients.

Compost use is the third leg on the climate footprint stool and really makes an impact. Using compost is the key to reducing our carbon footprint by 3x more than compost processing itself. Compost is used in erosion control, growing fruit and vegetables, orchards, agroforestry, organic and conventional farms, rural and urban landscapes

We will discuss different ingredients (manures, cloth, food waste, yard waste, livestock mortality..) that we can convert into a product, and also learn how to use compost blankets, (sox) and berms.

Bio: 30 years experience in organics recycling with Cornell Waste Management Institute. Currently her time includes work on food scrap, manure and carcass & butcher waste composting education and research.

Fee: No fee, but donations to Landis are always appreciated.

Directions: Landis Arboretum, 174 Lape Road, Esperance, NY 12066

W34 Storysongs

Clare Wettemann

Min 8

Wed., May 6 at 1:30-3 pm

CUMC Sanctuary

What do you think happened when a young British cabin boy decided to single-handedly sink a Spanish sailing ship? We will explore and imagine dramas from other places and times.

Participants should bring: Ears, heart, interest and attention

Bio: Clare Wettemann delights in presenting songs for all ages. She accompanies her voice with guitar, psaltery, dulcimers, and other stringed instruments. For many years, she has woven images from Upstate N.Y. and other Anglo-American and French folk songs into entertaining programs.

Directions: Cobleskill United Methodist Church, 107 Chapel Street, Cobleskill, NY

W35 Verlaine - The Number Wisdom Connection

Carol Sarcona

Min 3 / Max 10

Wed., May 13; 2 - 4 pm

Stamford Library

Explore the Ancient Art of Feng Shui - learning to live in harmony with the natural energies that surround us as well as use of color in both the home and workplace. Unearth our "Childhood Dreams," the instinctive path of life. Reveal "The Moral Compass" connecting with the higher mind of intuitive perceptions. Take a look at your personal peak cycles for the year 2026.

Participants should bring :writing materials - paper/pens

Bio:Carol attended, as well as participated, in various programs of the Theosophical Society, NYC. For over six years, she has been a program presenter at Stamford Village Library.

Directions: Stamford Library, 117 Main St, Stamford, NY 12167

W37 Zim Smith Trail Hike

Carolyn Melszer

Raindate= May 29

Wed., May 27; 10 - noon

Malta, NY

The Zim Smith trail is a paved, well maintained, 11.5-mile multi-use trail which connects Ballston Spa to Mechanicville through the towns of Ballston, Malta and Clifton Park, the village of Round Lake and Mechanicville. The trail is excellent for walking and bicycling, mostly level. Our walk will be about 4 miles total. The trail is wooded with some rolling hills, a ravine to your left and a small waterfall on the right.

We will start at Malta's Shenantaha Creek Park, which is part of the trail. The park contains picnic tables, playground equipment, and tennis courts as well as public restrooms and a drinking fountain. As we enter the trail, we will head south towards the village of Round Lake.

Participants should bring: Wear good comfortable boots or shoes. Bring water.

Directions: 376 Eastline Road, Malta, NY 12020 Malta's Shenantaha Creek Park
Take I-88 to I-87, exit 11 for Round Lake Road/Curry Road. Continue for about 1 mile on Curry Road - Round Lake Road, and make a right onto Eastline Road for about 2 miles. Turn right into Shenantaha Creek Park, Ballston Spa. Follow the road to the parking lot, where we will meet.



W39 Hessian Hill- Farm Tour & Canine Training Program

Liz & Lois Goblet (and family)

Wed., June 3 at 1 - 4 pm

Raindate= Fri June 5 Min 2 Treadlemire Rd, near Berne, NY

Join us for a tour and updates on the evolution of this multi-generational farm run by the Goblet family. Learn about the changes and diversifications made from their origins as a dairy and sheep farm in the 1960's to its many divisions today. The farm is a hub of growth and excitement in every season. Lamb from their registered Southdown sheep, beef from Shorthorn cattle, and pork are raised on acres of rolling hills and lush green pastures. Fresh produce like green beans, lettuce, swiss chard and bright red tomatoes are grown in the family's 1/2 acre garden. In the fall delicious raspberries can be harvested; giant pumpkins are picked and carved into silly jack-o-lanterns. At Christmas time you can hike across the pasture to pick the perfect Christmas tree. In addition to their agricultural pursuits, the family also offers classes and lessons in fiber arts and other agricultural-related activities for all ages, raises and trains registered Border Collies, and holds training and educational workshops at their Canine and Events Center.

Participants should dress for the weather

Bio: The farm was originally started as a dairy and sheep farm in 1964 by Jim's parents. The name "Hessian Hill" came to be after Jim, as a child, found a Hessian weapon in one of the fields on the property. After doing some research, Jim learned the farm had been a camp for Hessian Soldiers during the Revolutionary War.

Directions: 576 Treadlemire Road, Berne, NY 12023

W40 Cross Hill Heirlooms Garden Tour and Spring Arrangement

Jenna Mallette King

Wed., June 17 10:30-noon

RSVP by 6/7/26 Raindate= W June 24

Richmondville, NY

Cross Hill Heirlooms specializes in custom floral designs, using locally-sourced foliage and blooms whenever possible. Join owner Jenna Malette on a walk through her garden. She'll explain what she grows, why she made those choices, and how she uses what she grows. Then we'll each have some time to create a spring arrangement incorporating experienced suggestions and hints from Jenna. This class will be outdoors, so dress appropriately and use a hat or sunscreen. Note that, though parking is on level ground, you will need to walk down a hill to get to the garden.

Participants should bring: pruners or scissors you like to work with.

Bio: After starting out in landscaping and heirloom vegetable gardening, Jenna earned her certification from the Floral Design Institute. She has been owner and designer at Cross Hill Heirlooms for five years.

Fee: \$10 per person; Payable to SCHOOL. Sign up and pay by 6/7/26. No refunds after that date.

Directions: 616 Cross Hill Road, Richmondville, NY 12149

W49 VV - A Tale Of Two Hemispheres: Caves, Bats, Travel and International Meetings In Brazil And Australia

Emily Davis & Mike Warner

Wed. Apr. 8 at 2-3:30 pm

Cornell Cooperative Extension- Cobleskill

In the summer of 2025, two major international conferences, one in Brazil (caves) and one in Australia (bats), were scheduled only days apart. These meetings only happen every 4 and 3 years respectively and this was the 12th year in the cycle when both would happen in the same year. We took a deep breath, made our plans, packed our separate bags for each, and headed for an epic series of travels and experiences.

Bio: Emily and Mike own Speleobooks, an internationally focused specialty business exclusively about caves and bats. They are both long time cave explorers and bat work field technicians. They also volunteer extensively helping cave based land conservancies and bat working groups. Their talks feature behind the scenes looks at exotic locations frequently tied to current scientific, conservation and exploration efforts. Both are experienced photographers and speakers who love sharing their experiences.

Directions: CCE, 173 S. Grand Street, Cobleskill, NY



SCHOOL Registration Form Spring 2026

Name

Mailing Address

Preferred Phone

Alternate Phone

Email

Emergency Contact Name and Phone Number

Yes No SCHOOL may reproduce for publicity any photo images of me taken while participating in SCHOOL activities. (If you've checked "NO", please advise your classmates **before** photos are taken)

Yes No In the future, just send me an electronic copy of the catalog by email to the above address. I can download my own or pick up a hard copy from my local library, and I understand that it will help to save SCHOOL some printing and mailing expenses.

How did you learn about SCHOOL? Booklet at Library Word of Mouth Was a guest of friend

My Shopper Ad Ad in Other Publication Facebook Booth at Maple Fest Website

For everyone's protection, we will continue to follow any venue-specific health-related protocol requirements in effect at the time of the class, trip, or performance.

Please send in your registration forms, plus payment for any SCHOOL classes requiring additional fees, and your class selection sheets. *If you did not pay your \$50 annual membership fee last fall, please also include that fee in your payment.* Note: There is also a separate registration form with info required to bring guest(s) to a function or class. You can copy the forms or download them from our website www.cobyschool.com, **and mail with payment to US Post Office mailed to: SCHOOL, PO Box 576, Cobleskill, NY 12043**

Waiver of Liability, Assumption of Risk, and Indemnity Agreement

Waiver: In consideration of being permitted to participate in any way in any and all SCHOOL-sponsored activities:

I understand that Schoharie County Home of Ongoing Learning (SCHOOL), its officers, and representatives cannot guarantee that conditions for hikes, trips and classes will be suitable for all individuals with varying health conditions and fitness levels. It is the responsibility of each participant to assess their own ability, and to be aware of the inherent hazards and risks of participating in any SCHOOL-sponsored activities. By signing below, I accept full responsibility for my own health and well-being. I acknowledge and understand that there is no liability from any and all claims, including the negligence of SCHOOL, its officers, and representatives, resulting in personal injury, accidents or illnesses (including death), and property loss arising from participation.

