#### INDEX TO SCHOOL 2025 SPRING CLASSESSORTED BY CATEGORY

## COURSE NO. CATEGORY & TITLE

## **ARTS-CRAFTS-GAMES**

WE48	Resin Art
WE49	Fused Glass in Wooden Stand
FR50	Hands-On Candlemaking 101
FR51	Hands-On Soapmaking 101
TU17	Confident Beginners Quilt Class
FR36	Bridge – Learn and Play

FR36 Bridge – Learn and Pl

TH47 Mahjong

MON38 Try Your Hand at Playing the Accordion

#### **COOKING & NUTRITION**

WE6	Filo (Phyllo) Workshop
WE7	Soup is Good Food
TH8	Cheese Tasting
WE9	Wine Tasting
\ME16	Dreamy Cream Puffe

WE16 Dreamy Cream Puffs

TH18 Southern Indian Cuisine Breakfasts

#### **GARDENING / SCIENCE**

MON71	Getting to Know Your Weeds and Garden Tour
WE72	Improving Soil Part 2
WE73	Planning Your Garden
FR20	Fruit Tree Grafting - Hands On
WE32	Making Composting Work for You
TU75	Bring Back the Pollinators

## SCIENCE / HEALTH / SAFETY

MON61	Police Dog Training, Care and Handling
WE64	Birdwatching (and Listening!)
FR1	Healthy Plant Based Eating 1
FR2	Healthy Plant Based Eating 2

TU5 Nutrition and Habits that can improve Brain Function and Neurologic

Disease

MON19 Ayurveda and Metabolic Diseases

TH27 Dr. Talk

TU29 Journey Reimagined: How to slow your biological age

MON/WE30 Functional Integrated Training
FR33 Relating to Our Adult Children
FR34 Leaping Into Retirement
FR35 Embracing Our Inner Critic
TU39 Mindfulness and Meditation

TU/TH52 Water Fitness

TH22 Learning about Past Life Regression Using Hypnosis

WE12 Household Solutions: Money-Saving Tips, DIY Cleaners, Kitchen

Secrets, and Other Easy Answers to Everyday Problems

# **HIKES & SHOWS**

WE81	Riverdance - 30th Anniversary Tour at Proctors
MON26	Wild Flower Walk
TH37	Clark Tower Hike
SAT77	Owen D Young Nature Trail Hike
FR78	Knox Wetland & Winn Preserve Hikes
WE80	Catskill Scenic Rail Trail Hike
TU82	Breitenbach Castle Tour & Sculpture Park Walk

# **TOURS**

SAT59 TU65 WE67 TH74 FR63 WE68 FR69	Fountaintown – Guided Walking Tour Walter Elwood Museum of the Mohawk Valley - Guided Tour Tour of 1797 Gideon Frisbee House and Other Historic Buildings at Delaware County Historical Association Hydroelectricity and the Historical Home-Lansing Manor Recycling Facility Tour VIA Aquarium Visit with Guided Tour A Two-For: Visit Farm Credit East and Osborne Farm's Robotic Milking Machines  HISTORY	
MON21 WE4 FR13 MON15 TH23 MON28 MON31 TH58 TH60	Pinkster Festival Three Generations of Displacement We Were There; Documentary about 9/11 in Schoharie County Historic Businesses of Jefferson Collection of Old Farms in Summit To the Heroic Dead: Monuments and the Formation of Civil War Memory Complex Relationship of Europeans and Native Americans Latin American Unification Efforts Skohere and the Birth of New York's Western Frontier 1609 - 1731, Vol. III 1703 - 1731 - Book Presentation Farming with Dynamite: The Forgotten Building Stone Boom in Schoharie County	
	SOCIAL / CULTURAL / EDUCATIONAL	
MON24 TU25 TU57 WE10 WE11 FR62 TH66 TU76	Beginner Spanish Conversational Spanish The Cause for Newspaper Decline that Nobody's Talking About The Amish Lifestyle – Part 1 The Amish Lifestyle – Part 2 Verlaine - The Number Wisdom Connection Poetry, Form and Function Writing Your Memories	
	TECHNOLOGY	
MON3	El Bosque Renovations - how a 1957 house became a 21st century	
WE40 TH41 TH42 TH43 TH44 TH45 TU53 TH54 WE55 TH56	dream home Libby for Overdrive Senior Planet Series – Digital Coupon Tools Senior Planet Series – Gardening Tech Senior Planet Series – Intro to Booking Vacation Stays Online Senior Planet Series – Saving Money with Tech Senior Planet Series – Streaming and Smart TVs 25 ways to use your smartphone camera Smartphone Savvy - Editing and Organizing Your Photos Tips and Tricks to Plan Your Next Vacation Google Drive Exploration	
VICARIOUS VOYAGES / TRAVELOGUES		
FR79	Vicarious Voyage- Lourdes to Fatima Along the French Camino	
	COLLOGI ANNULAL MEETING	

# **SCHOOL ANNUAL MEETING**

MON46 Reception and Annual Meeting- May 19- Register Now & Save the Date