

INDEX TO SCHOOL 2026 SPRING CLASSES SORTED BY CATEGORY

<u>COURSE NO.</u>	<u>CATEGORY & TITLE</u>
<i>ARTS – HISTORY</i>	
W27	Art Talks
W31	Lift Every Voice and Sing
W34	Storysongs
<i>ARTS-CRAFTS-GAMES</i>	
TH42	The Magic of Collage
M8	Beginner Watercolor Painting
M12	Fun With Cement- Make Your Own Bird Bath
T14	Confident Beginners Quilt Class
TH56	Connecting the Dots: Beginner Sewing
TH43	Crochet Class or Away We Crochet
<i>COOKING & NUTRITION</i>	
M74	Can You Say “Cheesecake”?
W32	Tapas 2.0
TH53	The Cuisine of Portugal
TH55	Garnishes
TH50	South Indian Herbs and Spices for Relief of Joint Pain
<i>GARDENING / SCIENCE</i>	
T18	Growing Microgreens at Home
W30	Clark Foundation Greenhouse Tour Cooperstown
TH45	The Ultimate Container Garden
TH59	Home Composting and Demonstration Tour
F63	Tips & Tricks for the Home Gardener
F65	Hydroponics- An Introduction
W40	Cross Hill Heirloom Garden Tour & Spring Arrangement
<i>SCIENCE / HEALTH / SAFETY</i>	
M/W13	Functional Integrated Training
T16	Cultivating Mindfulness and Practicing Meditation
W28	Fall Prevention and Balance Screen
TH57	Alzheimer's Association Education Series
F69	Learning to Interpret Our Dreams
F72	Inner Eaters- Befriending the Parts of Our Personality That Overeat
SAT75	Basic Life Support / CPR
T/TH25	Water Fitness
T17	Journey Reimagined: How to Slow Your Biological Age
F64	The Brain as a Toaster
<i>SCIENCE / TECHNOLOGY</i>	
T21	Microsoft WORD Tips & Tricks
T22	Microsoft PowerPoint
T23	The Impact of AI
T24	Working With Zoom
TH41	Computer Fundamentals
TH44	Social Engineering and How to Protect Yourself
TH51	Readers' Resources

SCIENCE – OTHER

M4 American Chestnut: History, Blight, Recovery
W33 Organics in the Circular Economy: How They Affect Our Carbon Footprint
F66 Freshwater Mussel Conservation at SUNY Cobleskill
F70 Metal Detection Primer

HISTORICAL / POLITICAL

M6 The Complex Relationship of Europeans & Native Americans
T19 Arms Limitation Talks
TH47 Did The US Government Steal the Tesla Files?
TH80 Venezuela- The Aftermath of the US Invasion
W11 European Perspective on the Rise of the Far Right
TH48 The Battle of Cobus Kill
TH52 The Palatines: From Rhineland to Schoharie
TH54 The Deadliest Flood in American History
TH58 Revolutionary Veterans of Towns of Summit & Fulton

SOCIAL / CULTURAL / EDUCATIONAL

M02 Intermediate Spanish
T15 Conversational Spanish
TH46 Introduction to German
F62 Reading to Children for Fun and Learning
F61 Bridge- Learn & Play
F67 Redefining Rich: Shannon Hayes of Sap Bush Hollow Farm
M3 Historic Preservation- the Greenest Building
M7 Guess What? You Could Be a Psychic Too!
W35 Verlaine- The Number Wisdom Connection

HIKES & TOURS

M9 Washington Park Walking Tour and Tulip Display
M10 Wildflower Walk
W37 Zim Smith Trail Hike
TH60 Thomas Burbine Forest- Disk Golf Course
F71 Hike the Cliff Escarpment Above Middleburgh
F20 Hike at Partridge Run
SUN77 Foxestown Guided Historic Walking Tour
W39 Hessian Hill- Farm Tour & Canine Training Program
F73 Gilboa Museum & Sunken City Cidery

SHOWS / THEATER

SUN76 *SOUND OF MUSIC* at Proctors
SUN78 *& JULIET* at Proctors
W26 Silver Screenings III: More Movie Matinees

VICARIOUS VOYAGES / TRAVELOGUES

M05 VV- Cruising on a Sailboat
W29 VV- Istanbul to Budapest on the Danube River plus Tuscany
F68 VV- In Search of Ancient Greece
W49 VV- A Tale of Two Hemispheres: Caves, Bats, Travel, & International Meetings in Brazil and Australia

ANNUAL MEETING

M01 Luncheon and Annual Meeting of the Membership