Name _____

Signature _____

SCHOOL SPRING 2026 CLASS SELECTION SHEET – PLACE AN “X” NEXT TO YOUR SELECTIONS P 1 OF 2

Selection (Put a “X”)	Day of Week	Class Number	COURSE TITLE	SCHEDULE	Fee to SCHOOL or VENUE?	RSVP/No refund after DATES
<input checked="" type="checkbox"/> I am vegan	M	1	Luncheon and Annual Meeting	Mon., May 18; noon - 3 pm	SCHOOL: \$5 Downpayment, plus \$10 at event	May 1
	M	2	Intermediate Spanish	Mon., Mar. 16, 23, 30, Apr. 6, 20, 27, May 4; 1:30 - 3:00 pm		
	M	3	Historic Preservation - the Greenest Building	Mon., March 16; 5 - 6:30 pm		
	M	4	American Chestnut: History, Blight, Recovery	Mon., Mar. 23; 3 - 4:30 pm		
	M	5	VV - Cruising on a Sailboat	Mon., Mar. 30, 10:30 am - noon		
	M	6	The Complex Relationship of Europeans and Native Americans	Mon., Mar. 30; 4:30 - 6 pm		
	M	7	Guess What? You Could Be a Psychic Too!	Mon., Apr. 6; 4:30 - 7:30 pm		
	M	8	Beginner Watercolor Painting	Mon., April 13, 20, 27, May 4 and 11 at 4:30 - 6:15 pm		
	M	9	Washington Park Walking Tour and Tulip Display	Mon., May 4, 10 - 11:30 am Rain date is May 5 10-11:30		
	M	10	Wildflower walk	Mon., May 11, 9-11am Rain date - May 13		Online waiver needed ahead of time
	M	12	Fun with Cement - Make your own Bird Bath	Mon., June 29 at 10-11:30 & T June 30 at 10 - 11:30 am		
	M	74	Can you say "Cheesecake?"	Mon., Apr. 20; 10 am - noon	\$10 to SCHOOL	April 10
	M/W	13	Functional Integrated Training	Mon., Mar 2, 4, 9, 11; 10-11 am; will need pre-activity form		
	T	14	Confident Beginners Quilt Class	Tuesdays ongoing 10-4 beginning Feb. 3		
	T	15	Conversational Spanish	Tues. Mar. 17, 24, 31, Apr. 7, 14, 21, 28, May 5, 12; 1:15 - 3:15 pm		
	T	16	Cultivating Mindfulness and Practicing Meditation	Tues., March 17, 24, 31, Apr. 7; noon - 1 pm		
	T	17	Journey Reimagined: How to slow your biological age	Tues., Mar. 24 from 4:30-7:30 Note: There will be a video that summarizes the first 2 classes from last semester		
	T	18	Growing Microgreens at Home	Tues., April 14, 11:00 - noon		
	T	19	Arms Limitation Talks	Tues., Apr 28; 5 - 7 pm		
	T	21	Microsoft WORD Tips and Tricks	Tues., May 26 at 3-4:30		
	T	22	Microsoft PowerPoint	Tues., June 2 at 3-4:30		
	T	23	The Impact of AI	Tues., June 16 at 3-4:30		
	T	24	Working with Zoom	Tues., June 30 at 3-4:30		
	T/Th	25	Water Fitness	Every T and Th July 2 - Aug 28 at 5 - 6 pm	Buy a pool pass at the pool	
	W	11	European Perspective on the Rise of the Far Right	Wed., April 8: 11 am - 1:30 pm		
	W	26	Silver Screenings III: More Movie Matinees	Wed., Feb 18, Mar 18, Apr 15, May 20, June 17 all 1 - 3:30 pm		
	W	27	ART TALKS	Wed., Mar. 11, 18, 25; 10 - 11 am		
	W	28	Fall Prevention and Balance Screen	Wed., Mar. 25, Apr. 29, May 27, July 1 at 1:30 - 2:30 pm		
	W	29	VV - Istanbul to Budapest on the Danube River plus Tuscany	Wed. Apr. 15; 10 - 11:30 am		
	W	30	Clark Foundation Greenhouse Tour, Cooperstown	Wed., Apr. 22; 10 - 11:30 am		
	W	31	Lift Every Voice & Sing	Wed., April 22; 1:30 - 2:45 pm		
	W	32	Tapas 2.0	Wed., Apr. 29; 12:30 - 5:30 pm	\$25 to SCHOOL	April 15
	W	33	Organics in the Circular Economy: How they Affect our Carbon Footprint	Wed., May 6 10-noon	Donations welcome	
	W	34	Storysongs	Wed., May 6 at 1:30-3 pm		
	W	35	Verlaine - The Number Wisdom Connection	Wed., May 13; 2 - 4 pm		
	W	37	Zim Smith Trail Hike	Wed., May 27; 10 - noon; raindate May 29		
	W	39	Hessian Hill- Farm Tour & Canine Training Program	Wed., June 3 at 1-4 ; raindate F June 5 at 1-4		
	W	40	Cross Hill Heirlooms Garden Tour and Spring Arrangement	Wed., June 17; 10:30-noon, raindate W June 24 10:30-noon	\$10 to SCHOOL	June 7
	W	49	VV - A Tale Of Two Hemispheres: Caves, Bats, Travel And International Meetings In Brazil And Australia	Wed., Apr. 8 at 2-3:30 pm		

NAME OF

REGISTRANT: _____

SCHOOL SPRING 2026 CLASS SELECTION SHEET - PLACE AN "X" NEXT TO YOUR SELECTIONS P 2 OF 2

Selection (Put a "X")	Day of Week	Class Number	COURSE TITLE	SCHEDULE	FEE to SCHOOL or VENUE?	RSVP/No refund after DATES
	TH	41	Computer Fundamentals	<i>Thurs., Mar. 12; 2 - 3 pm</i>		
	TH	42	The Magic of Collage	<i>Thurs., Mar. 12, 19, 26; 11 am - 12:30 pm</i>	\$5 for glue and paper payable to instructor	
	TH	43	Crochet Class or Away We Crochet	<i>Thurs., Mar. 19, 26, Apr. 2, 9, 16, 23, 30, May 7; 1:30 - 3 pm</i>		
	TH	44	Social Engineering and How to Protect Yourself	<i>Thurs., Mar. 19; 2 - 3 pm</i>		
	TH	45	The Ultimate Container Garden	<i>Thurs., Mar. 26, 3:30 - 4:30 pm</i>		
	TH	46	Intro to German	<i>Thurs. Apr. 2, 9, 16; 11:45 am- 1:15 pm</i>		
	TH	47	Did the US Government Steal the Tesla Files?	<i>Thurs. April 2, 10 - 11:15 am</i>		
	TH	48	The Battle of Cobus Kill	<i>Thurs., Apr. 2, 4:30 - 6:00 pm</i>		
	TH	50	South Indian Herbs and Spices for Relief of Joint Pain	<i>Thurs., Apr. 16; 4 - 5 pm</i>		
	TH	51	Readers' Resources	<i>Thurs., Apr 23, 1 - 2:30 pm</i>		
	TH	52	The Palatines: From Rhineland to Schoharie	<i>Thurs., Apr. 23, 4:30 - 6:00 pm</i>		
	TH	53	Cuisine of Portugal	<i>Thurs., Apr. 30; 12:30 - 5:30 pm</i>	\$35 to SCHOOL	April 15
	TH	54	The Deadliest Flood in American History	<i>Thurs., Apr. 30; 10 - 11:15 am</i>		
	TH	55	Garnishes	<i>Thurs., May 7; 1 - 3 pm</i>	\$10 to SCHOOL	April 23
	TH	56	Connecting the Dots: Beginner Sewing	<i>Thurs., May 7, 14, 21, 28; 9 am - 1 pm</i>		
	TH	57	Alzheimers Association Education Series	<i>Thurs., May 14, 21, 28; 2 - 3 pm</i>		
	TH	58	Revolutionary Veterans of Towns of Summit & Fulton	<i>Thurs., May 28; 11 - noon</i>		
	TH	59	Home Composting & Demonstration Tour	<i>Thurs., June 11 at 10 - noon</i>	\$10 per person payable to SCHOOL	May 27
	TH	60	Thomas Burbine Forest Disk Golf Course	<i>Thurs., June 18 at 10-noon, raindate TH June 25 10-noon</i>		
	TH	80	Venezuela - the Aftermath of the US Invasion	<i>Thurs., April 30; 6 - 7:30 pm</i>		
	F	20	Hike at Partridge Run	<i>Fri., Apr. 24; 12:30 -3:30 pm</i>		
	F	61	Bridge - Learn and Play	<i>Fridays ongoing 10 - noon beginning Feb. 6</i>		
	F	62	Reading to Children for Fun and Learning	<i>Fri., Mar. 13; 11 - 12:30 pm</i>		
	F	63	Tips and Tricks for the Home Gardener	<i>Fri., Mar. 13; 1 - 2:30 pm</i>		
	F	64	The Brain as a Toaster	<i>Fri., Mar. 20 at 2 - 4:30 pm</i>		
	F	65	Hydroponics - An Introduction	<i>Fri., Mar. 20; 10:30 am - noon</i>		
	F	66	Freshwater Mussel Conservation at SUNY Cobleskill	<i>Fri., Apr. 10; 1 - 2 pm</i>		
	F	67	Redefining Rich- Shannon Hayes of Sap Bush Hollow Farm	<i>Fri., Apr. 17; 1 - 3 pm</i>		
	F	68	VV- In Search of Ancient Greece	<i>Fri., May 1; 2 - 4 pm</i>		
	F	69	Learning to Interpret our Dreams	<i>Fri., May 8; 10 - noon</i>		
	F	70	Metal Detecting Primer	<i>Fri., May 8; 2 - 3:30 pm; rain date May 15</i>		
	F	71	Hike the Cliff Escarpment Above Middleburgh	<i>Fri., May 22; 12 - 4 pm; raindate May 29</i>		
	F	72	Inner Eaters - Befriending the Parts of Our Personality Who Overeat	<i>Fri., Jun 12, 10 - noon</i>		
	F	73	Gilboa Museum & Sunken City Cidery	<i>Fri., June 26 at 1 pm; Cidery opens at 3pm; raindate Sat June 27 at 10:30-1:30</i>		
	SAT	75	Basic Life Support/CPR	<i>Sat., Mar. 14; 8:30-noon</i>	\$4.00 for BLS card payable at venue	March 7
	SUN	76	Sound of Music at Proctors	<i>Sun., Mar. 22 at 2 pm</i>	Seats: 1 balcony seat available: \$108 for members / \$114 for guests. There are 4 main (balcony) level left seats available: \$50 for members / \$55 for guests.	March 1
	SUN	77	Foxestown Guided Historic Walking Tour	<i>Sun., Apr. 12; 2 - 4 pm</i>	\$10 per person to SCHOOL	April 5
	SUN	78	&Juliet at Proctors	<i>Sun., May 3 at 2 pm</i>	10 seats available- lower level orchestra left: \$50 each for members, \$55 for guests. Payable to SCHOOL by April 1, 2026. No refunds after April 1.	April 1

