

Directions: Saints of Auriesville Museum and shrine grounds Route 30N to Rt. 5S (right, just past Thruway entrance), left on 5S several miles to 136 Shrine Road on left OR Corbin Hill Road (off rt.20 east of Carlisle) yield onto 30A, right onto 5S in Fultonville to 136 Shrine Road

James Duane -Founder of Duanesburg

Fri Sept 30; 2:30 - 4:30 pm

Duanesburg

Don Martin

Min 4

James Duane was an American lawyer, a reluctant revolutionary, and founder of Duanesburg, NY. Duane became a large landowner through careful purchases over a long period of time unlike most of the colonial land barons of his time who were granted large land patents by royal decree. In this class you will learn: (1) how he became a wealthy NY city lawyer, (2) How he served as a delegate from NY to both the first and second Continental Congress, (3) How he served the new nation during the American revolution, (4) How he served as the first Mayor of NYC and (5) how he served as a federal judge.

Did he ever build a house and live in Duanesburg? Join the class to find the answers to all these questions. We will meet in Christ Episcopal Church which is an integral part of the story.

On site: Christ Episcopal Church 132 Duanesburg Churches Road, Duaneburg, NY 12056

Fall Foliage Walking Tour/Lecture

Fri Oct 14, 1:30-3 pm

Min 8 / Max 20

Chris Cash

SUNY Campus outside

Have you ever wondered why our fall colors are often spectacular? This class will focus on why plants develop their red, yellow or brown colors? The class will be a walking tour and discussion of the reasons behind why plants develop their colors and why some years are more vibrant than others. Whether you want to learn the reason why colors form or simply want to enjoy a guided tour of fall colors... this class is for you.

Wildlife Alive

Fri Oct 14, 4-5 pm

167 Llama lane, Middleburg, NY

Wes Laraway

Min 5 / Max 20

This one-hour tour will introduce you to some of the animals in our care. We will also discuss what it is like to do what we do to save hundreds of animals a year. There is no fee, but donations are appreciated

Participants should- Dress appropriately, for example no open-toed shoes.

Directions: #167 Llama Road next to the Middleburgh Cemetery and behind the Middleburgh Diner

Raised-Bed Gardening

Fri Oct 21; 10-11 am

hybrid - CCE and ZOOM

B. Berenice Dooley, Apprentice Master Gardener

Building a raised bed garden can be a great fall project, allowing for early warming of your soil in spring. I will offer a step by step approach, requiring no special skills. We'll discuss materials, size, location, site preparation, how to fill it and plants best suited for various depths.

Iroquois Indian Museum Nature Park Hike

Fri Oct 21, 1-3 pm

324 Caverns Road, Howes

Jeannie Irvine & Kathy Livingston

(Rain date Tues Nov 8 1-3)

Cave, NY

The Iroquois Indian Museum offers a 45-acre Nature Park with both short and long trails open for exploration. The trail network gives access to the park's scenic woodlands, open fields, and tranquil creek. Inside the park interpretive signs identify prominent plants and introduce visitors to their Haudenosaunee (Iroquois) cultural and symbolic significance. Feel free to enjoy all the trails, but recent weather may determine which trail we choose to follow that day. Trails are not consistently flat, and have tricky footing in some areas. Also, you may want to check out the museum (on your own) before or after the hike (\$6.50 for seniors and they will be open 10-5).

Students should dress for the weather. Hiking shoes/boots, walking sticks, and bug/tick spray are *HIGHLY* recommended.

Healthy Plant Based Eating

Fr Oct 28 and Nov 11, 2-3:30 pm

ZOOM

Beth Brandel

Min-2/ Max 20

Take a look into my new world. For 63 years I ate whatever I wanted. I thought Vegetarians were odd. I'd stop by McDonald's once in a while. I ate pizza and ice-cream with abandon. THEN, our eating style changed dramatically when a violinist friend told me "Beth, you HAVE to read How Not to Die by Dr. Michael Greger!" I asked "How Not to Die? We ALL die."

Let me lead you through the books, movies, apps, grocery items and recipes that are now a big part of our lives. It has definitely changed the way we think about food, the US food industry (which is more interested in profit than our health), causes of death, animal welfare and environmental damage caused by livestock breeding.

Students should bring: An open mind and a notebook & pen, if desired.

Instructor will provide a copy of the PowerPoint.

Dr. Talk

Fri Nov 18, 2-4 pm

ZOOM

Min 4 / Max 15

Susan Emerson MD

Interactive discussion of audience-chosen medical topics. Discussion will follow participant questions, if no one asks questions I'll start off with head colds and preventive health (cellulitis topic already requested). Please note I cannot give personalized medical advice in this venue, but am happy to address general topics such as diagnoses, medications, testing, etc. (and translate doctorspeak to plain English...)

VICARIOUS VOYAGES

VV - Our Children Living Abroad Fri Oct 7, 1-4 pm hybrid -ZOOM & The Community Library

Carolyn Melszer, Nancy Van Deusen, Shirley & Don Martin

Carolyn - Life in Paris has been very exciting and stimulating for my daughter. She has become fluent in French and is raising 2 daughters who are fluent in French and are learning English. Paris is a beautiful city with unique architecture (all stone) and many different interesting shops and cafes. Parks in Paris are exquisite, especially during the spring and summer.

Nancy will talk about her daughter Sara's life in France with her family, her current and former businesses, how she got there, their visits and her challenges.

Don & Shirley - Our son, Jon, was 25 years old when he left home. He is now 48. He has spent almost half of his life in Switzerland. During those years he has had 4 employers, 3 apartments, 2 girlfriends and has many Swiss and expatriate friends. He now lives in a rural area on the shore of Lake Neuchatel in a very nice four room apartment in a centuries old building. Please join us to learn more about what it is like as "an American living in Switzerland."

VV - Switzerland Part 2

Fri Oct 14; 10:30-12:30

The Community Library

Don Martin

This is a continuation of Swiss Part I which will include a visit we made in 2009. We will revisit the famous tourist area of the Lauterbrunnental valley but on the other side. We will go to the Italian speaking resort city of Locarno in southern Switzerland. We will visit the city of Neuchatel during the "Fete de Vandage" which includes a parade like you have never seen before. As in part I, I will try to give you some of the cultural aspects of Swiss life. And if we have time, I would like to tell you about the unique form of Swiss government with what the Swiss people like to call "direct democracy".

VV - Kenya Health and Education Mission Fri Nov 4; 10-11:30am CCE & ZOOM

B. Berenice Dooley FNP

Min 2/ Max 36

In conjunction with Kenya Partners, a 501c3 organization, I had the pleasure of 2 weeks assisting in their mission of empowering a new generation of Kenyans to end poverty, hunger and disease through health care and education. Nakuru is a rural community, a few hours north of Nairobi, Kenya's capital. I will share photos, stories, and observations from my time visiting a boarding school for orphans K-12, the Squatters Hill Slum preschool and feeding program, working at the mission health clinic, as well as safari on the Maasai Mara during the great wildebeest migration, a trip to Lake Nakuru on the Great Rift Valley and more.

VV - Bats Along the Amazon

Fri Nov 4, 1:30-3 pm

ZOOM

Mike Warner and Emily Davis

We traveled 600 miles up the Amazon river with other naturalists on a small 25 person boat to study bats and other fauna of the Amazon. We will tell you about our trip and show slides.