

SATURDAY AND SUNDAY - SPRING 2026

SAT75: Basic Life Support / CPR

Barbara Euler

RSVP by Mar. 7

Min 10 / Max 16

Sat., Mar. 14; 8:30-noon

Cobleskill Regional Hospital

The American Heart Association's Basic Life Support (BLS) course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate breaths and ventilations, and provide early use of an AED. The course reflects science and education from the 2025 American Heart Association Guidelines for CPR and Emergency Cardiovascular Care (ECC).

Who should take this course?

The American Heart Association's BLS Course is designed for healthcare professionals and other personnel who need to know how to perform CPR and other basic cardiovascular life support skills in a wide variety of in-hospital and out-of-hospital settings.

What does this course teach? High-quality CPR for adults, children, and infants

- BLS concepts from the Chain of Survival
- Delivering effective breaths or ventilations
- Importance of early use of and how to use an AED
- Performance as an effective team member during multi-rescuer CPR
- Relief of foreign-body airway obstruction (choking) for adults, children, and infants

Participants should bring a pen or pencil to class. They may also bring a drink and/or food.

Note: There will **not** be a waitlist, please plan on coming if you sign up, otherwise your seat will be empty.

Bio: BLS Instructor, Registered Nurse, Emergency Department for 30+ years

Fee: \$4.00 for BLS card payable at venue .

Directions: Cobleskill Regional Hospital, 178 Grandview Drive, Cobleskill, New York, 12043.
Education Training Room - Ground Floor, directly to the left on entering the front door

SUN76: Sound of Music at Proctors

Rose Keller & Kathy Livingston

RSVP by 2/22/26

Sun., Mar. 22; 2 pm show

Proctors Theater, Schenectady

Max 5

THE SOUND OF MUSIC is the iconic true tale of a spirited nun who chooses not to live behind closed doors – and, by following her heart, learns to climb every mountain. For 65 years, THE SOUND OF MUSIC has been one of our “favorite things.

With its timeless story and irresistibly charming score, this Rodgers & Hammerstein classic isn't just meant to be enjoyed – it's meant to be shared. Now, a critically acclaimed North American tour brings the cherished musical to stages across the country to teach a new generation to sing.

Directed by three-time Tony Award® winner Jack O'Brien (Hairspray), this vibrant and romantic tale of Maria and the von Trapp family will captivate audiences with its universal themes of love, resilience and the power of music.

THE SOUND OF MUSIC features music by Richard Rodgers, lyrics by Oscar Hammerstein II, and book by Howard Lindsay and Russel Crouse, suggested by The Trapp Family Singers by Maria Augusta Trapp.

Fee: Seats: There is one balcony seat still available: \$108 for members / \$114 for guests. There are 4 main (lower) level left seats available: \$50 for members / \$55 for guests. Sign up and pay by 2/22/26 . No refunds after that date.

This is a 'drive yourself' event. Please arrive at least 45 minutes early to allow for parking and finding your seat.

Directions: Proctor's Theater, 432 State Street, Schenectady, NY



SUN77 Foxestown Guided Historic Walking Tour

Jeff and Pam O'Connor

RSVP by 4/5/2026

Sun., Apr. 12; 2 - 4 pm

Schoharie Covered Bridge area

This tour at the north end of the Village of Schoharie features the Palatine settlement of Fuch's Dorf, 18th century architecture, and the American Revolution. Foxestown is the English version of Fuch's Dorf, one of the seven Palatine Dorfs, or villages, settled by 1714. Jeff and Pam will share their knowledge of Mohawk & other native occupation sites, colonial trails & roads, Mann's Tavern, Eckerson Mill, Stone Church parsonage, early churches, Old Stone Fort & 1777 stockade, 1772 Swart's Tavern, Johnson Raid of 1780, David Williams Monument, Col. Peter Vroman House & so much more! The tour will last about 2 hours while we walk about 1.5 miles.

Participants should wear comfortable shoes, dress for the weather, and bring a water bottle.

Bio: Jeff O'Connor has been researching and writing about local colonial and Revolutionary War history for 30 years and leading historical tours for 10 years. He is the author of The Old Stone Fort - Guardian of Schoharie County History Since 1772 and the three-part series entitled Skohere and the Birth of New York's Western Frontier (Volume I: 1609 - 1686 ; Volume II: 1687 - 1703 ; Volume III: 1703 - 1731). He has also served several terms on the Board of Trustees for the Schoharie make one page County Historical Society. Pam O'Connor has a long association with local historical organizations, including the Richmondville, Cobleskill, and Schoharie County Historical Societies, and notably working on the Educational Committee of the SCHS that organized the interpretive displays and programs of the One-Room Schoolhouse at the Old Stone Fort Museum. She currently makes authentic historical flag reproductions and a few of her flags can be seen on HBO's The Gilded Age and Amazon Prime's Fallout.

Fee: \$10 per person; Payable to SCHOOL. Sign up and pay by 4/5/2026. . No refunds after that date.

Directions: Meet at the Covered Bridge Parking Lot, Schoharie, which is just off the corner of Route 443 and Route 30.

SUN78 “&Juliet” at Proctors

Rose Keller & Kathy Livingston

RSVP by 4/1/26

Sun., May 3 at 2 pm

Proctors Theater, Schenectady

Max 10

A must-see this season, “& Juliet” is a high-energy imaginative take on the greatest love story ever told that flips the script, and asks: what would happen if Juliet didn’t end it all over Romeo?? Get whisked away on a fabulous journey as she ditches her famous ending for a fresh beginning and a second chance at life and love—her way.

Juliet’s new story bursts to life through a playlist of pop anthems as iconic as her name, including “Since U Been Gone,” “Roar,” “Baby One More Time,” “Larger Than Life,” “That’s The Way It Is,” and “Can’t Stop the Feeling!”—all from the genius songwriter/producer behind more #1 hits than any other artist this century— Max Martin.

Break free of the balcony scene and get into this romantic comedy that proves there’s life after Romeo. The only thing tragic would be missing it.

Bio: & Juliet is produced on Broadway and on tour by Max Martin, Tim Headington, Theresa Steele Page, Jenny Petersson, Martin Dodd, and Eva Price. & Juliet has now been performed on four continents since its World Premiere in September 2019

Fee: 10 seats available- lower level orchestra left: \$50 each for members / \$55 for guests. Payable to SCHOOL by April 1, 2026. No refunds after April 1.

This is a ‘drive yourself’ event. Please arrive at least 45 minutes early to allow for parking and finding your seat.

Directions: Proctor’s Theater, 432 State Street, Schenectady, NY