NAME OF
REGISTRANT: _____

SCHOOL Guest Registration Form – Spring 2026

I, _____ (SCHOOL MEMBER-info below) would like to bring the following guests:

Name of Trip/Hike/Class: _____ Date _____

Guest Name: _____

Guest Phone: _____

Guest Email: _____

Guest Emergency Contact Number: _____

Name of Trip/Hike/Class: _____ Date _____

Guest Name: _____

Guest Phone: _____

Guest Email: _____

Guest Emergency Contact Number: _____

Name of Trip/Hike/Class: _____ Date _____

Guest Name: _____

Guest Phone: _____

Guest Email: _____

Guest Emergency Contact Number: _____

SCHOOL MEMBER Information:

Member Name: _____

Member Phone: _____

Member Email: _____

Member Emergency Contact Number: _____

Guest Policy: With the concurrence of the instructor, a member may bring one guest to one session of one class per semester. The member shall also notify the class ambassador in advance with the name and contact information for the guest.

The above policy does not apply to hikes, trips, or performances for which multiple guests may be escorted by the member. Advance notification (and payment if there is a fee for the event) is still required, as noted in the particular hike, trip, or performance description. Members will be given priority over guests for tickets, up until the RSVP date. However, we make every effort to accommodate all members and their guests seeking tickets for one of our offerings.

To protect everyone, we will continue to follow any venue-specific health requirements in effect at the time of the class, trip, or performance.

Please provide the above information for yourselves and your guests, so that our group leaders and ambassadors have this important information for everyone in the SCHOOL group attending the event. All guests are the responsibility of the hosting member, and each guest will be expected to acknowledge the same waiver of liability statement as do all members.

THURSDAYS - SPRING 2026

TH41 Computer Fundamentals

Jesse Valhos

Thurs., Mar. 12; 2 - 3 pm

Cornell Cooperative Extension-Cobleskill

This course, taught by The Bank of Richmondville IT department (Jesse Valhos with intern Christopher Outman), takes students through some of the fundamental computing skills needed in the modern world, along with a brief look at some introductory cybersecurity concepts. Students will learn the skills necessary to use their computer effectively, such as cyber hygiene, navigating office suites, the dangers of public Wi-Fi, file management, and password management. We will also go over Artificial Intelligence and how algorithms cause bias in the news we are presented. Additionally, a good portion of the class time will be spent answering student questions so please come prepared with a computer (optional, but a good idea) and questions!

Participants should bring: A Laptop (optional, but recommended) and Questions!

Bio: As the Network Administrator for the Bank of Richmondville, Jesse Valhos oversees the maintenance, security, and upgrades to the Bank of Richmondville's corporate network against both insider and external threats

Directions: CCE, 173 S. Grand Street, Cobleskill, NY

TH42 The Magic of Collage

Beth Cash

Min 4 / Max 10

Thurs., Mar. 12, 19, 26 ; 11 am - 12:30 pm

Cobleskill United Methodist Church Library

Collage creates artwork using paper, photographs, fabric and ephemera that are glued onto a surface. The process is creative and relaxing. It can be combined with personal ephemera or writing. This class will teach the basics of collage.

Participants should bring: Instructor will provide materials but students are welcome to bring materials of their own to personalize their art.

Fee: \$5 per person for glue and supplies; payable to instructor.

Directions: CUMC, 107 Chapel Street, Cobleskill, NY



TH43 Crochet Class

Margaret Defeldecker

Thurs., Mar. 19, 26, Apr. 2, 9, 16, 23, 30, May 7; 1:30 - 3 pm

St. Vincent's Social Hall, Cobleskill

If you are interested in doing some crafting, consider joining us for a Crochet Class.

Learn, renew or revisit the basics in the art of crocheting. Try your hands at creating enduring crocheted items for baby/child such as clothing or toys/Amigurumi stuffed animals. Crochet items for the home: dishcloths, hand towels, coasters, placemats, doilies to larger projects such as blankets, comforters, tablecloths. Make clothing items for adults, including yourself. Try shoeless sandals.

The possibilities are endless, but the class time is limited. This class will get you started. If you have any started projects, by all means, bring them.

Participants should please bring one or two crochet hooks to the first class, Size D or E (#4 or 5) and / or G (#7 or H #8) as well as one or two skeins of yarn. Metal hooks are best.

Light color yarns are recommended. It is difficult to see the stitches with dark colors. Sports (#3) or Worsted (#4) Weight (WT) are easier to work with for beginners; D/E hooks for sports weight; G/H for worsted weight.

Directions: 138 Washington Ave., Cobleskill, NY

TH44 Social Engineering and How to Protect Yourself

Jesse Valhos

Thurs., Mar. 19; 2 - 3 pm

Cornell Cooperative Extension- Cobleskill

In the context of information security, Social Engineering is defined as the use of deception to manipulate individuals into divulging confidential or personal information that may be used for fraudulent purposes. In today's connected world, when you receive a phone call from the bank, how can you be certain it was actually the bank calling you? The most experienced of us can be duped unless we are reminded often of their techniques - which are constantly getting better and more sophisticated. This course will go over the practice of social engineering, how malicious actors use it to take advantage of you, and how to protect yourself against it. Join Jesse Valhos and intern Christopher Outman as they update us on the latest and greatest criminal activity.

Participants should bring: A Laptop (optional) and Questions!

Bio: As the Network Administrator for the Bank of Richmondville, Jesse Valhos oversees the maintenance, security, and upgrades to the Bank of Richmondville's corporate network against both insider and external threats

Directions: CCE, 173 S. Grand Street, Cobleskill, NY

TH45 The Ultimate Container Garden

Ron Ketelsen

Thurs, Mar. 26, 3:30 - 4:30 pm

Zoom

Whether you have a window ledge or a large well-stocked garden, you can use containers to enhance your outdoor space. This presentation includes recipes and plans for over 30 container planting schemes. Step-by-step slides will show how to plant every kind of container, with tips on fixing and supporting heavy baskets and window boxes, decorating containers, training standards and topiary. A list of more than 1,000 plants will be provided to enable the participants to choose successful color combinations in every season.

Whether you're looking to enhance a small balcony, create a vibrant patio, or add greenery to your home, this presentation will help you make the most of your gardening endeavors. Dive into the world of container gardening and transform your outdoor spaces into lush, inviting retreats.

TH46 Intro to German

Jeannette Balins

Thurs. Apr. 2, 9, 16; 11:45 am- 1:15 pm

St. Vincent's Social Hall- Cobleskill

Start learning German through the Berlitz method. This is an immersive language learning approach that emphasizes speaking and practical application. (Only German will be spoken in class.)

Each student will need to purchase a textbook "The Berlitz Self Teacher - German". (available on Amazon)

Bio: Jeannette studied German in Germany and Austria. She also taught at the International School of Languages in NYC.

Directions 138 Washington Ave., Cobleskill, NY (lower level)



TH47 Did the US Government Steal the Tesla Files?

Ron Ketelsen

Thurs. April 2, 10 - 11:15 am

Zoom

The claim that the U.S. government "stole" Nikola Tesla's files stems from the circumstances surrounding his death on January 7, 1943, in New York City during World War II. Shortly after Tesla died alone in his hotel room, the FBI's Alien Property Custodian office seized his belongings, including notebooks, research papers, and various documents, citing national security concerns due to the wartime context and Tesla's work on potentially revolutionary technologies like directed-energy weapons and wireless power transmission. The government commissioned MIT professor John G. Trump (uncle of President Donald Trump) to review Tesla's papers, and he concluded that the materials contained "no workable principle or method" and posed no security threat. Most of Tesla's papers were eventually released to his family and later donated to the Tesla Museum in Belgrade, Serbia, though some documents remain classified to this day. While the government's actions were technically legal under wartime property laws since Tesla died without a will, the incident has fueled decades of conspiracy theories suggesting that the government suppressed revolutionary technologies, particularly Tesla's alleged "death ray" and free energy concepts, though no concrete evidence has emerged to support claims that groundbreaking inventions were hidden or exploited by the military-industrial complex.

TH48 The Battle of Cobus Kill

Ted Shuart

Thurs., Apr. 2, 4:30 - 6:00pm

SUNY-Cobleskill: RoomTBD

Often overlooked as just another frontier skirmish of the American Revolution, the battle fought at Cobleskill on May 30, 1778 marked the beginning of a new phase of the war: a campaign of terror against the vulnerable frontier settlements. The events leading up to the battle, the participants, and the outcome will be examined in some detail.

Bio: Schoharie County Historian since 2013; Director of the Palatine House Museum, Schoharie; Trustee of Schoharie County Historical Society; Interpreter at Old Stone Fort Museum; formerly Master Printer, Interpreter, and Teacher for 22 years at the former Farmer's Museum, Cooperstown, NY.

TH50 South Indian Herbs and Spices for Relief of Joint Pain

Fr. Joseph Arockiasamy

Min 4

Thurs. Apr. 16; 4 - 5 pm

St. Vincent's Social Hall- Cobleskill

South Indian culinary traditions utilize different herbs and spices to decrease joint pain, through the anti-inflammatory nature of these herbs and spices. Join Father Joe in learning how to use them in your home culinary endeavors.

Bio: Roman Catholic priest for over 40 years; Taught to cook by his Mom in India.

Directions: 138 Washington Ave., Cobleskill, NY (lower level)

TH51 Readers' Resources

Min 3 / Max 50

Thurs., Apr 23, 1 - 2:30 pm

Community Library- Pgm Room

This presentation by librarian Don LaPlant will introduce a range of apps, websites, and online platforms of interest to readers including book tracking tools, resources to help you find your next favorite book, places to download free books, and other tools for bibliophiles.

Bio: Don holds a Masters in Information Sciences and has worked as a librarian for the past 14 years.

Directions: The Community Library, 110 Union St. Cobleskill

TH52 The Palatines: From Rhineland to Schoharie

Ted Shuart

Thurs., Apr. 23, 4:30 - 6:00 pm

SUNY-Cobleskill: RoomTBD

By the early 17th century the residents of the Palatinate in the Upper Rhineland have been ravaged by war, brutally cold weather, and famine. Their year-long journey takes them first to England, then to the mid-Hudson Valley, and finally to Schoharie, where they find the native population helpful and their British governors less so.

Bio: Schoharie County Historian since 2013; Director of the Palatine House Museum, Schoharie; Trustee of Schoharie County Historical Society; Interpreter at Old Stone Fort Museum; formerly Master Printer, Interpreter, and Teacher for 22 years at the former Farmer's Museum, Cooperstown, NY

TH53 Cuisine of Portugal

Jeannette Balins

RSVP by 4/15/26

Thurs., Apr. 30; 12:30 - 5:30 pm

Min 5 / Max 10

Worcester, NY

MENU

“Caldo Verde”: Potato and Kale Soup with Sausage

“Bolinhos de Bacalhau”: Codfish Cakes with Coriander and Mint

“Lombo de Porco com Pimentos Vermelhos Doces”: Marinated Pork Loin with Sweet Red Peppers

“Toucinho do Ceu”: A rich Almond Cake

Participants should please bring an apron and small containers for the samples you will take home.

Bio: Formerly Chef/Owner of A Taste of Europe

Fee: \$35 per person; Payable to SCHOOL. Sign up and pay by 4/15/26. No refunds after that date.

Directions: 2607 County Rd 39 Worcester, NY

TH54 The Deadliest Flood in American History

Ron Ketelsen

Thurs., Apr. 30; 10 - 11:15 am

Zoom

The Johnstown Flood of May 31, 1889, stands as the deadliest flood disaster in American history, claiming over 2,200 lives in a matter of hours. The catastrophe occurred when the South Fork Dam, located approximately 14 miles upstream from Johnstown, Pennsylvania, failed after days of heavy rainfall. The dam, which had been poorly maintained by the South Fork Fishing and Hunting Club—an exclusive resort owned by wealthy Pittsburgh industrialists including Andrew Carnegie and Henry Clay Frick—collapsed around 3:10 PM, releasing 20 million tons of water from Lake Conemaugh. A massive wall of water, debris, and wreckage up to 60 feet high roared down the narrow Conemaugh Valley at speeds reaching 40 miles per hour, obliterating everything in its path including entire towns, factories, homes, and railroad cars. When the debris-laden torrent reached Johnstown, it devastated the industrial city, destroying over 1,600 homes and leaving thousands homeless. The disaster drew national attention, prompted one of the first major relief efforts by the American Red Cross under Clara Barton, and led to increased scrutiny of dam safety and corporate responsibility in the United States.

TH55 Garnishes

Jeannette Balins

Thurs., May 7; 1 - 3 pm

RSVP by 4/23/26

Min 5 / Max 10

Worcester, NY

Food looks more appetizing when it is garnished. Join in the fun of creating garnishes from vegetables and fruit. Please bring a paring knife.

Bio: Formerly Chef/Owner of A Taste of Europe

Fee: \$10 per person; Payable to SCHOOL. Sign up and pay by 4/23/26. No refunds after that date.

Directions: 2607 County Rd 39 Worcester, NY



TH56 Connecting the Dots: Beginner Sewing

Ann Kelchlin

Min 2 / Max 6

Thurs. May 7, 14, 21, 28; 9 am - 1 pm

Cornell Cooperative Extension- Cobleskill

Looking to dust off that sewing machine and put it to use. Come join us in exploring the art of sewing. We will explore and learn the basics of sewing . What is the bias? Straight of the goods??? Or crossgrain? By learning basic sewing concepts no project is limited. How do you buy fabric or choose the appropriate fabric for the project? We will go to a fabric store and learn these skills. We will make several simple projects applying the learned skills.

Participants should please bring your own sewing machine, thread, pins and scissors. If you don't have a sewing machine or supplies let me know! No barriers!

Bio :Instructor has decades of sewing experience starting at age 8 as a 4H member and continuing on being a leader of 4-H, teaching my children, and now grandchildren how to sew and many life skills.

Directions: CCE, 173 S. Grand Street, Cobleskill, NY

TH57 Alzheimer's Association Education Series

Ann Thayer

Min 5

Thurs., May 14, 21, 28; 2 - 3 pm

Middleburgh Library

Healthy Living for Your Brain & Body

At any age, there are lifestyle habits we can adopt to help maintain or even potentially improve our health. These habits may also help to keep our brains healthy as we age and possibly delay the onset of cognitive decline.

10 Warning Signs of Alzheimer's

Learn the 10 Warning Signs of Alzheimer's disease, hear from people who have the disease, and find out how to recognize the signs in yourself or others.

Understanding Alzheimer's and Dementia

Learn about detection, causes, risk factors, stages and treatment of Alzheimer's disease.

Bio: Ann Thayer is the Associate Director of the Alzheimer's Association of NENY, and she has over 20 years experience as a memory loss, dementia and Alzheimer's expert.

Directions: 323 Main Street, Middleburgh, NY



TH58 Revolutionary Veterans of Towns of Summit & Fulton

Karen Cuccinello

Thurs., May 28; 11 - noon

Schoharie Library

In honor of the 250th Birthday of the USA, Karen will review bios on the 24 or so Revolutionary Soldiers with connections to Summit & Fulton (& a few from other towns). There will be a slide show of some of the pension documents she used for research and photos of some of their gravestones.

Bio: Town of Summit & Village of Stamford Historian, APHNYC coordinator for Region 7 and historian at Stamford Library. Author of numerous local history books, genealogist and historian for a whole bunch of years.

Directions: 103 Knower Ave., Schoharie, NY

TH59 Home Composting & Demonstration Tour

Carole Henry

Thurs., June 11 at 10-noon

RSVP by 5/27/26

Min 10

Voorheesville, NY

Home composting is a simple yet effective way to contribute to a more sustainable lifestyle by reducing landfill waste and a household's carbon footprint. Using compost in your lawn and garden leads to healthier plant growth and saves money by eliminating needs for chemical fertilizers. We invite you to learn about tumbler, trench, 3-bin, stealth, heap, bokashi, digester, keyhole and vermicompost (red worms). Our tour of the compost demonstration garden will answer your questions. Join us to see which of our 9 methods of home composting is best for you!

Participants should dress for the weather.

Bio: Albany Master Gardener Compost Team led by Ronnie Siegel and Sarah Foster

Fee: \$10 per person; Payable to SCHOOL. Sign up and pay by 5/27/26. No refunds after that date.

Directions: Cornell Cooperative Extension Albany County, 24 Martin Road, Voorheesville NY 12186



TH60 Thomas Burbine Forest Disk Golf Course

Nancy Gunther

Thurs., June 18 at 10 - noon

Raindate: Th June 25

Charleston, NY- Corbin Hill Rd.

Join us for a scenic hike through the Thomas Burbine Memorial Forest, home of Montgomery County's first disc golf course. Our route winds through a beautiful pine forest with rolling hills, a peaceful pond, and charming wooden bridges. The full 18-hole disc golf course stretches across two miles of natural, picturesque terrain- perfect for both outdoor enthusiasts and nature lovers.

Participants should please bring a water bottle, bug spray and wear sturdy footwear.

Directions: Corbin Hill Rd, Charleston Four Corners, NY 12066 (parking lot is a few hundred yards north of the Charleston Highway Dept.)

TH80 Venezuela - the Aftermath of the US Invasion

Salvidore Rivera, PhD

Thurs., April 30; 6 - 7:30 pm

Max 50

Community Library- Program Room

Professor Rivera will discuss the US invasion of Venezuela and the capture of President Maduro. He will focus on the aftermath of the invasion and its potential outcomes. The event will encourage questions and discussion from the audience.

Bio: Professor Salvador Rivera is an instructor of History and Sociology at the State University of NY at Cobleskill. He has also taught as an adjunct at SUNY Albany and Hartwick College. He received his PhD in History from SUNY Albany.

His most recent book, *The Fragmented Nation*, was published in October 2025. The book deals with Latin America's interaction with the world. He explains that Latin America's inability to totally control its destiny stems from the political fragmentation that emanated when the region became independent of the Iberian Powers.

Directions: 110 Union Street, Cobleskill, NY



FRIDAYS - SPRING 2026

F20 Hike at Partridge Run

Jen Mosher & Bob Montione

Raindate 4/28 Min 2

Fri., Apr. 24; 12:30 - 3:30 pm

Albany County- near Berne, NY

We will plan to hike about 1.5 to 2 miles on varied terrain through the woods to find spring wildflowers in bloom. This part of Partridge Run is rich in a variety of wildflower species, including spring beauties, and possibly hepatica, Dutchmen's breeches, squirrel corn, red trilliums, and maybe some trout lilies. The trail goes along the top of a ravine and past a wetland with birches, hemlocks, and even a view. There is a hill and some uneven, rocky ground near the beginning, then an easier trail with gentle ups and downs.

The primary purposes of Partridge Run Wildlife Management Area (WMA) are for wildlife management, wildlife habitat management, and wildlife-dependent recreation. This WMA consists of about 4,500 acres of upland and wetland habitat in Albany County. There are numerous trails in the area, including some trails which are also part of the Long Path.

Most of Partridge Run WMA is forested with natural stands of northern hardwoods composed of maple, ash, and yellow birch, as well as hemlock. Several hundred acres of spruce and pine plantations were planted during the 1930s and 1940s. There are several hundred acres of fields maintained throughout the WMA. In addition, there are numerous ponds, wetlands, and beaver impoundments located on the WMA. In 2004, Partridge Run WMA was designated as part of the Helderberg Bird Conservation Area. A variety of habitats on the escarpment provide an important area for both resident and migrant birds.

Participants should wear sturdy hiking shoes/boots (ankle support is a good idea) and bring water, bug spray, cell phone, and snacks.

Bio(s): Bob Montione is an environmental scientist who has spent most of his career planning and implementing the cleanup of hazardous waste in the environment in places such as Onondaga Lake and various wetlands and other bodies of water, such as the Hudson River, doing wetland restoration, monitoring fish and water supplies, and more. Jennie Mosher is the Program Director at the Schoharie Library. Bob and Jennie have been hiking and observing/identifying the plants and animals along the way for most of their lives. They live in Schoharie.

Directions: Possibly meet at the Berne Town Park at noon and caravanning to the start point. More specific instructions will be sent to registrants closer to the actual date.

F61 Bridge - Learn and Play

Sandy MacKay

Min 4

Fridays ongoing 10-noon beginning Feb. 6

Community Library- Pgm room

Join our group to learn, relearn, or just to play Bridge. Bridge is FUN, and . . .
Bridge is to all other card games as Chess is to Checkers – engage your brain!

Participants should bring: Your brain and your social skills

Directions: 110 Union Street, Cobleskill, NY

F62 Reading to Children for Fun and Learning

Gail Wentworth

Max 25

Fri., Mar. 13; 11 am - 12:30 pm

SUNY-Cobleskill: Holmes Hall 228

Reading to children is a time to bond, have fun, instill a love of literature, and teach in an informal way. Participants will learn what the science says about learning to read, from infancy through childhood and how to use those principles while reading to their favorite young audiences. A wide selection of picture books will be available to review, critique, and practice reading aloud for pleasure and for teaching/learning.

Bio: Gail is a former preschool and elementary school teacher (USA and Europe) and has been teaching Early Childhood studies in higher education for over 25 years. One of her areas of expertise is early literacy development based on current research into the "science of reading".

F63 Tips and Tricks for the Home Gardener

Elizabeth Brown

Fri., March 13; 1 - 2:30 pm

Cornell Cooperative Extension- Cobleskill

Join the Schoharie County Master Gardener Volunteers for a fun hands-on workshop. Topics may include different methods for seed starting; proper watering techniques, how to plan your garden, and a "show and tell" of our favorite tools. Bring your gardening questions!

No fee, but please register early so they can have enough materials on hand.

Bio: Master Gardener Volunteers have completed training through the Cornell Cooperative Extension program on research-based best practices in various aspects of home gardening.

Directions: Cornell Cooperative Extension Office on South Grand Street in Cobleskill

F64 The Brain as a Toaster

Susan Emerson MD

Fri., Mar. 20 at 2 - 4:30 pm

Zoom

The brain is one of two organs whose product (behavior) is observable by those around us (the other is skin). We'll discuss the brain's inputs and outputs in health and disease, including the vocabulary you need to discuss them with others, ways to decide whether your brain is working the way you want, and how you can adjust its function if it displeases you. (And we'll spend a few moments on what to do if you see that someone else's 'toast' is burning...) This is a repeat of her Oct 2017 talk, with some updates.

Participants should bring the ability to use Zoom, and a computer with a screen large enough to see slides.

Bio: MD since 1994, board certified in Family Medicine

F65 Hydroponics - An Introduction

Chris Cash & Melissa Brechner

Max 20

Fri., Mar. 20; 10:30 am - noon

SUNY-Cobleskill: CANR Room 040

This course will feature an introduction to hydroponic growing systems, and the hydroponic vegetable production industry in New York. We will have a tour of the hydroponically grown tomatoes in the SUNY Cobleskill greenhouses as well as a tour of our Conservatory plant collection.

Bio(s): Dr. Emeritus Professor & SUNY Assistant Professor in Plant Science. Instructor for Hydroponics 300 level college course.

Directions: SUNY-Cobleskill, CANR Bldg, Rockland Lane, Cobleskill, NY

F66 Freshwater Mussel Conservation at SUNY Cobleskill

Andrew Gascho Landis

Min 5 / Max 20

Fri., Apr. 10; 1 - 2 pm

SUNY-Cobleskill: CANR 114

Freshwater mussels are nature's water purifiers. Come hear about all the benefits they provide to stream and river ecosystems and their wacky reproductive techniques. Unfortunately, the majority of freshwater mussel species are increasingly uncommon because of the negative way that humans have treated our waterbodies. Learn about ways that researchers at SUNY Cobleskill are working to help understand and restore local freshwater mussel populations. This course will include a tour of the freshwater mussel propagation lab and the trout hatchery in the Center for Agriculture and Natural Resources.

Bio: Andrew Gascho Landis is a SUNY Cobleskill Associate Professor of Environmental Science and Brian Hefferon is Instructional Support for Fisheries at SUNY Cobleskill.

Directions: SUNY-Cobleskill, CANR Bldg, Rockland Lane, Cobleskill, NY



F67 Redefining Rich - Shannon Hayes of Sap Bush Hollow Farm

Shannon Hayes PhD

Max 10

Fri. Apr. 17; 1 - 3 pm

CUMC- Golding Lounge

Shannon Hayes is a prominent local author and advocate for sustainable living, known for her works on agrarianism and community development. Against the odds, the Hayes family built a business that lets them live abundantly, spend time with family, and enjoy the gifts of nature. In her book 'Redefining Rich', Hayes reveals the best lessons she's learned for taking an alternate path, whether it lies in rural America, in the 'burbs, or the heart of the city. Join her in person for a provocative and interactive question and answer discussion based on her views of the fundamentals of sustainable wealth, omelet economics, quality of life statements, and the gift of time (Yes to No).

Website: www.sapbushfarmstore.com.

Suggested prerequisite: Obtain and read a copy of the book Redefining Rich (published 2021); available in bookstores and on-line.

Bring your questions, including how you might apply some of her ideas to your life or with others

Bio: CEO, Chef, Author, Radical Homemaker...Shannon holds a PhD in sustainable agriculture and community development from Cornell University and a bachelors in creative writing from Binghamton University. She is the author of seven books, including The Grassfed Gourmet, Radical Homemakers and Redefining Rich. Shannon's latest book, Redefining Rich: Achieving True Wealth with Small Business, Side Hustles & Smart Living, released from BenBella Books in August 2021, was the winner of a Nautilus medal.

Directions: 107 Chapel Street, Cobleskill, NY

F68 VV- In Search of Ancient Greece

Kathy Livingston & Kathy Slater

Fri., May 1, 2 - 4 pm

Cornell Cooperative Extension- Cobleskill

Join the Kathy's as they share an overview of one their adventures this past summer as they explored the 'highlights of Ancient Greece'. They experienced the rugged ruins and monuments to the various gods and goddesses worshiped by the ancient Greek peoples and learned about the history and cultures of the ancient Greek world. Highlights include ascending the Acropolis and visiting the Parthenon above the city of Athens, hiking up to various temples to Zeus, Apollo, Athena, Poseidon, the Oracle at Delphi, the ruins of the original Olympic site at Olympia, the Ancient Theater of Epidaurus, and others. The foods, wines, more recent history, and even a cooking lesson and a 'beach day' were part of the Greek experience.

Directions: CCE, 173 South Grand Street, Cobleskill, NY

F69 Learning to Interpret our Dreams

Yolanda Koumidou LCSW

Min 4

Fri., May 8: 10 - noon

CUMC- Social Hall

You will learn to work with your dreams. Through dreams, the unconscious offers accurate messages about where you are in your life and where you need to go. Learning to decode your dreams will help you understand yourself better and the course of your life.

Participants should bring: notebook and pen

Bio: 30 plus years as a psychotherapist, international presenter and retreat leader. Author of two books and six poetry collections.

Directions: 107 Chapel Street, Cobleskill, NY

F70 Metal Detecting Primer

Chris Keefer

Raindate= 5/15

Fri. May 8; 2 - 3:30 pm

Town Hall- Carlisle, NY

Chris Keefer has been metal detecting for several years in and around Schoharie County. Her presentation will include slides of special "finds," equipment, tales, and how-to, in case anyone wants to get the metal detecting bug. After the slide program, the group will head outside to try out detecting some targets.

Bio: Author, teacher, birder , retired teacher, town historian and detectorist, Chris Keefer has presented many fun classes for SCHOOL.

Directions: Carlisle Town Hall, 541 Crommie Road, Carlisle NY



F71 Hike the Cliff Escarpment Above Middleburgh

Steve Babbitt

Raindate= 5/29

Fri; May 22; 12 - 4 pm;

Near Middleburgh, NY

Hike this forested section of the Long Path hiking trail, which features panoramic Schoharie Valley views and a birds-eye view of Middleburgh's village streets below. The route descends from midway up Cotton Hill, transiting along the top of The Cliff's escarpment where the views occur, then descends to the valley floor and ends on a residential street in Middleburgh. The owners of the private property parcels that the trail crosses have granted permission for hiking trail use. The path is nearly level and easy hiking for a 1-mile stretch along the top of the escarpment, but the rest of the journey is more demanding: there will be a net elevation loss of 900 ft for the 3.7 mile distance (meaning extensive mild to moderately-steep downhill hiking, mainly on wood roads with good footing).

But wait, there's more: view the pinksters (wild azaleas) in bloom! Before beginning the hike, we'll first caravan to a location on Cotton Hill Rd known to still have pinksters. Note: The plan is to shuttle cars to the ending point, leave some cars there, then car pool to the pinksters and then the starting point on Cotton Hill.

This route is described as a portion of Section 32 in the Long Path's website guidebook, but we will proceed in the downhill direction to lessen the exertion and detour briefly off the trail on a woods road to avoid the 'Lemon Squeeze' hands-and-feet scramble (unless you are daring!). The views and the Spring flora beckon.

Participants should wear sturdy hiking shoes and bring water, bug spray, cell phone, snacks.

Bio: Steve is a member of the Long Path North Hiking Club and a Trail Maintainer for a nearby portion of this long distance hiking trail.

Directions: Meet at Timothy Murphy Park in Middleburgh, to organize shuttle cars and car pools. Car pooling will be necessary due to limited parking spaces. Some shuttle vehicles will need to be parked at the ending point of the hike, the cul-de-sac of a residential Middleburgh village street. More specific directions will be sent to those who register for this hike.



F72 Inner Eaters - Befriending the Parts of Our Personality Who Overeat

Yolanda Koumidou LCSW

Min 4

Fri, Jun 12, 10 - noon

CUMC- Social Hall

You will learn how to identify, befriend and control better the parts of your personality who tend to overeat. You will gain a better understanding of how these parts develop and take over, causing us to carry weight which does not belong to us.

Participants should bring: notebook and pen

Bio: 30 plus years as a psychotherapist, international presenter and retreat leader. Author of two books and six poetry collections.

Directions: 107 Chapel Street, Cobleskill, NY

F73 Gilboa Museum & Sunken City Cidery

Kristen Wyckoff

Raindate= 6/27 10:30-1:30

Min 2

Fri., June 26 at 1 pm

(Cidery opens at 3 pm)

Gilboa, NY

Old Gilboa was once the largest town in Schoharie County, until it VANISHED!

Join us to investigate what the village looked like and what happened to the people. The construction of the Gilboa Dam and the Schoharie Reservoir is forever tied to the reshaping of this entire area. The Juried History Center is an expanded wing of the museum dedicated to the history of the region and the peoples who lived there over the centuries.

Journey even further back in time and view the museum's extensive collection of fossils from some of the oldest trees in the world, from when this area was a Devonian period forest.

The Juried Barn next door contains a growing collection of local historical and agricultural tools and implements, and the wraparound museum deck provides visitors a place to sit, enjoy the view, and eat lunch after visiting the Museum.

Afterwards, take a quick trip (1 minute) down the road to the Sunken City Cidery and sample some of their many flavors and variations of this local apple product. There also is usually light fare available, or you can bring your own snack or lunch. The Cidery often has some food trucks and live entertainment.

Fee: No fee, but donations are always appreciated at the museum.

Directions: Gilboa Museum is located at 122 Stryker Road, Gilboa, NY 12076. The Cidery is at 193 Stryker Road (you can see it from the museum).

SATURDAY AND SUNDAY - SPRING 2026

SAT75: Basic Life Support / CPR

Barbara Euler

RSVP by Mar. 7

Min 10 / Max 16

Sat., Mar. 14; 8:30-noon

Cobleskill Regional Hospital

The American Heart Association's Basic Life Support (BLS) course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate breaths and ventilations, and provide early use of an AED. The course reflects science and education from the 2025 American Heart Association Guidelines for CPR and Emergency Cardiovascular Care (ECC).

Who should take this course?

The American Heart Association's BLS Course is designed for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-hospital and out-of-hospital settings.

What does this course teach? High-quality CPR for adults, children, and infants

- BLS concepts from the Chain of Survival
- Delivering effective breaths or ventilations
- Importance of early use of and how to use an AED
- Performance as an effective team member during multi-rescuer CPR
- Relief of foreign-body airway obstruction (choking) for adults, children, and infants

Participants should bring a pen or pencil to class. They may also bring a drink and/or food.

Note: There will **not** be a waitlist, please plan on coming if you sign up, otherwise your seat will be empty.

Bio: BLS Instructor, Registered Nurse, Emergency Department for 30+ years

Fee: \$4.00 for BLS card payable at venue .

Directions: Cobleskill Regional Hospital, 178 Grandview Drive, Cobleskill, New York, 12043.
Education Training Room - Ground Floor, directly to the left on entering the front door



SUN76: Sound of Music at Proctors

Rose Keller & Kathy Livingston

RSVP by 2/22/26

Sun., Mar. 22; 2 pm show

Proctors Theater, Schenectady

Max 5

THE SOUND OF MUSIC is the iconic true tale of a spirited nun who chooses not to live behind closed doors – and, by following her heart, learns to climb every mountain. For 65 years, THE SOUND OF MUSIC has been one of our “favorite things.”

With its timeless story and irresistibly charming score, this Rodgers & Hammerstein classic isn’t just meant to be enjoyed – it’s meant to be shared. Now, a critically acclaimed North American tour brings the cherished musical to stages across the country to teach a new generation to sing.

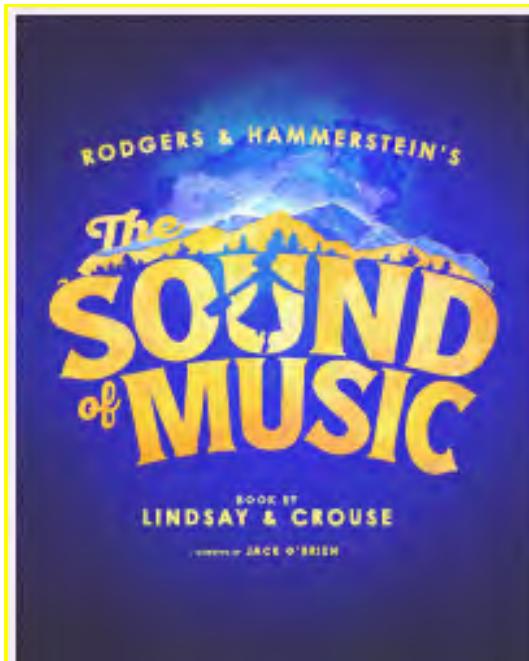
Directed by three-time Tony Award® winner Jack O’Brien (Hairspray), this vibrant and romantic tale of Maria and the von Trapp family will captivate audiences with its universal themes of love, resilience and the power of music.

THE SOUND OF MUSIC features music by Richard Rodgers, lyrics by Oscar Hammerstein II, and book by Howard Lindsay and Russel Crouse, suggested by The Trapp Family Singers by Maria Augusta Trapp.

Fee: Seats: There is one balcony seat still available: \$108 for members / \$114 for guests. There are 4 main (lower) level left seats available: \$50 for members / \$55 for guests. Sign up and pay by 2/22/26 . No refunds after that date.

This is a ‘drive yourself’ event. Please arrive at least 45 minutes early to allow for parking and finding your seat.

Directions: Proctor’s Theater, 432 State Street, Schenectady, NY



SUN77 Foxestown Guided Historic Walking Tour

Jeff and Pam O'Connor

RSVP by 4/5/2026

Sun., Apr. 12; 2 - 4 pm

Schoharie Covered Bridge area

This tour at the north end of the Village of Schoharie features the Palatine settlement of Fuch's Dorf, 18th century architecture, and the American Revolution. Foxestown is the English version of Fuch's Dorf, one of the seven Palatine Dorfs, or villages, settled by 1714. Jeff and Pam will share their knowledge of Mohawk & other native occupation sites, colonial trails & roads, Mann's Tavern, Eckerson Mill, Stone Church parsonage, early churches, Old Stone Fort & 1777 stockade, 1772 Swart's Tavern, Johnson Raid of 1780, David Williams Monument, Col. Peter Vroman House & so much more! The tour will last about 2 hours while we walk about 1.5 miles.

Participants should wear comfortable shoes, dress for the weather, and bring a water bottle.

Bio: Jeff O'Connor has been researching and writing about local colonial and Revolutionary War history for 30 years and leading historical tours for 10 years. He is the author of The Old Stone Fort - Guardian of Schoharie County History Since 1772 and the three-part series entitled Skohere and the Birth of New York's Western Frontier (Volume I: 1609 - 1686 ; Volume II: 1687 - 1703 ; Volume III: 1703 - 1731). He has also served several terms on the Board of Trustees for the Schoharie make one page County Historical Society. Pam O'Connor has a long association with local historical organizations, including the Richmondville, Cobleskill, and Schoharie County Historical Societies, and notably working on the Educational Committee of the SCHS that organized the interpretive displays and programs of the One-Room Schoolhouse at the Old Stone Fort Museum. She currently makes authentic historical flag reproductions and a few of her flags can be seen on HBO's The Gilded Age and Amazon Prime's Fallout.

Fee: \$10 per person; Payable to SCHOOL. Sign up and pay by 4/5/2026. . No refunds after that date.

Directions: Meet at the Covered Bridge Parking Lot, Schoharie, which is just off the corner of Route 443 and Route 30.



SUN78 “&Juliet” at Proctors

Rose Keller & Kathy Livingston

RSVP by 4/1/26

Max 10

Sun., May 3 at 2 pm

Proctors Theater, Schenectady

A must-see this season, “& Juliet” is a high-energy imaginative take on the greatest love story ever told that flips the script, and asks: what would happen if Juliet didn’t end it all over Romeo?? Get whisked away on a fabulous journey as she ditches her famous ending for a fresh beginning and a second chance at life and love—her way.

Juliet’s new story bursts to life through a playlist of pop anthems as iconic as her name, including “Since U Been Gone,” “Roar,” “Baby One More Time,” “Larger Than Life,” “That’s The Way It Is,” and “Can’t Stop the Feeling!”—all from the genius songwriter/producer behind more #1 hits than any other artist this century— Max Martin.

Break free of the balcony scene and get into this romantic comedy that proves there’s life after Romeo. The only thing tragic would be missing it.

Bio: & Juliet is produced on Broadway and on tour by Max Martin, Tim Headington, Theresa Steele Page, Jenny Petersson, Martin Dodd, and Eva Price. & Juliet has now been performed on four continents since its World Premiere in September 2019

Fee: 10 seats available- lower level orchestra left: \$50 each for members / \$55 for guests. Payable to SCHOOL by April 1, 2026. No refunds after April 1.

This is a ‘drive yourself’ event. Please arrive at least 45 minutes early to allow for parking and finding your seat.

Directions: Proctor’s Theater, 432 State Street, Schenectady, NY



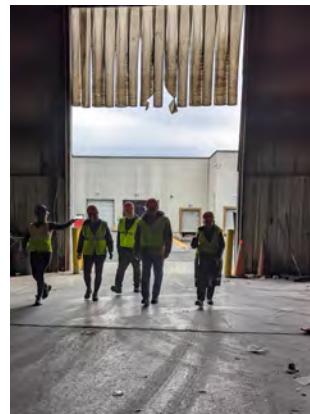
Consolidated Spring 2026 SCHOOL Class Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
8 am						
9 am	Wildflower Walk - Mon., May 11; 9:00 - 11:00 am (Rain date: Wed., May 13)			Connecting the Dots: Beginner Sewing - Thurs., May 7, 14, 21, 28; 9:00 am - 1:00 pm		Basic Life Support/CPR - Sat., Mar. 14; 8:30 am - 12:00 noon
10am	Functional Integrated Training - Mon., Wed., Mar. 2, 4, 9, 11; 10:00 - 11:00 am VV - Cruising on a Sailboat - Mon., Mar. 30; 10:30 am - 12:00 noon Can You Say "Cheesecake?" - Mon., Apr. 20; 10:00 am - 12:00 noon Washington Park Walking Tour and Tulip Display - Mon., May 4; 10:00 - 11:30 am (Rain date: Tues., May 5) Fun with Cement - Make your own Bird Bath - Mon., June 29; 10:00 - 11:30 am	Confident Beginners Quilt Class - Tues., Feb. 3 - ongoing; 10:00 am - 4:00 pm Fun with Cement - Make your own Bird Bath - Tues., June 30; 10:00 - 11:30 am	Functional Integrated Training - Mon., Wed., Mar. 2, 4, 9, 11; 10:00 - 11:00 am ART TALKS - Wed., Mar. 11, 18, 25; 10:00 - 11:00 am VV - Istanbul to Budapest on the Danube River plus Tuscany - Wed., Apr. 15; 10 - 11:30 am Clark Foundation Greenhouse Tour, Cooperstown - Wed., Apr. 22; 10:00 - 11:30 am Organics in the Circular Economy: How they Affect our Carbon Footprint - Wed., May 6; 10:00 am - 12:00 Zin Smith Trail Hike - Wed., May 27; 10:00 am - 12:00 noon (Rain date: May 29) Cross Hill Heir-looms Garden Tour & Spring Arrangement - Wed., June 17; 10:30 - 12:00 noon	Did the US Government Steal the Tesla Files? - Thurs., Apr. 2; 10:00 - 11:15 am The Deadliest Flood in American History - Thurs., Apr. 30; 10:00 - 11:15 am Home Composting & Demonstration Tour - Thurs., June 11; 10:00 am - 12:00 noon Thomas Burbine Forest Disk Golf Course - Thurs., June 18; 10:00 am - 12:00 noon	Bridge - Learn and Play - Fri., Feb. 6 - ongoing; 10:00 am - 12:00 noon Hydroponics - An Introduction - Fri., Mar. 20; 10:30 am - 12:00 noon Learning to Interpret our Dreams - Fri., May 8; 10:00 am - 12:00 noon Inner Eaters - Befriending Parts of Our Personality Who Overeat - Fri., June 12; 10:00 am - 12:00 noon	
11am		Growing Microgreens at Home - Tues., Apr. 14; 11:00 am - noon	European Perspective on the Rise of the Far Right - Wed., April 8; 11 am - 1:30 pm	The Magic of Collage - Thurs., Mar. 12, 19, 26; 11:00 am - 12:30 pm Intro to German - Thurs., Apr. 2, 9, 16; 11:45 am - 1:15 pm Revolutionary Veterans of Towns of Summit & Fulton - Thurs., May 28; 11:00 am - 12:00 noon	Reading to Children for Fun and Learning - Fri., Mar. 13; 11:00 am - 12:30 pm	
12pm	Reception and Annual Meeting - Mon., May 18; 12:00 - 3:00 pm	Cultivating Mindfulness and Practicing Meditation - Tues., Mar. 17, 24, 31, Apr. 7; 12:00 noon - 1:00 pm	Tapas 2.0 - Wed., Apr. 29; 12:30 - 5:30 pm	Cuisine of Portugal - Thurs., Apr. 30; 12:30 - 5:30 pm Hike at Partridge Run - Tues., May 19, 12:30 am - 3:30 pm	Hike the Cliff Escarpment Above Middleburgh - Fri., May 22; noon - 4:00 pm	

Consolidated Spring 2026 SCHOOL Class Schedule

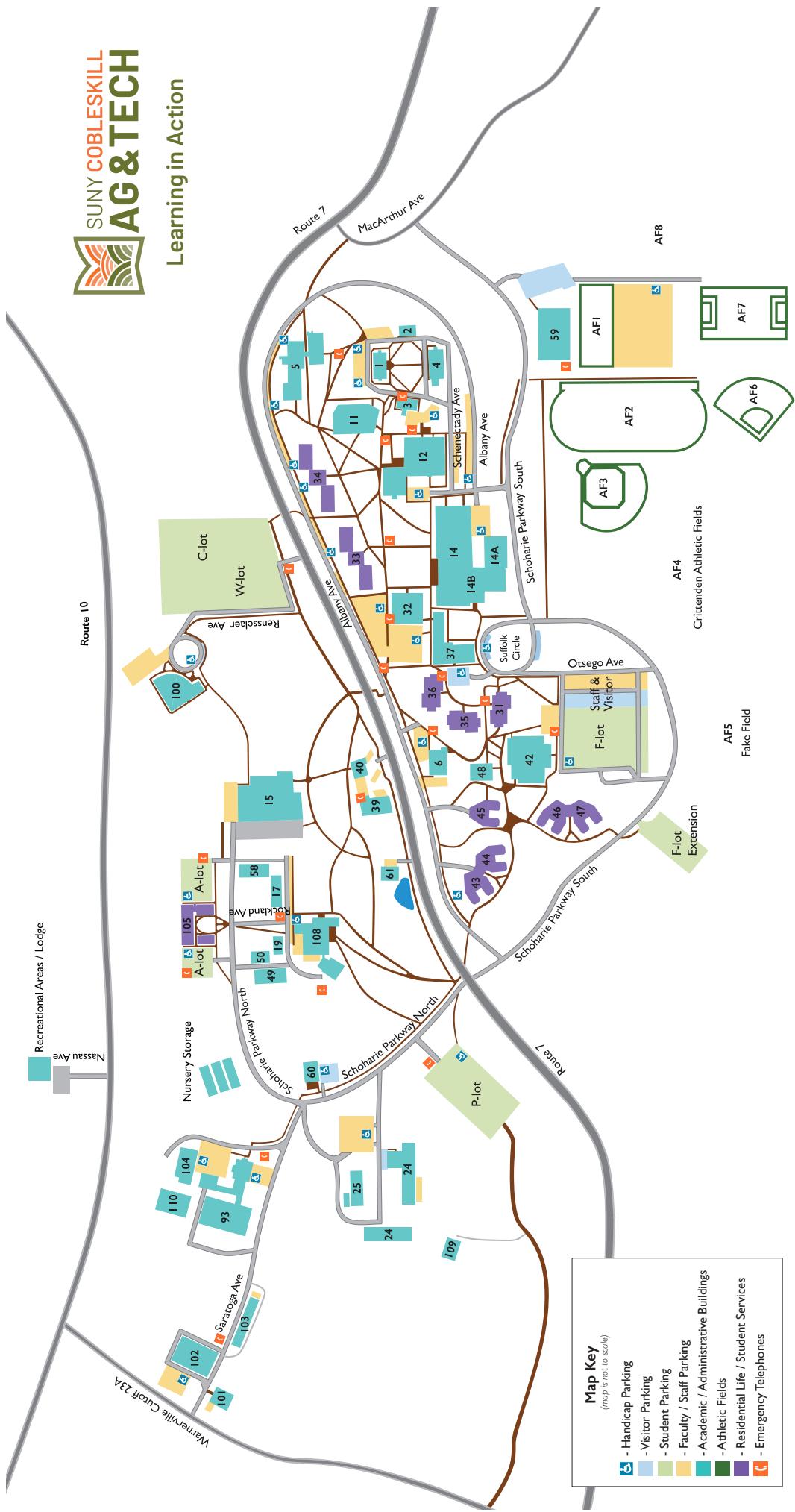
1 pm	Intermediate Spanish - Mon., Mar. 16, 23, 30, Apr. 6, 20, 27, May 4; 1:30 - 3:30 pm	Conversational Spanish - Tues., Mar. 17, 24, 31, Apr. 7, 14, 21, 28, May 5, 12; 1:15 - 3:15 pm	Silver Screenings III: More Movie Matinees - Wed., Feb. 18, Mar. 18, Apr. 15, May 20, June 17; 1:00 - 3:30 pm Fall Prevention and Balance Screen - Wed., Mar. 25, Apr. 29, May 27, July 1; 1:30 - 2:30 pm Lift Every Voice & Sing - Wed., Apr. 22; 1:30 - 2:45 pm Storysongs - Wed., May 6; 1:30 - 3:00 pm Hessian Hill - Farm Tour & Canine Training Program - Wed., June 3; 1:00 - 4:00 pm (Rain date: Fri., June 5)	Crochet Class or Away We Crochet - Thurs., Mar. 19, 26, Apr. 2, 9, 16, 23, 30, May 7; 1:30 - 3:00 pm Readers' Resources - Thurs., Apr. 23; 1:00 - 2:30 pm Garnishes - Thurs., May 7; 1:00 - 3:00 pm	Tips and Tricks for the Home Gardener - Fri., Mar. 13; 1:00 - 2:30 pm Freshwater Mussel Conservation at SUNY Cobleskill - Fri., Apr. 10; 1:00 - 2:00 pm Redefining Rich - Shannon Hayes of Sap Bush Hollow Farm - Fri., Apr. 17; 1:00 - 3:00 pm Gilboa Museum & Sunken City Cidery - Fri., June 26; 1:00 - 4:00 pm (Rain date: Sat., June 27; 10:30 am - 1:30 pm)	
2pm			VV - A Tale of Two Hemispheres: Caves, Bats, Travel And International Meetings in Brazil and Australia - Wed., Apr. 8; 2:00 - 3:30 pm Verlaine - The Number Wisdom Connection - Wed., May 13; 2:00 - 4:00 pm	Computer Fundamentals - Thurs., Mar. 12; 2:00 - 3:00 pm Social Engineering & How to Protect Your- self - Thurs., Mar. 19; 2:00 - 3:00 pm Alzheimer's Association Education Series - Thurs., May 14, 21, 28; 2:00 - 3:00 pm	The Brain as a Toaster - Fri., Mar. 20; 2:00 - 4:30 pm VV - In Search of Ancient Greece - Fri., May 1; 2:00 - 4:00 pm Metal Detecting Primer - Fri., May 8; 2:00 - 3:30 pm (Rain date: Fri., May 15)	<i>Sound of Music</i> at Proctors - Sun., Mar. 22; 2:00 pm Foxestown Guided Historic Walking Tour - Sun., Apr. 12, 2:00 - 4:00 pm & <i>Juliet</i> at Proctors - Sun., May 3; 2:00 pm
3pm	American Chestnut: History, Blight, Recovery - Mon., Mar. 23; 3:00 - 4:30 pm	Microsoft WORD Tips & Tricks -Tues., May 26; 3:00 - 4:30 pm Microsoft Power Point - Tues., June 2; 3:00 - 4:30 pm The Impact of AI - Tues., June 16; 3:00 - 4:30 pm Working with Zoom - Tues., June 30; 3:00 - 4:30 pm		The Ultimate Container Garden - Thurs., Mar. 26; 3:30 - 4:30 pm		
4pm-7 pm	Historic Preservation - The Greenest Building - Mon., Mar. 16; 5:00 - 6:30 pm The Complex Relationship of Europeans and Native Americans - Mon., Mar. 30; 4:30 - 6:00 pm Guess What? You Could Be a Psychic Too! - Mon., Apr. 6; 4:30 - 7:30 pm Beginner Watercolor Painting - Mon., Apr. 13, 20, 27, May 4, 11; 4:30 - 6:15 pm	Journey Reimagined: How to slow your biological age - Tues., Mar. 24; 4:30 - 7:30 pm Arms Limitation Talks - Tues., Apr. 28; 5:00 - 7:00 pm Water Fitness - Tues. & Thurs., July 2 - Aug. 27; 5:00 - 6:00 pm		The Battle of Cobus Kill - Thurs., Apr. 2; 4:30 - 6:00 pm Southern Indian Herbs and Spices for Relief of Joint Pain - Thurs., Apr. 16; 4:00 - 5:00 pm The Palatines: From Rhineland to Schoharie - Thurs., Apr. 23; 4:30 - 6:00 pm Venezuela- the Aftermath of the US Invasion - Thurs., Apr. 30; 6 - 7:30 pm Water Fitness - Tues. & Thurs., July 2 - Aug. 27; 5:00 - 6:00 pm		

**SCHOOL = LIFELONG
LEARNING**





Learning in Action



Center for Agriculture & Natural Resources (108)
Center for Environmental Science & Technology (104)

Johnson Hall / University Police (39)
Knapp Hall (37)
Kniskern House (40)

Mackey Service Building / Facilities (24)
Neal Robbins Field House (59)

Old Gym (4)
Parsons Hall (44)

Pearson Hall (31)
Porter Hall (45)

Prentice Hall (32)
TenEyck Hall (46)

Turf Grass (58)
VanWagenen Library (11)

Vroman Hall (33)

Warehouse / Shipping & Receiving (25)

Warner / Holmes Hall (5)
Wheeler Hall (12)

Wiering Hall (34)

ATHLETIC FIELDS
Crittenden Athletic Fields (AF4)
Fale Field (AF5)

Lacrosse / Soccer Field (AF7)
Men's Baseball Field (AF3)

Practice Field (AF8)
Tennis Courts (AF1)

Track (AF2)
Women's Softball Field (AF6)